



**TO INSPIRE AND PREPARE OUR STUDENTS TO LIVE CREATIVE, FULFILLING AND RESPONSIBLE LIVES**



**This Week**

**Monday 10/30:** Peace Walk

**Tuesday 10/31:** Classroom parties

**Wednesday 11/1:** All School Meeting

**Thursday 11/2:** Club Invention 3:45-5:15pm

**Friday 11/3:** French Mini Lessons

RCU School \$ense

Weekend Kids Meals

**Saturday 11/4:** PTO Fall Market

9:00am-3:00pm

**Looking Ahead**

**Tuesday 11/7:** Club Invention 3:45-5:15pm

**Thursday 11/9:** Club Invention

3:45-5:15pm

**Friday 11/10:** Veterans Day Assembly

3:00-3:30pm

**Mini French Lessons**

We will be welcoming University students on November 3<sup>rd</sup> for a 30-minute mini-French Lesson to our 2nd through 5th graders. University students will have age-appropriate activities and lessons that introduce children to the French culture.

**All School Meeting**

Each month our school hosts an All School Meeting in the gym. This month's meeting will focus on Gratitude and a share from our Kindergarteners.

These meetings are an opportunity for the whole school to connect and learn more about what is happening in our building. Families of presenting students are welcome to join these meetings! (Families of presenting students will receive an email invite)

# The Fly Sheet

**Week of October 30, 2023**

**Flynn Elementary School**

715.852.3300

Yog koj xav tau tus neeg Hmoob txhais tsab ntwav no ua lus Hmoob rau koj los yog koj muaj lus nug txog tsab ntwav no, hu rau (Saleen Xiong 715-852-3386).

Si desea que alguien le traduzca esta carta o si tiene preguntas, llame a Kresly Rodriguez Martinez al (715) 852-4246



**Weekly Words from Mr. Schmitt**



Click to watch Mr. Schmitt's Weekly Words.

Thank you to the PTO for hosting our Fall Dance on Friday! If you celebrate Halloween, please have a safe night on Tuesday.

This is a good time of year to remind everyone of the importance of routines. This includes when your child wakes up, goes to sleep, and eats. A regular routine schedule helps students when they transition between home and school, and optimizes their learning when they are at school.

**Counselor Corner**

K-2 Classes are continuing to identify emotions this week with the help of our emotion element team. We've discussed how it's even OK to have different feelings all at once. The example I used was that I was excited and nervous at the same time when I was trying new technology out with a lesson.



**Bree**

Bree: Silly, nervous, playful or distracted

Brooks: Sad, lonely, tired, or embarrassed



**Brooks**



**Ember**

Ember: Angry frustrated, excited, or scared

Terra: Calm, focused, proud, or happy



**Terra**

Grades 3-5 are beginning to work on goal setting and decision-making. We'll be talking about short term and long term goals and the steps that go into making (and achieving!) a goal. We've even talked about classroom Peace Goals and how everyone works together cooperatively to accomplish them.

**Mindful Moment**

Check-In: For this activity, notice how you are feeling in the moment. Pause. Ask yourself: What are three high points you had today? What are three low points you had today? No need to analyze, just acknowledge. This is a great end of the day question- you can even minimize it to one high and one low for those extra tired adults or kiddos at the end of the day 😊



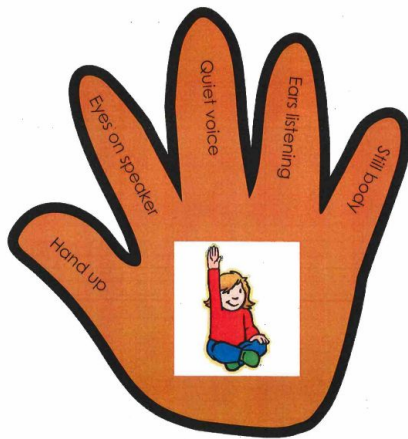
### Hello from the Flynn PTO!

Thanks to everyone who attended the Fall dance. We hope everyone had a great time!

The Fall Craft Market is this Saturday, November 4th from 9am-3pm. Stop by and check out all the vendors and maybe get some holiday shopping done early. This is the biggest market we have ever had!

Have a great week,  
Your Flynn PTO

## Show Five



### Flynn Wear Sale

Are you or your student(s) looking for Flynn Shirts? Now is the time to order! Please use the link below to order your Flynn wear.

