



Prevent Strategy

Give transition warnings



IES Grant #

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Giving your child a warning that things are about to change is one way to help them understand and prepare for what is coming, especially when you know they won't like it!

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Provide a warning before removing a favorite item or starting a new activity. This should prepare your child for the transition before it starts!

Use this strategy throughout the day, but especially to move away from favorite things or activities!

Provide positive descriptive feedback when your child begins to engage in the transition by themselves.

"You cleaned up the blocks all by yourself! I'm so proud of you!!"



"In two minutes, we will be all done with blocks and it will be time for snack!"

Help your child complete the transition, while keeping them safe, using reminders or prompts if needed.

For a list of transition warnings, [click here](#).

Provide lots of positive attention when your child engages in appropriate behavior during transitions. This makes it less likely that they will engage in challenging behavior!

For more information on preventing challenging behaviors, [click here](#).

