



**SOUTH**  
MIDDLE SCHOOL

# South Middle School Newsletter

**April 16th, 2023**

## Quick Links

**[South Middle School Website](#)**

**[South Middle School Facebook page](#)**

**[Daily Announcements](#)**

**[Community Events and Resources](#)**

**[Breakfast and Lunch Menus](#)**

## Upcoming Events

April 17<sup>th</sup> – Panda Express Fundraiser- see newsletter.

April 20<sup>th</sup> – Choir 6 Concert 7:00 pm

April 25<sup>th</sup>- Culver's Fundraiser 4:00 pm-7:00 pm

April 27<sup>th</sup>- Band 8 Concert 7:00 pm

May 5<sup>th</sup>- 8th grade dance 6:00 pm-8:00 pm

## Thank you!

We had over 5,000 snacks to hand out during testing!!!! Students were able to enjoy two snacks each day of testing. The support from our families is much appreciated.

*Thank You*



*for your Kindness*

## Camp Manitou

**Volunteers are still needed for the 6<sup>th</sup> grade field trip to Camp Manitou. Fill out the form below if you would like to volunteer.**

**Team J**

**Team K**



# News and Announcements



**SOUTH**  
MIDDLE SCHOOL

Fundraiser for

## South Middle School

20% of event sales will be donated

Help support South Middle School students with end-of-school-year celebrations.



### When

**Monday, April 17, 2023**

**Time: 10:30 AM to 9:30 PM**

### Where

**Panda Express located at:**

**2403 London Rd Eau Claire WI 54701  
(608) 292 - 9391**

### How to Order



**Online**

**PandaExpress.com or the App  
Enter 354067 in the fundraiser code box**

or



**In-Person**

**Bring paper flyer or show it on  
your smartphone**

**Order ahead or on the event day Monday, April 17, 2023**



### Health and Safety

Committed to your health and safety. Panda Express  
is recognized as **America's safest restaurant brand.**

Participating fundraiser guests are required to present a valid fundraiser flyer (paper copy or digital image) with each order to receive credit towards the fundraiser. Flyers may not be distributed inside or within the vicinity of the restaurant including, without limitation to, the restaurant parking lot before or during the fundraiser. Panda Restaurant Group reserves the right to cancel any and all fundraisers or events, if the Panda Restaurant Group Fundraiser Guidelines are not followed. Panda Restaurant Group will donate 20% of all purchases made, pre-tax and before fees, at the designated date, time, and your Panda Express location when purchased with your unique code at the check-out or when a copy of this flyer is presented. Purchases of gift cards do not count towards the fundraiser, but purchases made with gift cards will count. No portion of purchase is tax deductible.

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### **Free Drive-Up COVID-19 Testing**

Beginning December 5, 2022, through a partnership with Wisconsin Department of Health Services, free drive-up testing for COVID-19 for ECASD students, staff and families will be offered Monday-Thursday at the following locations:

- **Locust Lane Elementary, 3:30-6:30 pm**
- **Putnam Heights Elementary, 4:30-7:30 pm**
- **Sherman Elementary, 4:30-7:30 pm**

**\*Drive-up testing will only take place on days when school is in session.**



## South Middle School Dance Rules and Expectations

1. Tickets to the dance will be distributed during Falcon Time prior to the dance. No tickets will be available at the dance.
2. Students must present their photo school ID or other photo ID to enter the dance.
3. Only South Middle School students may attend the dance.
4. Doors open at 6:00pm. The dance ends at 8:00pm, and students must leave campus at that time.
5. Students who are admitted into the dance and then leave the building cannot return.
6. SMS Dress Code must be followed.
7. Conduct on the dance floor must be safe: avoid pushing, horseplay, or other physical contact.
8. The use of personal electronic devices will be permitted if used respectfully.
9. All other school expectations outlined in the SMS Student Handbook must be followed.
10. Administration reserves the right to deny a student participation in a dance based on school related behaviors or prior discipline issues in the school or community. These decisions will be based on student safety at the dance.

Violation of these guidelines may result in the dance being terminated and/or individual expulsion from this activity, possible police referral, parental contact, athletic code violation and an inability to attend future activities.

### ORCHESTRA CONCERT-update

The 6<sup>th</sup> grade concert will be separate from the GR7/8 Concert

GR7 and GR8 Orchestra Concert: Thursday, May 18, 7 PM in South Auditorium. Students should arrive at 6:30 PM

GR6 Orchestra Concert: Monday May 22, 7 PM in South Auditorium. Students should arrive at 6:30 PM.

