

# Social Skills for Siblings: Asking for a Turn

## SOCIAL STORY

Siblings have unique and complex relationships. We can help them navigate these relationships by teaching them helpful social skills. Sometimes it's easy to think *they should know how to do that*, but children will often use whatever “skill” seems to work for them—even if it's a hurtful or undesirable skill. Our job is to teach children healthy, prosocial skills for even the most basic interactions.

This “Asking for a Turn” story provides specific procedures and visual reminders for the processes of getting someone's attention and asking for a turn. It also provides positive choices for what to do when a sibling says, “No.”

The more children encounter helpful skills in a variety of different contexts (modeling, teaching in the moment, literature, skills cards, songs, etc.), the more likely they are to adopt the desired skill. Better social skills equal fewer conflicts, greater cooperation and healthier sibling relationships.

### How to Use this Story

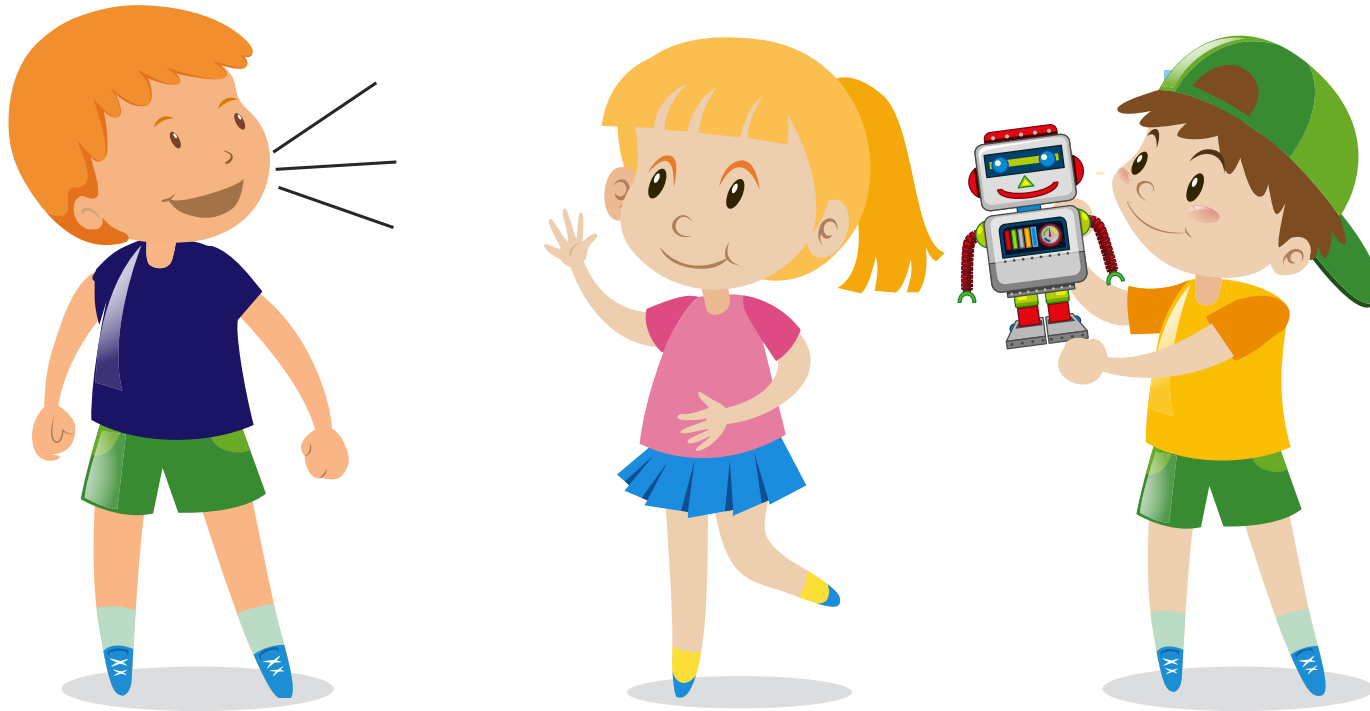
Help siblings internalize the steps for asking for a turn by reading this story to them both individually and together as a group. Pause after each page to ask or answer questions, and roleplay using recent events. After you have read the story several times, begin to refer to it during times of potential conflict. When a child looks like he's about to grab, you could jump on the opportunity by saying, “You want a turn! We have a story about asking for a turn! What do you remember from that story that could help you now?”

