



# Memorial High School Weekly

**Home of the Old ABES**  
#OldAbePride  
#OldAbeProud

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Attendance Office: (715) 852-6302  
Partnership Coordinator: (715) 852-6307

## December 3, 2020

### Memorial High School Calendar

#### December

- 8 Math League – Cohort A
- 10 Blended Instructional Model Return  
Math League – Cohort B
- 20 Joel Raney Prize for Fiction narrative due

**December 23-January 1 - All Schools Closed for Winter Break**

#### January

- 2 Classes Resume
- 5 Math League – Cohort A
- 7 Math League – Cohort B
- 14 & 15 Cohort B Final Exams
- 18 & 19 Cohort A Final Exams
- 20 End of SEC Marking Period

#### February

- 9 Math League – Cohort A
- 11 Math League – Cohort B
- 25 Virtual Family / Teacher Conferences, 3:15-7:15pm

[Updated 2020-21 ECASD Calendar](#)

### Important Links

#### Memorial High School Website

Memorial High School At-Home Learning Page.  
This is where you will find **Canvas instructions**, teacher resources and materials, staff directory with emails, and test prep

**COVID-19 correspondence** from ECASD

EC Area Community Food and Other Resources

Breakfast Menu, Lunch Menu and Pickup  
Breakfast and Lunch Menus

Archives of MHS Weekly Newsletters

Order 2020-2021 School Yearbook

**Technical Support for all ECASD families is available from 8:00AM - 3:00PM Monday through Friday by calling 715-852-3411**

# MHS News and Announcements

## From the ECASD School Nurses, special thanks to Samantha Kewin RN BSN

### DECEMBER 2020

“Parents can't be constant companions, teachers or saints at this time. You can be enough.” – *Dr. Lynne Siqueland, Ph.D*

Dr. Siqueland adds that kids may refer to this time as boring but, they love time spent with their parents and family - they will remember this extra time, including your teens.

### Ideas and links to helpful resources to maintain mental and physical wellbeing during closures due to COVID-19:

- Keep familiar routines: Waking up, self-care/hygiene, regularly scheduled meals, daily productivity, exercise, and bedtime.
- Get an extra hour of sleep in on occasion by going to bed early, sleeping a little later or a combination of the two. With sleep, the mind and body have a chance to rest, heal and re-energize, putting you on track for improved mental alertness, emotional regulation, and physical endurance.
- Carve out time to be alone and to be together as a family to “check-in” or “debrief” about your daily experiences and mood/attitudes. This will be a purposeful opportunity to stay connected and support one other – celebrating happy moments while comforting and sharing wisdom in the challenging ones.
- Call family members/friends on a regular basis.
- Play a board or card game after dinner, switch it up and watch a movie or documentary
- Practice an old or new hobby/skill. Introduce or share your achievement with one another in your spare time
- Try researching plants, flowers, trees or bugs and then identify them on a walk
- Go for a scenic drive and order take-out, somewhere different/try a new food
- Cook/bake, decorate
- Go through family pictures, memory (“baby books”) or videos together
- Make daily or weekly household/yard cleaning and organizing a family chore – turn music on!



### LINKS:

- Fitness activities for ages 4-12. Check out: <https://www.neofitness.com/concepts/neo-kids>
- Schedules for the day to guide you for each grade and engaging, interactive academic activities for all ages. Check out: <https://www.khanacademy.org/>
- Podcasts: [25 best podcasts for kids](#)
- Authors are reading their books online each day – [Storyline Online](#)
- Check out: <https://www.susankaisergreenland.com/mindfulness-for-kids->

### REFERENCE:

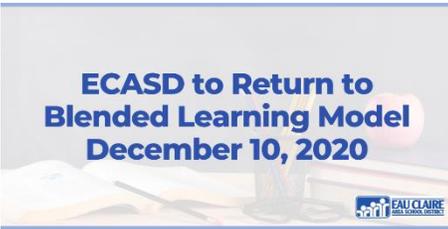
SIQUELAND, Lynne, Ph.D. (2020, November 18). *Parents– Being “Good Enough” Right Now is OK.*: <https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/parents-being-good-enough-right-now-ok>

## ECASD will return to a blended learning model starting Thursday, December 10.

Over the past several weeks, school and district administration have been closely monitoring local COVID-19 data and its impact on ECASD's schools and community. This has involved disaggregating and analyzing staff absence data. Student COVID-19 cases and quarantines across the school district also remain below ECASD's internal thresholds.

