



# The Fly Sheet

**Week of February 5, 2024**

**Flynn Elementary School**

715.852.3300

**TO INSPIRE AND PREPARE OUR STUDENTS TO LIVE CREATIVE, FULFILLING AND RESPONSIBLE LIVES**



**This Month**  
**Black History Month**



**This Week**

**American Heart Association Wellness Week**  
**Pride in Food Service Week**

We are so fortunate to have Ms. Stephanie who works tirelessly to support students and families all year long. Every year they go above and beyond in helping with food needs.

**National School Counseling Week**

This week, we're celebrating our school counselors, Ms. Mandel and Ms. Price, who work hard to ensure the social, emotional, and academic success of our students. Thanks for all you do for our families, students and staff!

**Monday 2/5:** Wear a sports jersey or a hat

**Tuesday 2/6:** Wear tie dye or bright colors

**Wednesday 2/7:** Wear pajamas

All School Meeting

Global Day of Play

**Thursday 2/8:** Wear school colors

**Friday 2/9:** Wear red or hearts

Weekend Kids Meals

RCU school \$ense

**Looking Ahead**

**Love Week**

**Monday 2/12:** PTO meeting in the Flynn Library at 6:30pm

Love of Community- wear Eau Claire, Wisconsin, or sports teams

**Tuesday 2/13:** Spread Love- wear a shirt with a positive message

**Wednesday 2/14:** Friendship parties- wear pink, red, and/or purple

**Thursday 2/15:** Love of Self- wear something you love

**Friday 2/16:** Love of Flynn- wear Flynn colors or Flynn wear

Weekend Kids Meals

RCU School \$ense-2 savers will be randomly picked to win a prize.

Yog koj xav tau tus neeg Hmoob txhais tsab ntwav no ua lus Hmoob rau koj los yog koj muaj lus nug txog tsab ntwav no, hu rau (Saleen Xiong 715-852-3386).

Si desea que alguien le traduzca esta carta o si tiene preguntas, llame a Kresly Rodriguez Martinez al (715) 852-4246



## **Weekly Words from Mr. Schmitt**



Click to watch Mr. Schmitt's Weekly Words.

On Wednesday, we celebrate Global School Play Day. The youngest member of each family at Flynn will bring home a bag with math games. The bag includes instructions, playing cards, and dice. Students will learn to play these games in class on Wednesday before bringing them home that afternoon. Please ask your student about the games and play them as a family. These games are an outstanding opportunity to have fun AND building math skills!

Two years ago, Global School Play Day was a big event at Flynn. I get asked why we don't celebrate it the same way now. Two years ago, we used that day to change from Covid restrictions to "regular" school. It was like the first day of school for us, so we had to learn new routines. This included changing how we eat breakfast, which we ate in the classroom during Covid restrictions. We also were celebrating the Winter Olympics that day, had an all-school meeting, and celebrated our strong School Report Card. We did ALL of that in one day! Those same conditions do not exist now. We also have direction from our school district on how play is incorporated into our school day. This is explicitly scheduled into our curriculum in grades K-2 on a daily basis.

## **Black History Month**

February marks Black History Month, an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history. Also known as African American History Month, the event grew from advocacy from historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world—including Canada and the United Kingdom—also devote a month to celebrating Black history. Check out this article to learn more about the history and origins of Black History Month: <https://blackhistorymonth.gov/>



## Hello from the Flynn PTO!

We have two events coming up and we need some volunteers to help run these events successfully. Please check out the below sign ups and consider signing up for a shift.

Also, our February meeting is on Monday February 12<sup>th</sup> in the Flynn library at 6:30. We would love to have you join us!

Book fair on Thursday February 28<sup>th</sup> during Conferences

[Flynn PTA: Book Fair 2024 \(signupgenius.com\)](https://signupgenius.com)

Flynn's Got Talent Friday March 8<sup>th</sup>  
[Flynn PTA: Flynn's Got Talent 2024 \(signupgenius.com\)](https://signupgenius.com)

Have a great week, Your Flynn PTO

Our PTO Principal in Training fundraiser was a great success. The money raised during this PTO fundraiser will go to providing every student with a yearbook.

Below are our Principal in Training winners. Click on the name to see more pictures. Click on the picture to see their video.



### [Cambria Russell](#)

5th grade

Cambria made it on the front page of Leader Telegram! Click [HERE](#) to see the article.

### [Zhavieon Davis](#)

4th grade

Zhavieon enjoyed visiting his classrooms, especially the ones with his siblings.



### [Nora McNamara](#)

3rd grade

When asked what a principal does all day, she responded with 'sit in his office'. So, she gave it a try.

### [Harry Kite](#)

2nd grade

Principal Harry had some tough questions from his schoolmates, but he did an amazing job.



### [August Johnson](#)

1st grade

August was interviewed by WQOW about his experience as Principal in Training. Check it out. [WQOW](#)

### [Jasmine Pettis](#)

Kindergarten

When Jasmine was asked what is 1 thing she would add as principal? She responded with, "playing outside and making rainbows with unicorns".



# PurposeFULL People

## February is about Honesty

One way to think about Honesty is "being truthful in what you say and do." Practicing Honesty helps strengthen our relationships and reduce stress.