When children are struggling with a particular skill, it will be helpful for them to see themselves being successful at it. Coach the children in acting out each step in the story so you can take photos. Print the photos and glue them to the book's pages so your children become the featured characters. Visualizing themselves being successful is a powerful motivator for change.

### A Note About Social Stories

Social stories originated as a means for exchanging concepts and skills with people with autism. However, the ten defining criteria for social stories are extraordinarily helpful in the teaching of skills to *all* children. This sibling skill story employs many of the features of a true social story.

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Created by Julie Ruffo, Conscious Discipline Publishing

# I am a sibling! That means I'm not the only kid around here.



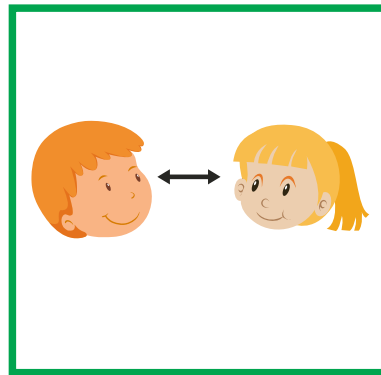
**Being siblings is  
a lot of fun, but  
sometimes we have  
trouble getting  
along. Social skills  
show us helpful  
ways to do things  
like asking for a  
turn. I'd rather be  
helpful than hurtful!**



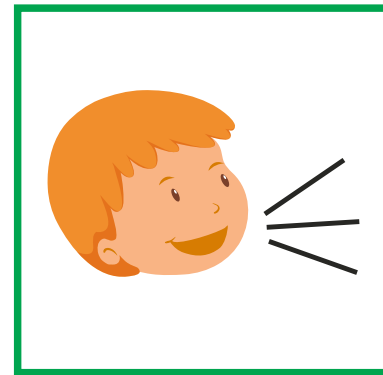
One of the most important social skills is getting someone's attention. To get someone's attention, I tap, look and say their name.



I tap them gently.



I look at them.

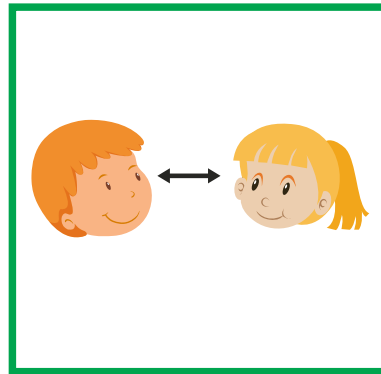


I say their name.

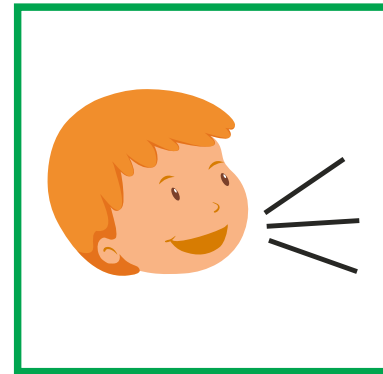
**If they don't look back at me, I can wait a few seconds and try again. I tap, look at them and say their name.**