It's important to note that if staff absences increase sharply in the coming days, ECASD may quickly shift grades 9-12 or grades 6-12 back to the 100% virtual instructional model to mitigate staffing loss, while keeping younger students in the blended model.

Once again, thank you for your support and understanding as we continue to take steps to protect the health and safety of our students, staff, and families.



## From Student Services



### Holiday Assistance for Memorial Students

Greetings! Are you are experiencing a hardship this year and you feel your Memorial student could use some holiday cheer? Contact Jane Corning, Counselor/Coordinator of the Giving Tree at 715-852-6331 or [jadlercorning@ecasd.us](mailto:jadlercorning@ecasd.us). **Be sure to submit your request by Monday, December 14 to receive assistance prior to December 25.** The Giving Tree provides assistance throughout the year, so please reach out as needed. All information is confidential.

### Teen Support Groups Starting Soon

A student support group is designed to give teens a safe place to talk about concerns, manage stress, share ideas, help others, and make new friends too. Please see the new Teen Support Group brochure [HERE](#) or in Module 2 of Student Services Canvas which details more specific information about support groups. If you have any questions or would like to join a Teen Support Group, please email your School Counselor using your Outlook school email. **We care about you! Student Services Staff**

**ANYTHING IS POSSIBLE**  
WHEN YOU HAVE THE RIGHT  
@sharperself  
**PEOPLE**  
BY YOUR SIDE  
SHARPERSELF.org/SOCIAL



**Attention Juniors** who took the PSAT test in October. Your results are being mailed home soon. You can also access them starting December 7<sup>th</sup> through your College Board/AP portal.

**CVTC is offering no application fees through Dec. 31. Apply today! Please use promo code: GO2CVTC**

## MEMORIAL GIVING TREE

The **Memorial Giving Tree Fund** was established in 2008 to address the growing needs of some of our Memorial students. MHS families, staff and community members contribute to this fund and the monies are



then distributed to our students and families in need throughout the year at the direction of our MHS Counselors. Donations to this fund can be dropped off in the Attendance office or Student Services or mailed to Memorial High School at 2220 Fairfax Street, Eau Claire, WI 54701. Checks should be made payable to Memorial Giving Tree. Please contact Jane Corning, Memorial Counselor at [jadlercorning@ecasd.us](mailto:jadlercorning@ecasd.us) or 715-852-6331 if you have any questions. [CLICK HERE](#) for more information on the Giving Tree. **We are Very Grateful for ALL Donations to this Fund!**

**OUR  
YEARBOOK  
NEEDS  
YOUR  
PHOTOS!!**



### From the Yearbook Staff ...

#### Fall Sports Pictures for Yearbook Needed

The yearbook is currently working on fall sports pages. Even though Memorial did not have fall sports, we are still highlighting them. We need pictures however! We were able to get some contact day pictures but need more. We are looking for pictures from this summer or fall of players training, playing, or just hanging out together. Please email pictures to [csylte@ecasd.us](mailto:csylte@ecasd.us) before Thanksgiving. Your help would be greatly appreciated.

### Joel Raney Prize for Fiction Contest

Award winning author Nickolas Butler invites Memorial High School students to participate in the 4<sup>th</sup> annual Joel Raney Prize for Fiction writing contest.

Submission deadline is December 20<sup>th</sup>.

Click [HERE](#) for more details and start writing!

## Family Engagement Newsletter

Eau Claire Area School District

RESOURCES FOR SCHOOL, HOME & COMMUNITY SUPPORTING  
STUDENTS WITH DISABILITIES.

