



The Fly Sheet

Week of November 13, 2023

Flynn Elementary School

715.852.3300

TO INSPIRE AND PREPARE OUR STUDENTS TO LIVE CREATIVE, FULFILLING AND RESPONSIBLE LIVES



This Month

National Native American Heritage Month

Click on the image to learn more



This Week

American Education Week

Monday 11/13: PTO Meeting in Flynn Library 6:30pm- Childcare provided!

Tuesday 11/14: Club Invention 3:45-5:15pm

Wednesday 11/15: Buddy Activity- BINGO National Educational Support Professionals Day

Thursday 11/16: Memorial Orchestra will be visiting Club Invention 3:45-5:15pm

Friday 11/17: RCU School \$ense- Tootsie Roll Promotion
K-2 will have 6th grade visitors
National Substitute Teachers Day
Weekend Kids Meals

Looking Ahead

Monday 11/20-Friday 11/24: No School

Monday 11/27: Back to School

Friday 12/1: RCU School \$ense
Weekend Kids Meals

Buddy Activities

Buddy Activities are held once a month. Grade level classrooms buddy up with a different grade level to work on activities or play games together. It's a great way for students to get to know each other and build a stronger Flynn community.

Yog koj xav tau tus neeg Hmoob txhais tsab ntwav no ua lus Hmoob rau koj los yog koj muaj lus nug txog tsab ntwav no, hu rau (Saleen Xiong 715-852-3386).

Si desea que alguien le traduzca esta carta o si tiene preguntas, llame a Kresly Rodriguez Martinez al (715) 852-4246



Weekly Words from Mr. Schmitt



Click to watch Mr. Schmitt's Weekly Words.

Thank you for attending our Veterans Day program. We are grateful for our Veterans and for our families participating in this ceremony.

I am dedicating the rest of this week's message to our Social Emotional Learning curriculum, PurposeFull People. Our staff had been working on the implementation of this curriculum over the past year. We are integrating this into our Responsive Classroom practices, which provides an overarching structure to how Flynn operates.

Why focus on Social Emotional Learning? These skills overwhelmingly lead to success for students when they become adults in the workplace. In the table below you will see which character trait we focus on in each month. During all school meetings, we are having grade levels share that month's trait. At this month's meeting, students from Grade 1 shared a song about Gratitude!

Please discuss these traits with your student. They make a difference in how they do in school and how they will function as the future leaders of our community!

Month	PurposeFull People Character Trait
September	Respect
October	Responsibility
November	Gratitude
December	Empathy
January	Cooperation
February	Honesty
March	Courage
April	Perseverance
May	Creativity



Hello from the Flynn PTO!

We hope everyone has been able to enjoy this fall weather. Winter will be here soon which also means our Craft Days are coming up!

Craft Days will be Monday December 4th and Tuesday December 5th right after school. A flyer will be going home soon with all the details, how to sign up and volunteering. We need A LOT of volunteers for this fun event. Kids love these craft days, and we need to have enough helpers.

Below is the sign up link
[Flynn PTA: 2024 Holiday Craft Days \(signupgenius.com\)](https://signupgenius.com)

Our meeting is Monday November 13th at 6:30pm in the Flynn library. Childcare will be provided. On the agenda is Fall event recap, Craft Days, Winter Formal planning, Restaurant Fundraisers and Staff Sponsorship Request. All are welcome, we would love to have you join us!

Have a great week,
 Your Flynn PTO

FEELINGS THERMOMETER

How do you feel?	What can you do about it?
ANGRY, FURIOUS, EXPLOSIVE ▶ Yelling, Stomping, Meltdown	<ul style="list-style-type: none"> • Vigorous physical exercise • Breathe the deep breaths • Take a warm shower or bath
FRUSTRATED, ANNOYED, IRRITABLE ▶ Arguing, Refusing, Shutting down	<ul style="list-style-type: none"> • Meditate/pray • Listen to favorite music • Take a fast-paced walk
ANXIOUS, WORRIED, UNSETTLED ▶ Pacing, Avoiding, Clingy	<ul style="list-style-type: none"> • Talk to a family member/friend • Pay attention to each of your 5 senses • Focus on what you can control!
SAD, NEGATIVE, LONELY ▶ Crying, Withdrawn, Slowed/Disengaged	<ul style="list-style-type: none"> • Set a positive goal for the day • Call a friend or relative • Journal about your feelings
HAPPY, CALM, CONTENT ▶ Smiling, Laughing, Engaged	<ul style="list-style-type: none"> • Help someone else • Notice and enjoy your positive mood • Engage in an enjoyable activity

Wisconsin Office of Children's Mental Health | children.wi.gov

PurposeFULL People

November is all about Gratitude

One way to think about Gratitude is “**choosing to appreciate the people and things in our lives.**” Practicing Gratitude can increase our well-being and our happiness.

PurposeFull Pursuits: Review Gratitude as a family! Remember that Gratitude is choosing to appreciate the people and things in our lives. Find a place in your home to display a glass jar. Cut up small slips of paper and place them next to the jar. Use the jar to collect special people, places, events, and memories that your family is thankful for. Find a time each week to add slips of Gratitude to the jar and assist students in writing or drawing gratitude as needed. Having a gloomy day or a challenging time as a family? Pull out the slips of Gratitude and read them aloud together as a reminder of your Grateful moments.

Fourth graders in Mrs. Solie's class earned their Peace Goal of meeting voice level expectations for 5 days. We will celebrate this Friday with a stuffed animal/blanket day.



Mrs. Kappus' third grade class earned their Peace Goal: To listen and participate appropriately to our morning announcements for 10 days. They celebrated with pajama/stuffed animal day.



