



SOUTH
MIDDLE SCHOOL

South Middle School Newsletter

April 30th, 2023

Quick Links

[South Middle School
Website](#)

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Facebook page](#)

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[Community Events and
Resources](#)

[Breakfast and Lunch Menus](#)

Upcoming Events

May 4th- 6th grade Band Concert 7:00 pm

May 5th- 8th grade dance 6:00 pm-8:00 pm

May 5th- Mid Quarter 4

May 11th- Choir 7 Concert 7:00 pm

May 18th- 7th and 8th grade Orchestra Concert 7:00 pm

May 22nd -6th grade Orchestra Concert 7:00 pm

May 29th- All schools are closed.

May 30th -Choir 8 Concert 7:00 pm

May 30th – South Falcon Advisory Meeting 6:00 pm

News and Announcements

Camp Manitou

Volunteers are still needed for the 6th grade field trip to Camp Manitou. Fill out the form below if you would like to volunteer.

[Team J](#)

[Team K](#)



Weekend Kids Meal Summer Sign- up

You can sign up for meals [here](#). Please contact Jen Whatley (jwhatley@ecasd.us) if you would like a paper copy.



Free Drive-Up COVID-19 Testing

Beginning December 5, 2022, through a partnership with Wisconsin Department of Health Services, free drive-up testing for COVID-19 for ECASD students, staff and families will be offered Monday-Thursday at the following locations:

- **Locust Lane Elementary, 3:30-6:30 pm**
- **Putnam Heights Elementary, 4:30-7:30 pm**
- **Sherman Elementary, 4:30-7:30 pm**

***Drive-up testing will only take place on days when school is in session.**



South Middle School Dance Rules and Expectations

1. Tickets to the dance will be distributed during Falcon Time prior to the dance. No tickets will be available at the dance.
2. Students must present their photo school ID or other photo ID to enter the dance.
3. Only South Middle School students may attend the dance.
4. Doors open at 6:00pm. The dance ends at 8:00pm, and students must leave campus at that time.
5. Students who are admitted into the dance and then leave the building cannot return.
6. SMS Dress Code must be followed.
7. Conduct on the dance floor must be safe: avoid pushing, horseplay, or other physical contact.
8. The use of personal electronic devices will be permitted if used respectfully.
9. All other school expectations outlined in the SMS Student Handbook must be followed.
10. Administration reserves the right to deny a student participation in a dance based on school related behaviors or prior discipline issues in the school or community. These decisions will be based on student safety at the dance.

Violation of these guidelines may result in the dance being terminated and/or individual expulsion from this activity, possible police referral, parental contact, athletic code violation and an inability to attend future activities.

ORCHESTRA CONCERT-update

The 6th grade concert will be separate from the GR7/8 Concert

GR7 and GR8 Orchestra Concert: Thursday, May 18, 7 PM in South Auditorium. Students should arrive at 6:30 PM

GR6 Orchestra Concert: Monday May 22, 7 PM in South Auditorium. Students should arrive at 6:30 PM.

SUMMER ORCHESTRA

GR7/8 SUMMER ORCHESTRA: Summer Orchestra is two days this year, on June 27th and 28th. Students may return the bottom portion of the sheet from class OR fill out the online form here: <https://forms.gle/A3znf1ek6DfADi5R7>

COME AND JOIN WITH US

SENSE -ECASD Special Education PTO

RESOURCE FAIR

2023



DATE

11 May, 2023



TIME

4:00 PM - 7:00 PM



**LE Phillips Memorial
Public Library**
Riverside Room -306
400 Eau Claire St,
Eau Claire, WI 54701

Why: SEPTA's goals are to be all E.A.R.S, to Educate, Advocate, be a Resource, and a Support for families, teachers, and staff. Join us to connect with others, learn about resources and gather information!

Who is this for? All are welcome! Anyone who supports a child or young adult with learning differences or special needs such as parents, guardians, grandparents, teachers, support staff or community members who want to learn more. There will be quiet and sensory related activities sponsored by the Family Resource Center Inc. for children who attend with their adults.

What Resources will be there?