**I tap them gently.**



**I look at them.**



**I say their name.**

# When they look at me, I can talk to them.





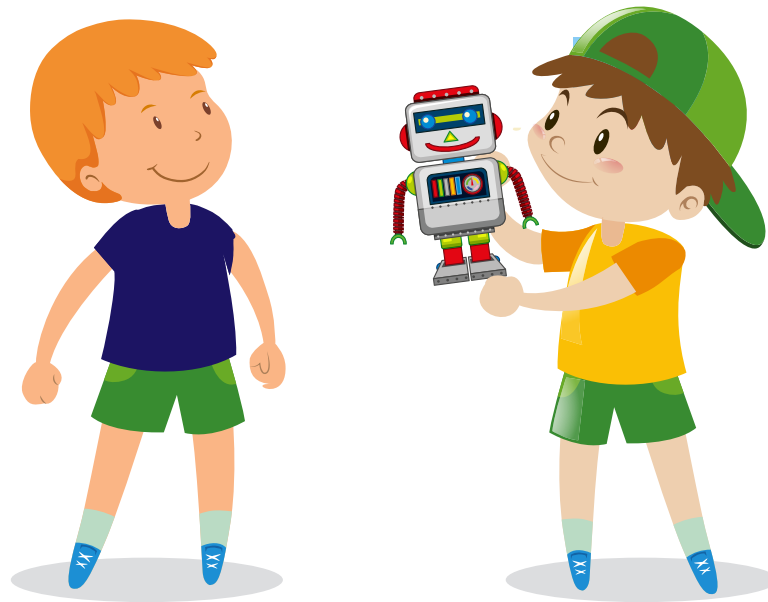
**I did it!**

**I got someone's  
attention!**





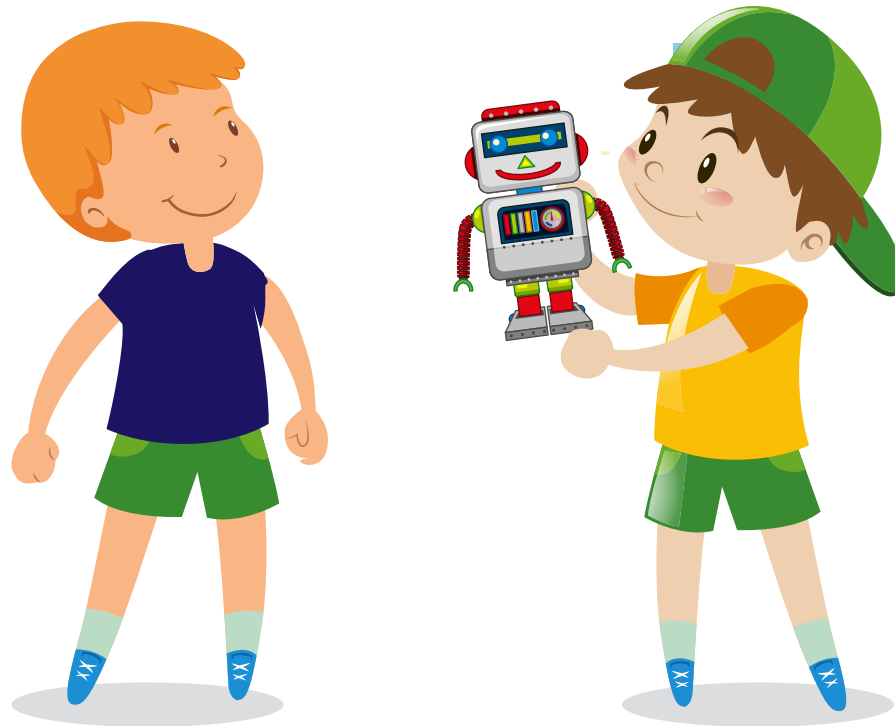
**Sometimes I want a turn with  
something my sibling is playing with.  
When I want a turn I can tap, wait, ask.**



