



IES Grant #  
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# Prevent Strategy

## Give choices



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Choices allow children to select their preference for items, which increases their motivation and reduces the likelihood they will engage in challenging behavior!

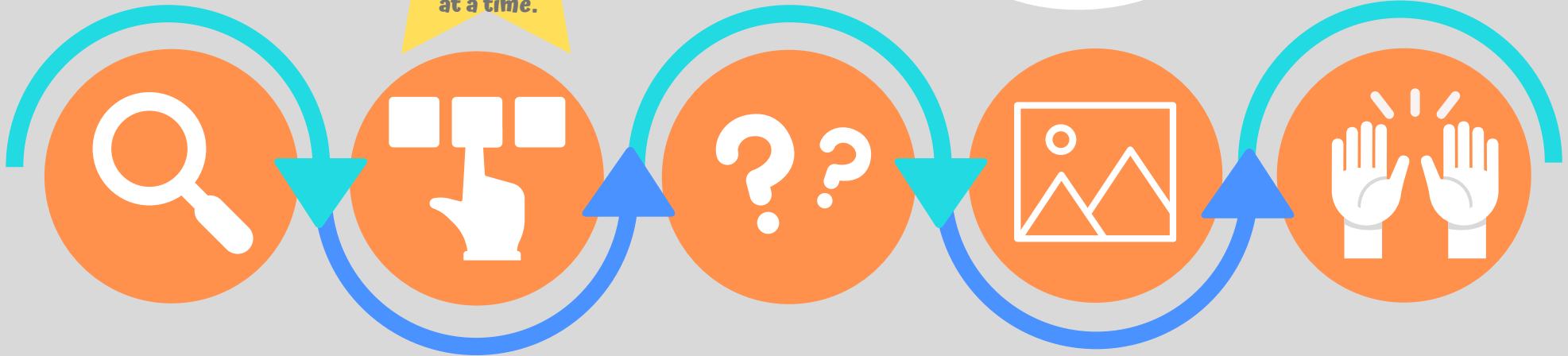
Identify a time in your day when you can provide your child with a choice of activity or item to play with.

Limit the number of choices to two or three at a time.

You can provide choices between two toys, or between two actions with the same toy!

"Should we drive the car fast or slow?"

Honor your child's choice and provide positive descriptive feedback for choosing.



"Do you want to play with cars, or build with Legos?"

Try to give choices **BEFORE** the times when challenging behavior is likely to happen.

You can pair the choices you provide with visuals to help your child make a choice.

"Good job picking a toy!! Here's the car."

For more information on preventing challenging behaviors, click [here](#).