Western Regional Center*
Miracle League
Division of Vocational Rehabilitation (DVR)
CVTC Diversity services. Variety of WI
CRI (Chippewa River Industries)

Grow Space Therapy*
Caillier Clinic
WPEN
LSS-Connections
My Choice WI

ECASD Transition (Gateways, Project Search, Life without Limits)



ECASD Special Education PTO
S.E.N.S.E.
Supportive Education • Networking • Strength • and Empowerment

Equestrian Team

The Memorial Equestrian Team would like to invite you to join them for an informational meeting on Monday, May 1st at 5:00pm, in the North Commons at Memorial High School. If you are interested in joining the team, please come out and meet the coaches and current team members! All students in 6th grade through 12th grade for the 2023-2024 school year are eligible to join.



Community Open House @ Eastridge

Did you know that the ECASD has multiple Beyond 18 Programming options? Life Without Limits & GATEWAYS invite you to come and visit their space to learn more!



- **Student Tours**
- **Family Visits**
- **Student Presentations**
- **Refreshments**



Tuesday, May 9th



**Open House
4 pm - 5:30 pm**



2132 Eastridge Center



**Park near the North
Entrance of Eastridge**



Check out the ECASD Family Services page to find helpful ECASD and community resources.

WWW.ECASD.US/FAMILYSERVICES



**LIFE
WITHOUT
LIMITS**



GATEWAYS



**EAU CLAIRE PUBLIC SCHOOLS
FOUNDATION**

Summer Pop-Ups

Free groceries for anyone in need.

Meat • Fresh Produce • Dairy • Dry Goods • Snacks

• Drive-thru style • Groceries are loaded directly into vehicle • No ID required • May pick up for more than one household

EAU CLAIRE

Feed My People
(2610 Alpine Rd)

10-11:30 am

2nd & 4th Fridays:

June 9, 23

July 14, 28

August 11, 25

5-6:30 pm

2nd & 4th Mondays:

June 12, 26

July 10, 24

August 14, 28

CHIPPEWA FALLS

Our Saviour's
(1300 Mansfield St)

9:30-11 AM

1st & 3rd Fridays:

June 2, 16

July 7, 21

August 4, 18

CHIPPEWA FALLS

Parkview Elementary
(501 Jefferson Ave)

10:30 am-12 pm

Thursdays Jun 15-Aug 24:

June 15, 22, 29

July 6, 13, 20, 27

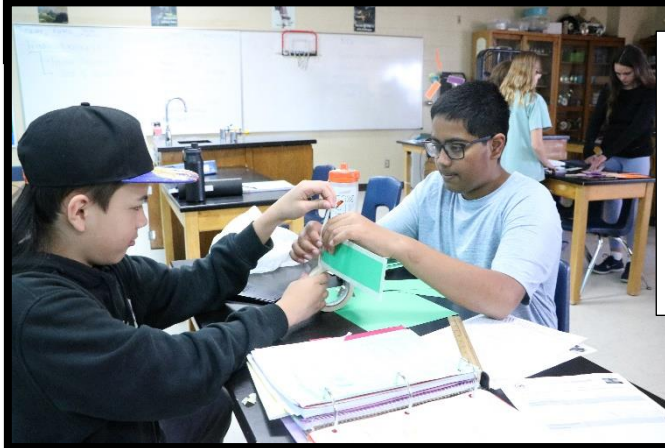
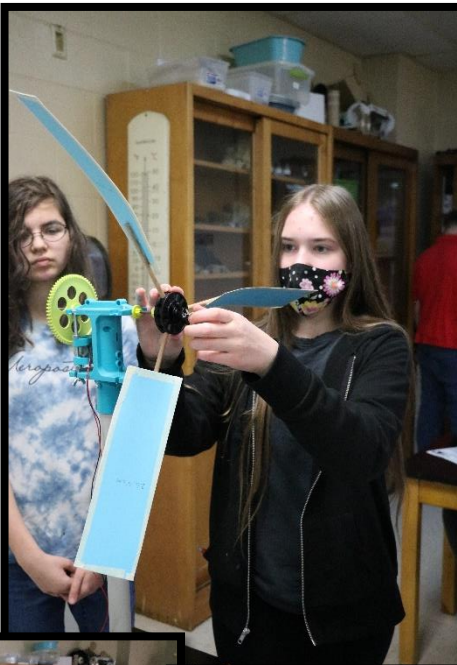
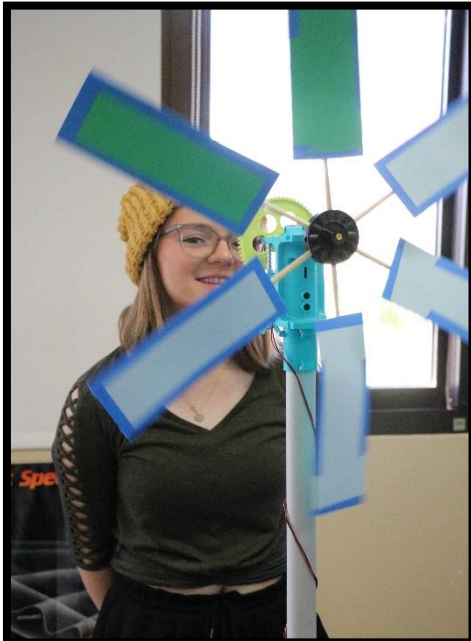
August 3, 10, 17, 24