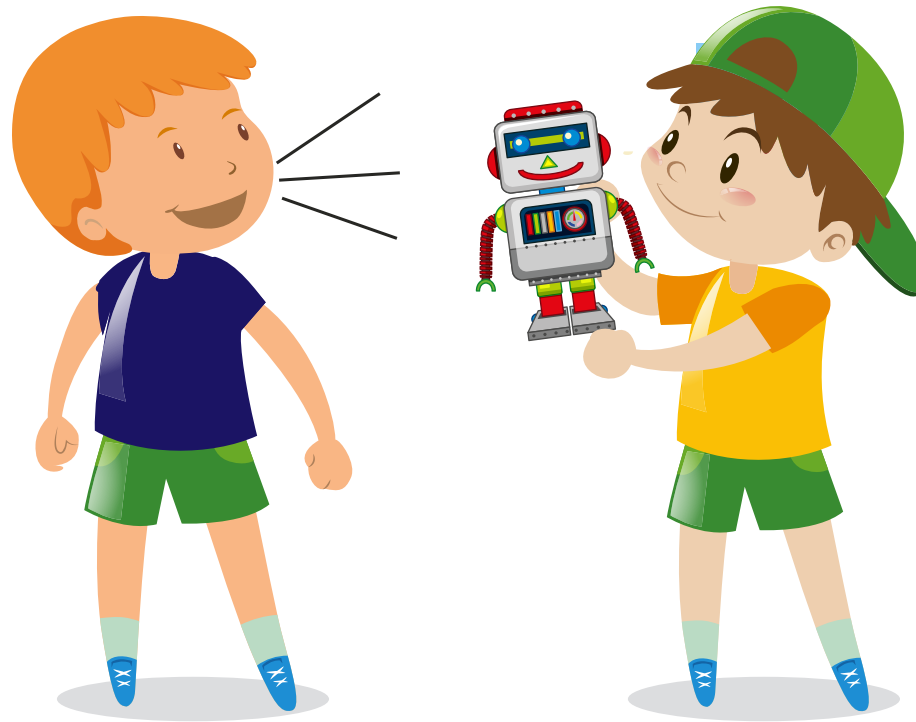
# I **tap** my sibling's shoulder.



I look at them and **wait** for them  
to look at me.

