



Life is a journey...make the most of it!

LWL and ECASD are proud to collaborate and partner with:

- CVTC
- RCU Community Engagement
- UWEC Nursing Department
- UWEC Special Education Department
- Eau Claire City County Health Department
- ADRC and Long-Term Care Agencies
- Eau Claire City Transit
- Center for Independent Living Western WI
- And many more!

Life Without Limits (LWL) Mission

All Young adults need to prepare as they enter their adult lives. Each young adult has individual strengths, preferences, interests, and goals which lead him/her down the path of independence.

This 18-21 program focuses on preparing young adults with disabilities for life after graduation. LWL connects students to community resources, empowers them and strengthens their advocacy skills in order to lead a *Life Without Limits*.



Find our program on Facebook at "Life Without Limits"

LIFE WITHOUT LIMITS

18-21 Year Old Program



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Transition Objectives to Develop and Apply Skills:

Employment

- Work experience in the community
- Coordinated short-term experiences
- Career exploration and planning
- Interest identification
- Skill development (soft skills & employment sustainability skills)
- Team Building
- Linkage to DVR

Daily Living

- Independence
- Self-advocacy
- Shopping
- Food/Menu preparation
- Personal safety
- Time management
- Transportation & Mobility in the Community
- First aid skills
- Financial Literacy
- Technology
- Exploring Housing Options

Health

- Self-direction & managing own health/dental care
- Healthy relationships
- Family planning
- Sexual health

Community Skills

- Establish connections & relationships with agencies
- Support and transition into community services
- Develop and maintain natural supports
- Increase mobility in the community
- Connect to Post-Secondary education/training

Recreation and Leisure

- Improve social skills in all areas
- Strengthen communication skills
- Integrate into age-appropriate activities
- Develop/maintain friendships

“Try and fail, but never fail to try.”

-Jared Leto

Program Eligibility

- Is a Student of ECASD with an Individualized Education Plan (IEP)
- Between 18-21 years of age
- Has met all graduation requirements
- Has access to reliable transportation to/from program and community sites (public transportation, taxi, natural supports) or willing to participate in a transportation training program
- Independent in meeting all personal care needs
- Personal funds may be required for special outings and events.
(NO student shall be denied access to LWL due to financial hardship.)

Program Criteria

- Program is 100% off high school campus and has a transition focus (non-academic focus)
- Variable schedule based on student's LWL/IEP goals. (Does not mirror traditional high school day schedule)
- Zero tolerance of physical/verbal aggression
- Participation is required as defined by student learning objectives for sustained enrollment