Provided by



Feed My People
FOOD BANK
feeding healthy futures

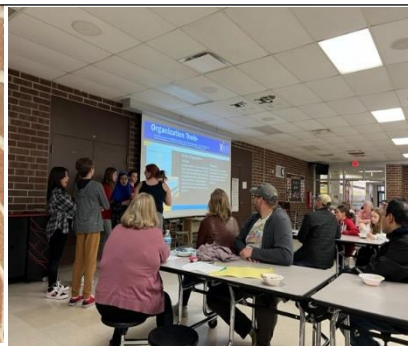
In the Classroom



8th grade science students are learning about electricity and magnetism. In their lab they used different variables to see which generated the most power.



There was a great turn out for AVID family night!



Counseling Corner

Recognizing National Mental Health Awareness Month

According to the National Alliance on Mental Illness ([NAMI](#)), 1 in 6 youth aged 6-17 experience a mental health condition each year. Despite this, stigma associated with mental health conditions and seeking mental health care means that many youth suffer in silence.

Change to Chill is working to end mental health stigma, and we need your help to do it! Here are a few ways YOU can join us in the fight against stigma:

- Start by [educating yourself on stigma](#), including the ways culture impacts stigma and the connection between [stress and identity](#).
- Be mindful of the [language you use to talk about mental health](#).
- Engage others in dialogue about mental health and stigma using our [conversation starters](#).
- [Practice being an active listener](#), especially with those you see struggling.
- Consider sharing your story around mental health and well-being. Use [this checklist](#) to think through why you are sharing your story and how you will be supported.

Mental Well-Being Resources for All Ages

Did you know that [Allina Health](#) has mental well-being resources for folks of all ages? You're probably most familiar with Change to Chill, which focuses on youth ages 13-19, but we've got 2 sister programs we encourage you to check out as well!

[Health Powered Kids](#) focuses on youth ages 3-14, with lesson plans to help kids Be Active, Keep Clean, Find Balance and Eat Well. Examples of their well-being resources include:

- [What We Can Do to Stress Less](#)
- [Learning Mindfulness Through Movement](#)
- [Self-Esteem and Body Image Activities for Kids](#)

[Hello4Health](#) is a resource for adults, with tools and activities to help build or strengthen social connections. Examples of resources include:

- [How to Build Social Connections](#)
- [Staying Grounded and Connected to Self, Family and Surroundings](#)
- [Connection Across Differences](#)





Family Services AFTER HOURS



Administration Building
500 Main Street

March 27th
April 3rd & 17th
May 1st & 15th
5pm - 7pm

We help ECASD families access school and community resources.

Questions?