Managing stress in healthy ways is critical to our well-being. This month, students will focus on stress management.

This work includes the following:

- Noticing the body's reaction to stress
- Creating plans and practicing strategies to manage or prevent stress.

We will use the Emotion Elements to identify the emotions related to stress.

### WIND



Wind represents feeling words like inspired, anxious, playful, and nervous.

Water represents feeling words like concerned, thoughtful, tired, and bored.

### WATER



### FIRE

Fire represents feeling words like annoyed, overwhelmed, excited, and scared.

Earth represents feeling words like motivated, focused, confident, and proud.



### EARTH

I-Statement Structure: I feel \_\_\_\_\_ when \_\_\_\_\_ and I would like \_\_\_\_\_.

## Counselor Corner

Kindergarten this week continued discussing the group plan and "Thinking with Your Eyes" to understand situations. Second grade began learning about Kelso's Wheel of Choices and being able to identify small and big problems.

Fourth and Fifth grade have been discussing effective communication and ways to be an active listener and effective speaker.

Congratulations to 4D in earning your Classroom Counseling Peace Goal this week!



## **Mindful Moment: Ocean Breaths**

If you're working on getting better sleep-consider thinking about your breath as a wave...Breathe in and picture a wave, then breathe out and count as you go!  
(Credit: Mindfulness Everyday by Susan Hutton)

## Scenes from Flynn



Kindergarten had an amazing time at the Children's Museum. The smiles say it all. Click on the photo for more pictures.



Ms. S's Kindergarten class made their peace goal of cleaning up quickly after Choice Time. They celebrated by bringing stuffed animals to school. Principal Jasmine was able to deliver their Peace flag.



The Flynn Royal School \$ense is open every Friday morning to help your child develop good saving habits.

**We celebrate Valentine's Day in February! Since we LOVE when students save at Royal Credit Union School \$ense, our special gift this month will be prize bags randomly awarded to two savers depositing on Friday February 16!**

Remember that Royal donates \$250 to your school for every 500 deposits made. Flynn is 130 deposits away from their first check this school year! Let's keep saving each Friday to reach this goal!

If you have any questions about the Royal School \$ense program please contact: Rachel Orlovsky at [rachel.orlovsky@rcu.org](mailto:rachel.orlovsky@rcu.org)





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## Eau Claire Area School District and Community Information

TO INSPIRE AND PREPARE OUR STUDENTS TO LIVE CREATIVE, FULFILLING AND RESPONSIBLE LIVES

### Eau Claire Public Library

Follow the link for a digital copy of events for youth.  
[Library Calendar](#)

### Open Enrollment is February 5 through April 30.

Click [HERE](#) for more information.

211 Text...Call...and now you can use the APP

211 is a way for you to learn more about resources in our community to support basic needs like food, housing, health care, employment and income assistance, mental health care and more. **You can call or text 211 to connect with someone 24/7/365.** And now you can add the app to your devices. The app was developed by Dane County, but you can enter your zip code and the app will guide you to resources in the Eau Claire area.

### 2024-2025 School Year Calendar

Approved by School Board

Our School Board approved the 2024-2025 School Year Calendar at the January 22, 2024, School Board meeting. Please go to [2024-2025 School Year Calendar \(pdf\)](#) for details.

### Special Education Family Engagement Letter

This newsletter has lots of tips, tricks and opportunities for you and your family to enjoy!

<https://www.smore.com/ga3bw-family-engagement-newsletter?ref=email>

### ECASD and Community Resources

Click above for resources

### FAMILIES - JOIN US FOR



## FAMILY SERVICES AFTER HOURS



**MONDAY,  
FEBRUARY 5  
5:00 PM - 7:00 PM**

**ECASD Administration  
Building  
500 Main St.**

★ Wisconsin Educational Opportunities Representative available to:

- Help with the Free Application for Federal Student Aid (FAFSA)
- Provide information on WI TIP and Gear Up Grants - available to ALL students

★ Information about Youth Substance Misuse:

- Stop by the Eau Claire City-County Health Department resource table to learn more about new and emerging cannabis products sold in Wisconsin, e-cigarettes and vaping, youth substance misuse in Eau Claire County, youth resources, and more!

★ Representatives from CVTC and UWEC:

- Stop by their resource tables to chat and get information

★ SKYWARD Assistance

★ SNACKS

Yog koj xav tau tus neeg txhais daim ntawv no ua lus Hmoob rau koj los yog koj muaj lus nug txog daim ntawv no, hu rau Bliia ntawm (715) 852-6850



## RESPIRATORY SEASON!

*It's that time of the year again...*

We've been seeing multiple absences due to respiratory illness. To keep your child healthy, follow the tips below!

### Symptoms:

- Cough
- Body aches
- Fever
- Sore throat

### When to seek medical attention:

- Fast or difficult breathing
- Fevers over 104 F or that lasts more than 2 days
- Experiencing chest pain
- Symptoms that last more than 3 weeks

### How to prevent getting sick:

- Wash hands well and often for at least 20 seconds
- Stay home if sick and get tested as appropriate
- Stay up to date on Flu and COVID vaccines