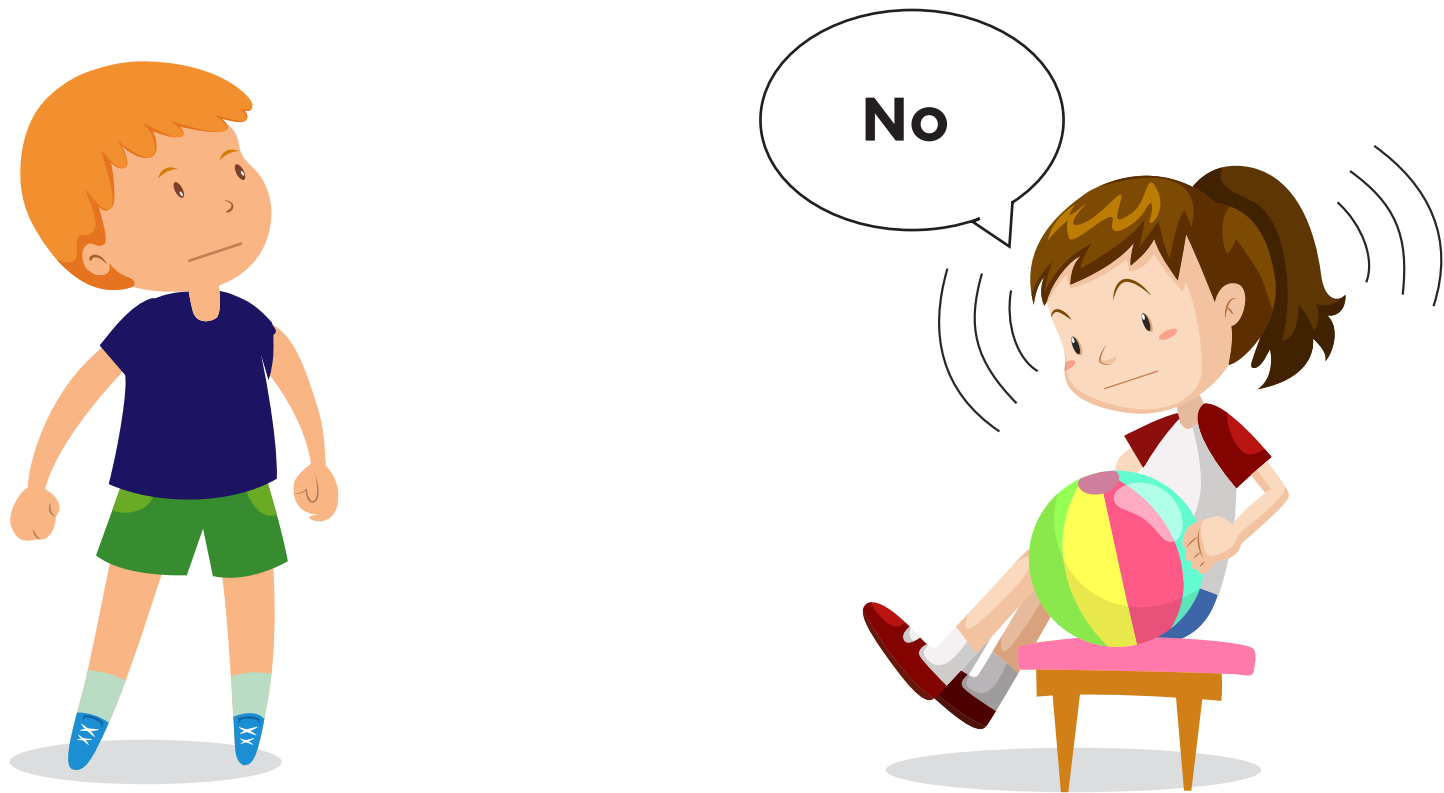


**Then I ask for a turn. “May I please have a turn with the toy?”**





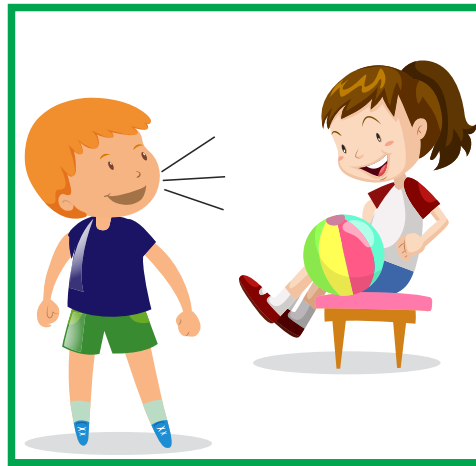
**Sometimes my siblings don't want to play or take turns. When a sibling says, "No," I have choices!**



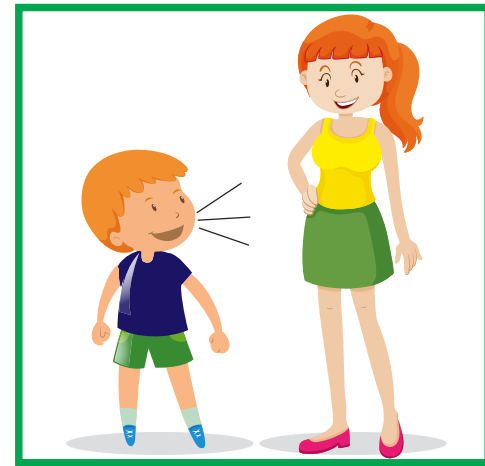
# When my sibling isn't ready to give me a turn,



I can find something else to play with.



I can ask to play with it when they're finished.  
"I would like a turn when you're done."



I can ask for help from an adult. "Please help. I don't know what to do next."



**I did it!**

**I made a helpful  
choice!**





**Being siblings is a lot of fun. Social skills show us helpful ways to do things like asking for a turn. I'd rather be helpful than hurtful!**