Email familyservices@ecasd.us or call (715) 852-3000

Yog koj xav tau lus meng Hmoob tshais daim ntawv no ua lus Hmoob rau koj los yog koj muaj lus mog toog daim ntawv no, hu rau Bha (715) 852-6764
Si desea que alguien traduzca esta carta en español o tiene una pregunta sobre esta carta, llame a Kresly Rodriguez Martínez al (715) 852-6246.

HOW TO DE-STRESS IN AN HOUR OR LESS

- | | |
|-----------------------|--------------------------|
| DO SOMETHING RELAXING | SHORTEN YOUR TO-DO LIST |
| LISTEN TO MUSIC | RECREATE THE SPA AT HOME |
| BREAK A SWEAT | READ A BOOK |
| MEDITATE | PLAY A GAME |
| GET A MASSAGE | CLEAN SOMETHING |
| DO SOMETHING NICE | CONNECT WITH NATURE |
| GO FOR A DRIVE | TAKE A SHOWER |
| TALK IT OUT | WRITE STUFF DOWN |
| RETAIL THERAPY | STRETCH |
| PLAN A VACATION | WATCH A TV SHOW |
| WATCH A FUNNY VIDEO | LOOK AT THE STARS |
| TAKE A NAP | STAY OFF OF SOCIAL MEDIA |
| CREATE SOMETHING | LEARN SOMETHING |
| EAT SOMETHING | DO SOMETHING OUTSIDE |
| HUG A DOG OR CAT | BE GRATEFUL |

EAU CLAIRE SCHOOL LIBRARY FRIENDS

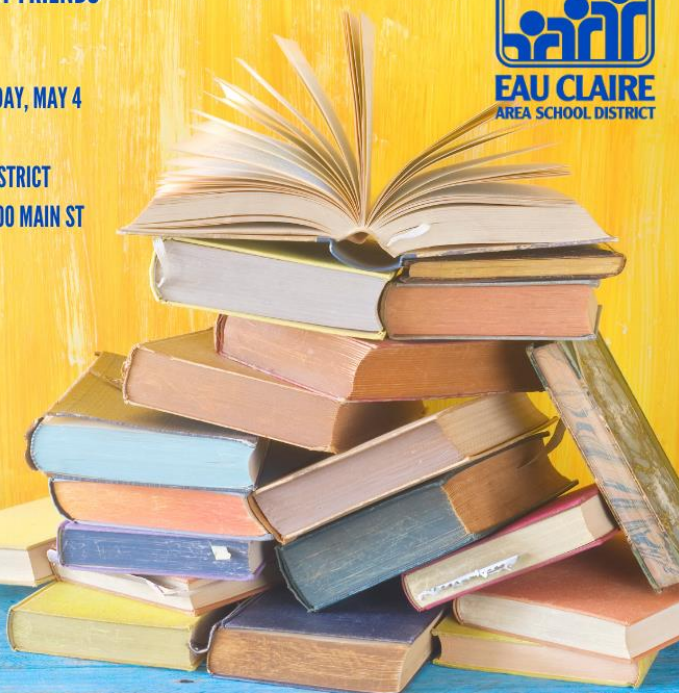
SPRING BOOK SALE
WEDNESDAY, MAY 3 AND THURSDAY, MAY 4
9 AM- 4PM

EAU CLAIRE AREA SCHOOL DISTRICT
ADMINISTRATION BUILDING AT 500 MAIN ST

**Hardcover books for
children, teens and
adults just 50 cents
each!**

**Paperbacks,
textbooks,
professional
resources and
educational
materials also for
sale.**

**All sales benefit
ECASD libraries!**





ECM VARSITY DANCE TEAM

SUMMER SEASON TRYOUTS

MAY 17-19 | **EAST GYM**
4-6 PM

ALL EXPERIENCE LEVELS WELCOME

We hope to see you there!



Memorial Dance Team

The EC Memorial Varsity Dance Team summer season tryouts are May 17-19 from 4-6 PM. They will be held in the East Gym at Memorial and are open to all 9-12 graders for the 2023-2024 school year.

You will learn dance skills, the fight song, plus a short pom and jazz routine for your audition on Friday, May 19. All levels of dance experience are welcome!

If you have any questions, please email Coach Whitney at wtabbert@ecasd.us.