Mrs. McRaven's second grade class earned their peace goal of showing 5 quickly and quietly 20 times. They are celebrating with a pajama and stuffed animal day.

Counselor Corner



K-2 Classes are continuing to work with our Emotion Elements and are learning about coping skills to use throughout the day. We identified different skills to try during different parts of our day, like at recess, the library and even in the classroom! We also talked about how different coping strategies help different people in the building, even adults! A frequent tool used in the counseling office is a Feelings Thermometer that helps students identify and name their current feeling. Here is a virtual version of the thermometer [OCMH Feelings Thermometer \(wi.gov\)](https://www.wisconsin.gov/ocmh/feelings-thermometer)

3-5 Classes are continuing to work on the Too Good curriculum that promotes self-awareness, healthy coping skills and personal strengths. Our first lesson involved setting reachable goals and students had GREAT goals they shared! Our next lesson will focus on making responsible decisions

Mindfulness Moment

Do you read the Fly Sheet AND practice mindful moments at home? We'd love to hear from you! Maybe your family listens to music, draws, plays outside or makes something to take away stress. **Share your mindfulness moment with Jessica Hoff (jhoff@ecasd.us) or Emily Mandel (esiesmandel1@ecasd.us) for a chance to win a Pop-It Fidget!**

Student Name and Class: _____

Mindfulness moment: _____



The Fly Sheet

Eau Claire Area School District and Community Information

TO INSPIRE AND PREPARE OUR STUDENTS TO LIVE CREATIVE, FULFILLING AND RESPONSIBLE LIVES

Special Education Family Engagement Newsletter

The newsletter is full of great resources and information. Resources for school, home and community supporting students with disabilities.

[November 2023](#)

Hope
GOSPEL | MISSION

THANKS GIVING DAY

Community Dinner

NOVEMBER 23, 2023 | 11:30 AM - 1:00 PM
Hope Renewal Center for Men
2650 Mercantile Drive, Eau Claire

EVERYONE for a **FREE DINNER**
is welcome *for a* Dine-In or Drive-Thru

More Info: hopegospelmission.org

From the Eau Claire Public Library

Are you looking for something to do over Thanksgiving break? Check out their [Thanksgiving break week](#) and [calendar](#).



Winter & Holiday Help



Listed below are organizations and program specific details that offer winter and holiday season assistance. If your family needs assistance in providing cold weather outerwear (coats, snow pants, boots, hats/gloves), please contact your child's school counselor or partnership coordinator. Additionally, if you are able to give back to our great community, please consider a donation to any of the organizations listed below or the ECASD Closet which provides resources to all students and families in need throughout the school year.

Agency	Activity/Program	Date/Time	Contact	Guideline
The Community Table 320 Putnam Street	Thanksgiving Lunch	November 23 rd 11:30-1:00	715-835-4977	Everyone is welcome. Carry-out or dine-in meal. No registration required.
The Community Table 320 Putnam Street	Thanksgiving-In-a-Box <small>*Box will include a turkey + Thanksgiving sides. Food included will be uncooked, so families can prepare in their homes.</small>	Pick-up Tuesday, November 14 th @ The Community Table at scheduled time	Email outreach@thecommunitytable.org to reserve your box or via Facebook.	Boxes will be granted on a first come, first serve basis. Orders must be placed by November 13 th at noon.
Hope Gospel Mission 2650 Mercantile Drive	Thanksgiving Lunch	November 23 rd 11:30-1:00	715-552-5566	Everyone is welcome. Inside sit-down meal offered or drive-through, take-out meal is also an option.
Hope Gospel Mission 2650 Mercantile Drive	Christmas Meal	December 16 th 11:30-1:00	715-552-5566	Everyone is welcome. Inside sit-down meal offered or drive-through, take-out meal is also an option.
The Community Table 320 Putnam Street	Christmas Eve Late Lunch/Early Dinner	December 24 th 3:00-4:00	715-835-4977	Everyone is welcome. Carry-out or dine-in meal. No registration required.
The Community Table 320 Putnam Street	Christmas At The Community Table	December 25 th 9:00-11:00	715-835-4977	Everyone is welcome. Carry-out or dine-in meal. No registration required.
Salvation Army 2211 S. Hastings Way	Toys for Tots <small>(Christmas Toy Assistance Program)</small>	Sign up: Oct. 9-Nov. 22 nd <small>*No late sign-ups will be accepted.*</small> Mon-Thurs, 10:00-12:00 and 1:00-4:00	Amanda 715-834-1224	Application required. Must be picked up at site. Identification for all family members & proof of residency required in application process.
Family Promise of the Chippewa Valley 309 E. Lake Street	Festival of Toys <small>(Christmas Gift Assistance Program)</small>	Sign-up: Oct. 23-Dec. 1 <small>*No late sign-ups will be accepted.*</small> Application Drop-Off/Pick-Up Hours: M-Th 9:00-3:00	Scott 715-834-4357 toys@familypromise.org	Application required. Can be picked up at site or completed online at: www.familypromise.org/christmas . Identification for all family members & proof of residency required in application process.

NOVEMBER 13-17

CONCRETES for a CAUSE

We will donate \$1 from every Concrete Mixer Purchased to Eau Claire Area School District Meal Help Fund

ECASD

Culver's on Brackett Ave, Golf Road, Folsom St.

Our friends at Culver's on Brackett Ave, Golf Road and Folsom St have chosen the ECASD School Meal Help Fund for this year's Concrettes for a Cause. We so appreciate their support of our students and families!