### SUMMER ORCHESTRA

GR7/8 SUMMER ORCHESTRA: Summer Orchestra is two days this year, on June 27<sup>th</sup> and 28<sup>th</sup>. Students may return the bottom portion of the sheet from class OR fill out the online form here: <https://forms.gle/A3znf1ek6DfADi5R7>



## Summer Programs 2023



Program Guide release date, February 20, 2023  
[https://www.ecasd.us/District/Departments/Teaching-and-Learning/Summer-Programs-\(1\)](https://www.ecasd.us/District/Departments/Teaching-and-Learning/Summer-Programs-(1))

## Summer Programs

### Summer Programs Registration Reminder

Don't forget to register students for ECASD Summer Programs by April 17. Students must be registered for classes by April 17 to secure busing. If you qualify for busing during the school year, you qualify for busing during the summer. All elementary students who register for summer programming and who qualify for busing during the school year will automatically be registered for summer busing. All middle and high school families who have students registered for summer classes will receive a phone call to confirm busing in April & May. There will also be free breakfast

## National Prescription Drug Take-Back Day

Saturday, April 22  
10 a.m. to 2 p.m.



Dispose of your expired or unwanted medications at a drop-off location!

### Marshfield Medical Center - Eau Claire

2116 Craig Road  
Medical Offices - Door B  
(curbside service - no need to get out of your car!)

### Altoona Emergency Services

1904 Spooner Avenue

### Fall Creek Village Hall

122 E. Lincoln Avenue

For more information visit [www.GetInvolvedASAP.org](http://www.GetInvolvedASAP.org)

The National Prescription Drug Take-Back event is hosted by the Wisconsin Department of Justice (DOJ) and the Drug Enforcement Administration (DEA) and is coordinated locally by the Eau Claire County Sheriff's Office, Altoona Police Department, Marshfield Clinic Health System, Village of Fall Creek Police Department, Eau Claire City-County Health Department, and the Eau Claire Health Alliance coalition.



## Share Promote Partner

South Middle School - Share Night

Dine-In | Drive Thru | Online | Curbside

Tuesday, April 25th

Portion of ALL Sales  
from 4pm to 7pm  
donated to: South Middle School

Culver's of Eau Claire - Golf Road



Check out the ECASD Family Services page to find helpful ECASD and community resources.

[WWW.ECASD.US/FAMILYSERVICES](http://WWW.ECASD.US/FAMILYSERVICES)

## Open Enrollment Begins February 6

### What is Public School Open Enrollment?

Wisconsin's inter-district public school open enrollment program allows students and families who don't live in our district to open enroll into the Eau Claire Area School District.

### Who May Participate?

Wisconsin residents in grades K-12 may apply to participate in open enrollment. Students in pre-kindergarten may participate in limited circumstances; parents should call the Executive Director of Administration's Office at 715-852-3003 to find out if their preschool-aged children qualify.

### How and When May Parents Apply?

The regular open enrollment application window will be February 6, 2023, through April 28, 2023, for the 2023-2024 school year. Parents may submit online applications beginning February 6, 2023, at the Wisconsin Department of Instruction website at <https://dpi.wi.gov/open-enrollment>. Please call 715-852-3003 or email [districtadministration@ecasd.us](mailto:districtadministration@ecasd.us) for more information.

### Have you moved out of the district during the 2022-2023 school year?

If so, you must apply for a Tuition Waiver to continue attending the Eau Claire Area School District for the remainder of the 2022-2023 school year. Contact the Executive Director of Administration's Office at 715-852-3003 or email [districtadministration@ecasd.us](mailto:districtadministration@ecasd.us) for an application.

### Students Currently Attending the ECASD Through a Tuition Waiver

Students who have moved outside of the district during the 2022-2023 school year and are currently attending school under a Tuition Waiver must apply for open enrollment during the regular application window, February 6, 2023, through April 28, 2023, to continue attending during the 2023-2024 school year.

### Current Open Enrollment Students

Students currently attending the Eau Claire Area School District under the open enrollment law do not need to reapply.

### Other Information

Students that move into the district after January 2023 and anticipate moving out of the district before the 2023-2024 school year will not be eligible for a Tuition Waiver. Students must apply for open enrollment during either the regular open enrollment or alternative open enrollment period to be eligible to attend the Eau Claire Area School District during the 2023-2024 school year.

### School Placement

By completing an open enrollment application, you are applying to attend the Eau Claire Area School District. You can indicate which school your child would prefer to attend; however, the district will determine placement based on space availability.

### Questions?

If you have any questions about open enrollment or the application process, please contact the Executive Director of Administration's Office at 715-852-3003 or email [districtadministration@ecasd.us](mailto:districtadministration@ecasd.us).

South Middle School  
**Falcons on the Rise Award**  
2022-2023 Quarter 3



Congratulations to our 3 quarter Falcon on the Rise recipients!

## In the Classroom



7<sup>th</sup> grade science classes dissected pig hearts last week.



4<sup>th</sup> quarter sports are in full swing.

# Counseling Corner

## It is Ok to Not Be Ok

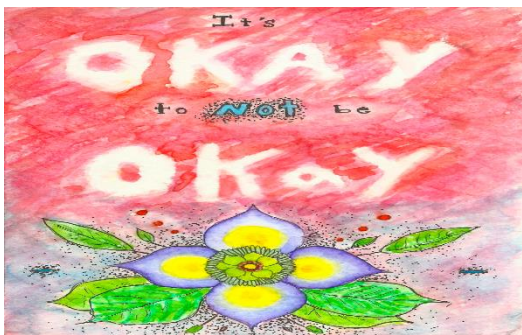
We know that one in five people will experience a mental illness at some point in their lives. It is common, and it is also treatable. However, stigma often prevents us from talking about our mental well-being with the comfort and ease that we talk about what is good for other aspects of our health.

