

May 4, 2020

Hello Meadowview Hawks!

We hope you are doing well and enjoyed our MAPEL activities from last week. We miss you! Please continue to check out our [Meadowview At Home Learning](#) page each Monday for a new letter. Click on MAPE to find our MAPEL letter.

Mr. Chapman, Mrs. Kohls, Mr. Quam & Mrs. R (Rudebusch)

<p style="text-align: center;">MUSIC with Mrs. R – May 4th, 2020</p> <p>If you would like to share your creations with me, please do so! I MISS YOU! 😊</p> <p style="text-align: center;">lrudebusch@ecasd.us</p>	<p style="text-align: center;">Grade</p>
<p>Enjoy singing Down By the Bay. Create your own verse. How many different verses can you create? Sing them to your family.</p> <p>Enjoy singing Hush Little Baby. Rock a stuffed animal/doll and sing the song to put your stuffed animal/doll to sleep. Challenge: Could you rhyme words to create more verses? Mama’s gonna buy you a candy bar. And if that candy bar isn’t sweet. Mama’s gonna buy you socks for your feet. And if your feet are way too big, mama’s gonna buy a guinea pig.</p> <p>Have fun creating your own rhythms with paper plates and plastic eggs.</p>	<p style="text-align: center;">K – 2nd</p>
<p>Compose your own musical spring haiku.</p> <p>Learn how to Beat Box with Elmo. Can you lay down a beat?</p> <p>Continue to practice recorder. Log into Canvas and select the assignment you are working on. Check At Home Learning for instructions.</p>	<p style="text-align: center;">3rd – 5th</p>
<p>Bonus: With parent permission, have fun discovering, listening, playing, performing, conducting, and composing music with the San Francisco Symphony.</p> <p>Challenge: Click on “Listen.” Find “Trepak” by Peter Tchaikovsky and listen to the music. If you remember our parachute routine, grab a blanket/bed sheet with your family and move to Nutcracker. Pick a different piece of music and listen for different musical elements (How is the music tempo (fast/slow)? What are the dynamics (loud/soft)? What instruments do you hear?) You could also click on “Play.” Choose a piece of music. Choose “Star Catcher” and use the cursor to see how many stars you can catch. Have fun!</p>	<p style="text-align: center;">K – 5th</p>

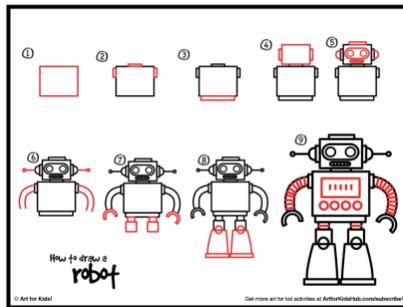
AT-HOME LEARNING DIRECTIONS:
Art for Week of: SHAPE

Choose from the options below to explore **shape**. I would love to see what you have made: bquam@ecasd.us

SHAPE: A dot that goes for a walk and goes back to the starting point. Shapes are flat or 2 dimensional (2-D) and have length and width.

There are two types of shapes: **ORGANIC** and **GEOMETRIC**. We find organic shapes in nature and geometric shapes are shapes you can name and you learn about in math. (square, triangle, and octagon.)

ART CHOICE #1:
K-2nd



1. Using only shapes, design a robot.
2. You can cut and paste your design as a collage or you can draw the shapes and color them.
 - a. Ideas for paper: junk mail, magazines, wrapping paper, brown paper bags, or color your own.

Listen to [Shape Song Swingalong](#) by Steve Songs!

K-5th

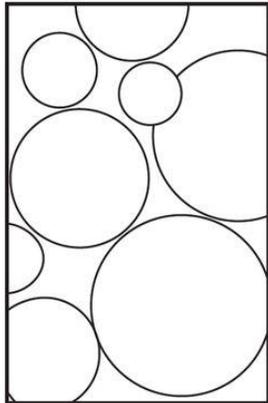
Want to learn more about SHAPE? Check out these ideas!