DECEMBER 2020



ECASD  
Special Education PTA

**Check out the SEPTA  
December Newsletter  
[HERE](#)**

### Are you an Alumni of Memorial High School?

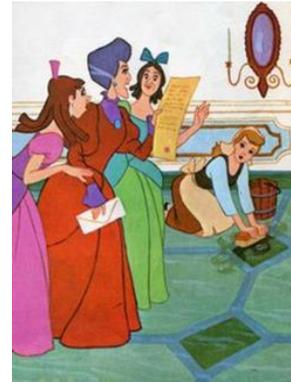
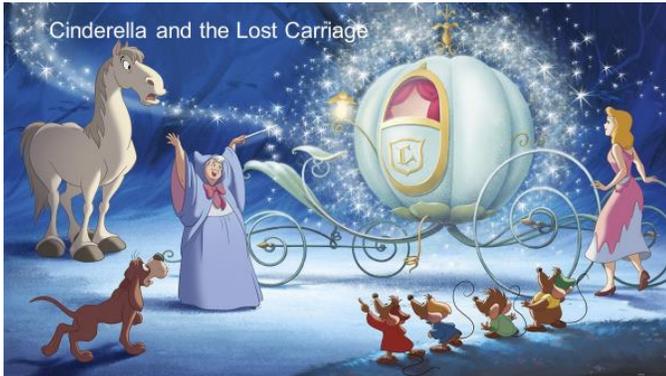
**Be sure to...**

**Follow** [Eau Claire Memorial High School Alumni Association Page](#) on Facebook.

**Signup** to receive the ECASD Alumni Association Newsletter [HERE](#).

**Share** your alumni news, highlights and photos with [Memorial's Partnership Coordinator, Val Logan](#).

# Students from Ms. Prock's Personal Law class create a contract using characters from favorite movies / stories – Enjoy!



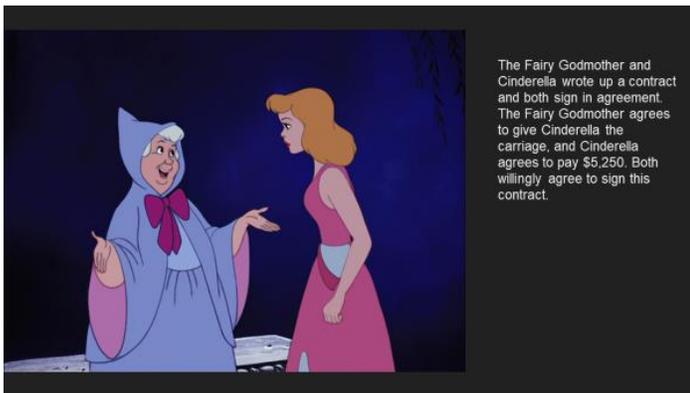
Cinderella lives with her stepmother and stepsisters and is not treated fairly. Cinderella has to buy a lot of her own things, while her stepsisters are given everything.



One night, Cinderella saw the Fairy Godmother's carriage and really wanted to buy it from the Fairy Godmother.



Cinderella offered the Fairy Godmother \$5,000 for her carriage. The Fairy Godmother asked for \$5,500. They settled at \$5,250.



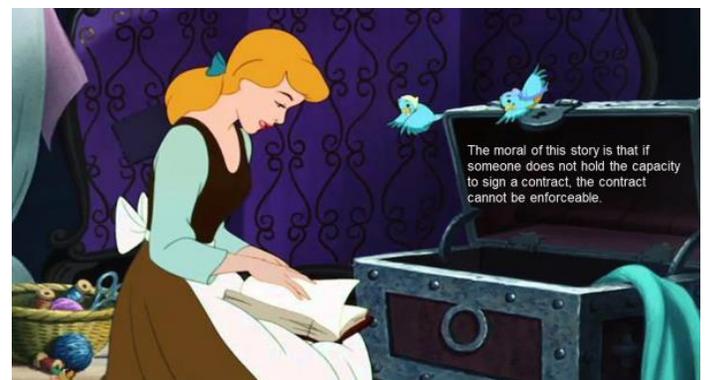
The Fairy Godmother and Cinderella wrote up a contract and both sign in agreement. The Fairy Godmother agrees to give Cinderella the carriage, and Cinderella agrees to pay \$5,250. Both willingly agree to sign this contract.