One reason reducing stigma about mental health is important is so that we get better at recognizing when we or people we care about need extra support. Here are 10 signs that suggest a person who is struggling needs professional help:

1. Feeling very sad, withdrawn, or unmotivated for more than two weeks.
2. Making plans or trying to harm or kill oneself.
3. Out-of-control, risk-taking behaviors.
4. Sudden overwhelming fear for no reason, sometimes with a racing heart or fast breathing.
5. Not eating, throwing up or using laxatives to lose weight, significant weight loss or weight gain.
6. Severe mood swings causing problems in relationships.
7. Excess use of drugs or alcohol.
8. Drastic changes in behavior, personality or sleeping habits.
9. Extreme difficulty in concentrating or staying still.
10. Intense worries or fears getting in the way of daily activities like hanging out with friends or going to classes.

**If you or someone you know is struggling, contact an adult and seek professional support. In the case of an emergency, dial 9-1-1.**

Learn more about stigma on [Change to Chill's website](#).



## HOW TO DE-STRESS IN AN HOUR OR LESS

DO SOMETHING RELAXING	SHORTEN YOUR TO-DO LIST
LISTEN TO MUSIC	RECREATE THE SPA AT HOME
BREAK A SWEAT	READ A BOOK
MEDITATE	PLAY A GAME
GET A MASSAGE	CLEAN SOMETHING
DO SOMETHING NICE	CONNECT WITH NATURE
GO FOR A DRIVE	TAKE A SHOWER
TALK IT OUT	WRITE STUFF DOWN
RETAIL THERAPY	STRETCH
PLAN A VACATION	WATCH A TV SHOW
WATCH A FUNNY VIDEO	LOOK AT THE STARS
TAKE A NAP	STAY OFF OF SOCIAL MEDIA
CREATE SOMETHING	LEARN SOMETHING
EAT SOMETHING	DO SOMETHING OUTSIDE
HUG A DOG OR CAT	BE GRATEFUL

### News from our School Based Mental Health Coordinator

April is National Stress Awareness Month to raise awareness of the negative impact of stress. Here are a few ideas on how to de-stress.

Learn more about our School Based Mental Health program at <https://go.ecasd.us/schoolmentalhealth> or by contacting Sami Behnke at [sbehnke@ecasd.us](mailto:sbehnke@ecasd.us).


Hello Falcon Families,

Each month, students have been working with staff to create displays, announcements, and even playing music to celebrate the different blend of experiences and cultures that represent our students and families here at South Middle School.

We are sending out this reminder that provides a list of monthly celebrations that we have already covered and celebrations that will be coming up throughout the rest of the year. We are excited to provide these celebrations to help students and families see themselves reflected in our schools, as well as to learn about other cultures and experiences.


- October (Hispanic/Latin American Heritage)
- November (Native American/Indigenous Peoples Heritage)
- December (Fighting the Gender Stereotypes of Professions)
- January (Neurodiversity)
- February (African American Heritage)
- April (Middle Eastern/Arab Heritage)
- March (Asian and Pacific Islander Heritage)
- May (LGBTQIA+)

We welcome your feedback and questions. If you have any feedback about what is being shared or information on upcoming lessons, please reach out to Trevor Kohlhepp ([tkohlhepp@ecasd.us](mailto:tkohlhepp@ecasd.us)) or Danielle Stanley ([dstanley@ecasd.us](mailto:dstanley@ecasd.us)).



# Family Services

## AFTER HOURS



Administration Building  
500 Main Street

**March 27th**  
**April 3rd & 17th**  
**May 1st & 15th**  
**5pm - 7pm**

We help ECASD families access school and community resources.

Questions?  
Email [familyservices@ecasd.us](mailto:familyservices@ecasd.us) or call (715) 852-3000

Ying hoi xau tau xau meang Hmoob tsheeb daam ntawv no ua xau Hmoob rau hoi xau ying hoi meang hoi meang daam ntawv no. Hu rau 884 (715) 852-3000.  
Si desea que alguien traduzca esta carta en español o tiene una pregunta sobre esta carta, llame a Kresly Rodriguez Martinez al (715) 852-4240.



# ECM VARSITY DANCE TEAM

## SUMMER SEASON TRYOUTS

**MAY 17-19** | **EAST GYM**  
**4-6 PM**

**ALL EXPERIENCE LEVELS WELCOME**

*We hope to see you there!*



### Memorial Dance Team

The EC Memorial Varsity Dance Team summer season tryouts are May 17-19 from 4-6 PM. They will be held in the East Gym at Memorial and are open to all 9-12 graders for the 2023-2024 school year.

You will learn dance skills, the fight song, plus a short pom and jazz routine for your audition on Friday, May 19. All levels of dance experience are welcome!

If you have any questions, please email Coach Whitney at [wtabbert@ecasd.us](mailto:wtabbert@ecasd.us).