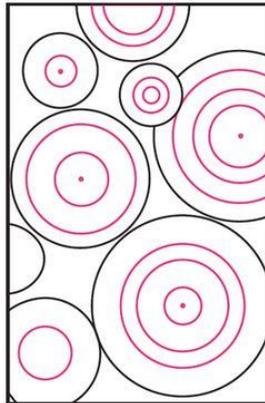
1. Using only shapes, build a pizza.
2. You can cut and paste your design as a collage or you can draw the shapes and color them.

- a. Ideas for paper: junk mail, magazines, wrapping paper, brown paper bags, or color your own.

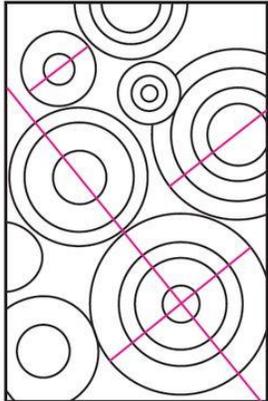
ART CHOICE #2: 3rd-5th



1. Fill the page with circles of all sizes.



2. Draw concentric circles inside each.



3. Split some circles in half with a ruler.



4. Trace and color or paint.

**The more lines you draw the more complex and detailed your art piece will be.

Hint: trace around a yogurt cup, roll of tap, or create your own circles!

Try using:

-**Overlapping:** Overlapping in art is the placement of objects over one another in order to create the illusion of depth.

-**Variation:** Using different sizes of circles.

Bonus Project: K-5th



1. Trace your hand
2. Use both horizontal and vertical lines to draw a grid.
3. Color the outside (background space) with warm colors
4. Color the hand spaces with cool colors

*This is a great project to understand that there are both organic and geometric shapes in art.

Here is a link to [Art with Mati and Dada](#), a great extra video to learn about how artists use shape to create their art.

PHY. ED. with Mr. Chapman – May 4th, 2020

Always ask an adult's permission before doing any of these activities. Also, get outside for fresh air and physical activity/movement as often as you can!

I hope that you all are staying "safer at home", finding ways to be helpful at home, and finding time to play and have some fun. Remember you can email me a picture or video of something you are doing to stay active at bchapman@ecasd.us
I really miss seeing your faces! Take care!

Grade

Activity: Toss and Catch

Skills: Underhand Tossing and Catching

How to play: Take a pair of socks, put them together and roll down the top of the socks to make a ball. Try these different skills, by standing in a safe space, making sure that your toss is just a little higher than your head and your eyes are watching the ball.

Grades K- 2 – Do each toss 10 times

Grades 3 – 5 – Do each toss 15 times

TOSS with one hand, CATCH with both hands.

TOSS with one hand, CATCH with that same hand.

TOSS with the other hand, CATCH with that same hand.

TOSS with one hand, clap one time, CATCH with both hands.

TOSS with one hand, clap two times, CATCH with both hands.

How many times can you clap before you CATCH the sock ball?

Now sit down and try these same skills.

Find something that you can use as a target...garbage can, box, bowl, bucket, laundry basket, etc. Find a safe space, put your target on the floor, stand in front of your target, and using your "favorite" hand, step with your opposite foot and underhand toss the sock ball to the target. Each time you make it, take one step back from the target.

Try tossing to a bucket that a partner is holding, your partner needs to catch the ball in the bucket.

****Bonus Activity:** If you have an object and appropriate space at home, practice hand dribbling or bouncing/catching!

- [Avengers Kids Tabata](#)
- [May Mind and Body Calendar](#)

K-5

<p style="text-align: center;">LIBRARY with Mrs. Kohls – May 4th, 2020</p> <p>I miss all of you! 😊 Please feel free to email me about books you are reading or anything you'd like to share with me. I would love to hear about it.</p> <p style="text-align: center;">akohls@ecasd.us</p>	Grade
<p>Sora Sweet Reads- Check out this section in the Sora app! These ebooks and audiobooks are always available until July 31st.</p>	K – 5 th
<p>Georgia Aquarium Live Cam https://www.georgiaaquarium.org/webcam/ocean-voyager/</p>	K – 5 th
<p>Read a book in the dark with a flashlight! (K-5)</p>	K – 5 th