A few months later, the Fairy Godmother realizes Cinderella doesn't contain the capacity to create a contract, since she is under 18. Because of this, the Fairy Godmother turns the carriage into a pumpkin for revenge.



Cinderella is very upset that her carriage was taken away. She did not realize if she signed a contract it would be unenforceable.



The moral of this story is that if someone does not hold the capacity to sign a contract, the contract cannot be enforceable.

## Resources Available to All Cohorts

### Virtual Learning Suggestions and Reminders

- Find a suitable location for learning
- Be prepared for class to start, following the bell schedule
- Expect teachers to record daily attendance
- Eliminate as many distractions as possible
- Turn on your camera while participating in class
- Actively engage in class
- Follow the ECASD dress code
- Check your classes Canvas page each day
- Ask your teacher or call 715-852-3411 for technology support
- Reminder that you have learning every day

### Food Resources from November 30 – December 8

- **FREE** breakfast and lunch pick up for ALL students will be available at MHS Monday - Friday from 8:30-9:30am at door 4. To view other food pickup locations click [HERE](#).
- **Meals on Yellow Wheels** will also continue during this time. Click [HERE](#) for the schedule.
- The **Old Abe Food Pantry** will be available to all students and families on Tuesdays and Thursdays from 8:30 – 11:00am (please enter at door 15) or by appointment on Wednesdays and Fridays. To schedule an appointment, place a food order for pickup, or for additional assistance with food, contact Memorial Partnership Coordinator, Val Logan at 715-852-6307 or [vlogan@ecasd.us](mailto:vlogan@ecasd.us).
- **Please continue to watch for updated information on food resources available.**

### Homework Help

- **Math Help** - virtual tutoring in math is offered through Microsoft Teams every Monday, Tuesday, and Thursday from 3:15 – 4:15pm for all Algebra 1, Geometry, Algebra 2 and Pre-Calc students. **Please contact your classroom teacher for the private link to get started.** *Students in other math classes needing extra assistance in math will need to contact their teacher directly and set up a time to get individual help.*
- **Blugold Beginnings** - UWEC Blugold Beginnings is once again offering virtual tutoring and mentoring through Microsoft Teams daily from 3pm-5pm with college student tutors. Student can get help with math, science, social studies, paper revisions, and helping with assignment calendaring and organizations. Students will be asked to sign a contract for permission to meet with tutors, please contact the K-12 Coordinator Elroy Perkin at [perkine@uwec.edu](mailto:perkine@uwec.edu) or 715-836-5503 for the teams link, application, or with any questions.

**Technical Support** - is available from 8:00AM - 3:00PM Monday through Friday by calling 715-852-3411.

**Teacher Virtual Office Hours** – Go to the [MHS at Home Learning Page](#) for virtual office hours.

**At Home Learning Page** – Check out the [MHS at Home Learning Page](#) for Canvas Help, Staff Directory, Virtual Office Hours, and more resources.

### Important Links for Students and Families

- Order your [2020-21 Memorial High School Yearbook](#). The price of the Yearbook will increase as the school year progresses. Buy early to save money!
- Check out [Student Services Canvas Page](#) for grade level updates, college application information, virtual learning support such as creating a M-F daily school schedule, **teacher office hours** and to locate important community, college, and career information.
- Check out library books online, go to: [ecasd.libguides.com/requests](https://ecasd.libguides.com/requests)
- Check out [College/University Virtual Meetings/Tours](#) on the Student Services Canvas page to virtually visit and learn more about many Colleges and Universities.
- To view the updated list of scholarships posted go [MHS Student Services](#) page or the [Student Services Canvas](#)

**It is a GREAT Day to be an Old Abe!**