Orders must be completed by midnight on

Monday, November 6.

[Order Flynn Shirts Here](#)



# PurposeFULL People

## November is all about Gratitude

One way to think about Gratitude is “**choosing to appreciate the people and things in our lives.**” Practicing Gratitude can increase our well-being and our happiness.

**PurposeFull Pursuit:** What are some small, specific things that you are Grateful for? Maybe it is your favorite water cup, the way the cat sleeps on the chair, or when your grandma bakes banana bread. Spend some time as a family trying to think of at least 10 small things that you have Gratitude for and then choose to notice them this week with a smile.

**Conversation Starter:** When someone shows you Gratitude, how does it make you feel? Why?

### VETERAN'S DAY PROGRAM

We will host our annual Veterans Day Program on Friday, November 10 at 3:00pm. We would love to honor those who have served in our Armed Forces. Please check student folders (or backpacks) for a signup sheet. Or [click here](#) for the form.

### Scenes from Flynn

Mrs. Hutchin's class met their peace goal of 10 days of listening ears and zero voices during the morning announcements. Students celebrated with bubble gum chewing all morning in the classroom!



Mrs. Danelski's class met their Peace Goal of 'showing 5' ten times for ten days. They are celebrated with a pajama and stuffed animal day.



An attitude of **gratitude** can help children find contentment instead of always asking for more, more, more.

We at [Royal Credit Union School Sense](#) are **grateful** for all of our Super Savers! We do a little happy dance each time we see students get excited about saving money and working to build strong financial skills.

Your Flynn Royal School \$ense is open every Friday morning to help your child get excited about saving and helping their school. As our way to say **THANK YOU**, we will have a **Tootsie Roll Promotion** on November 17 and December 1! All savers who fill out the folded transaction slip in their pouch will receive a tootsie roll! Remember that Royal donates \$250 to your school for every 500 deposits made.

If you would like to get your child signed up for our School \$ense program, follow this link to get started to [www.rcu.org/schoolaccounts](http://www.rcu.org/schoolaccounts). We welcome any questions about Royal School \$ense. Please contact Rachel Orlovsky at [rachel.orlovsky@rcu.org](mailto:rachel.orlovsky@rcu.org).



# The Fly Sheet

## Eau Claire Area School District and Community Information

TO INSPIRE AND PREPARE OUR STUDENTS TO LIVE CREATIVE, FULFILLING AND RESPONSIBLE LIVES

### News from our School Based Mental Health Coordinator

October 10<sup>th</sup> was World Mental Health Day. It is an international day for global mental health education, awareness and advocacy against social stigma. It was first celebrated in 1992 at the initiative of the World Federation for Mental Health, a global mental health organization with members and contacts in more than 150 countries. This day, each October, thousands of supporters come to celebrate this annual awareness program to bring attention to mental illness and its major effects on people's lives worldwide. Attached is a resource to help support our efforts in eliminating stigma around mental health. [Eliminating Stigma](#)

Learn more about our School Based Mental Health Program at <https://go.ecasd.us/schoolmentalhealth> or by contacting Shannon McRaith at [smcraith@ecasd.us](mailto:smcraith@ecasd.us) or 715-852-3067.

### From the Eau Claire Public Library

Check out their [calendar of programs and events](#) for September.

### Special Education Family Engagement Newsletter

The newsletter is full of great resources and information. Resources for school, home and community supporting students with disabilities.

[October 2023](#)



Do children in your family receive BadgerCare Plus? Do adults in your family receive Medicaid? Please read this important information.

For the past three years (during and just after the covid pandemic), annual renewals have been on hold. Now, Wisconsin is once again requiring annual renewals for BadgerCare Plus and Medicaid. Members should make sure they renew at the just right time—not too early or too late.

Here's how it works. The state needs to check your income, assets, and household details every year. This process is called a renewal. It starts with knowing your assigned renewal month. Then, make sure you renew at the "just right" time — not too early and not too late.

- Go to [dhs.wi.gov/renew](https://dhs.wi.gov/renew).
- Follow the instructions to find your renewal month
- Sign up for email reminders
- Send in your information before the due date early in your renewal month. The easiest way is through your ACCESS account at [access.wi.gov](https://access.wi.gov).