



**TO INSPIRE AND PREPARE OUR STUDENTS TO LIVE CREATIVE, FULFILLING AND RESPONSIBLE LIVES**



**This Month**

National School Principals Month

**This Week**

**Monday 10/23:** Peace Walk- please send student(s) with appropriate clothing for the weather

Pop Tabs Challenge

Picture Retake

**Friday 10/27:** RCU School \$ense

Weekend Kids Meals

[PTO Fall Dance](#) 5:00-7:00

**Looking Ahead**

**Monday 10/30:** Peace Walk

**Tuesday 10/31:** Classroom parties

**Wednesday 11/1:** All School Meeting

**Thursday 11/2:** Club Invention 3:45-5:15pm

**Friday 11/3:** French Mini Lessons

RCU School \$ense

Weekend Kids Meals

**Saturday 11/4:** PTO Fall Market

9:00am-3:00pm

**Don't forget to order this year's school pictures.**

Enjoy 10% off your order.

Code: [F202310OFF](#)

**All School Meeting**

Each month our school hosts an All School Meeting in the gym. This month's meeting will focus on Gratitude and a share from our Kindergartners.

These meetings are an opportunity for the whole school to connect and learn more about what is happening in our building. Families of presenting students are welcome to join these meetings! (Families of presenting students will receive an email invite)

# The Fly Sheet

**Week of October 23, 2023**

**Flynn Elementary School**

715.852.3300

Yog koj xav tau tus neeg Hmoob txhais tsab ntwv no ua lus Hmoob rau koj los yog koj muaj lus nug txog tsab ntwv no, hu rau (Saleen Xiong 715-852-3386).

Si desea que alguien le traduzca esta carta o si tiene preguntas, llame a Kresly Rodriguez Martinez al (715) 852-4246



**Weekly Words from Mr. Schmitt**



Click to watch Mr. Schmitt's Weekly Words.

We are excited for you to attend the PTO Fall Dance on Friday! Please remember that parents/guardians need to be with their children, and that the dance is only on the blacktop (not in the fields or on the playground equipment). That strategy allows for a more peaceful and enjoyable experience for everyone. Also, please remember that appropriate costumes are encouraged for the Fall Dance, and that we do not wear costumes at Flynn during the school day (on Friday, Halloween, or other days!). Each classroom will be holding a Fall Classroom Party on October 31, as well. Students do not wear costumes for these parties.

**Counselor Corner**

In K-2 counseling lessons, we are talking about identifying different emotions this week. We met the emotion elements Bree, Brooks, Terra and Ember!

Bree helps show us that it's ok to be distracted, silly, playful and nervous. Brooks helps us learn about the emotions involving sadness, embarrassment, tiredness and loneliness. Terra helps us understand the emotions of being calm, focused, happy and proud. Finally, Ember shows us that it is ok to be mad, scared, frustrated and excited. We talked about how it is ok to feel different emotions at the same time! I even shared with the Kindergartners that I was feeling a little nervous (Bree) and excited (Ember) when I presented my lesson for the first time with them!



Feeling overwhelmed?! Breathing exercises are a great way to calm yourself. Try this DRAGON PUFFS breathing exercise: Sit up straight. Breathe in then push out your breath like you're blowing out a fireball.

**Pop Tabs Challenge**

**On Monday, we will start collecting Pop Tabs.**

The pop tabs collected are taken to a recycling partner and are exchanged for funds to be donated to directly support the children and families staying at the Ronald McDonald House in Marshfield, WI.



### Hello from the Flynn PTO!

We hope everyone is enjoying this fall weather. Our Fall Dance is coming up quickly!

It's on **Friday, October 27th from 5-7 pm** at Flynn on the blacktop.

A couple things to know:

It's going to be a great time for everyone!

Costumes are encouraged!

There will be a trick or treat parade at the end. Families are welcome to bring candy to handout during this time. There are about 240 students.

Friendly reminder, all kids must be accompanied by an adult.

We hope to see you all there!!

Want to volunteer at the dance? There are just a few spots left to fill for this fun event. Below is the link to sign up.

[Flynn Elementary: Flynn Fall Dance 2023 \(signupgenius.com\)](https://signupgenius.com)

Have a great week!  
Your Flynn PTO

### Culver's Night

A big shout to our Flynn Flyer Families! Flynn was able to raise \$1,062.53 for our PTO through our Culver's Night. That means the entire school will get to enjoy a frozen custard party and a visit from Scoopie!

### Reminder

Items from home are prohibited at school unless they are used for academic purposes and prior approval was made. If students have toys or gadgets at school, staff may confiscate it. Students are welcome to pick up their belonging sat the end of that day.

# PurposeFULL People

## October is all about RESPONSIBILITY

One way to define Responsibility is "taking action and understanding the impact of our choices."

Following directions can be challenging for young students! An important way we will practice Responsibility is learning to follow directions. **Strong Listening** is foundational for following directions. When we listen with our whole selves, following directions (and practicing Responsibility) becomes much easier!

### Steps for Strong Listening:

1. Eyes are ready (point to your eyes)
2. Ears are listening (cup your ears)
3. Brain is focused (point to your brain)
4. Heart is caring (put your hand on your heart)



### Strategies for Following Directions:

1. Pay attention to directions with Strong Listening
2. Ask questions if you are confused
3. Do what you are asked to do the first time



### Scenes from Flynn



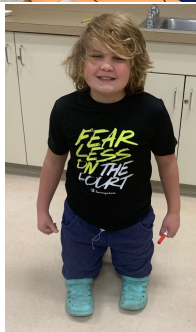
Kai brought our Flynn Peace flag all the way to the Grand Canyon, AZ!  
Keep Spreading Peace Flynn Flyers!



Mrs. Stanislawski's 3rd grade class met their peace goal of receiving 10 compliments from other adults in the building by being either responsible or respectful.



This month's buddy activity was a Pumpkin Roll. Students rolled dice to indicate what part of the pumpkin face to draw.



We love seeing the silly side of students.

Students earned their peace goal of checking out with a level 1 (whisper) three times.  
5C had a blanket/stuffed animal celebration.  
2M and 4S celebrated with an extra book at check out time.



# The Fly Sheet

## Eau Claire Area School District and Community Information

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### News from our School Based Mental Health Coordinator

October 10<sup>th</sup> was World Mental Health Day. It is an international day for global mental health education, awareness and advocacy against social stigma. It was first celebrated in 1992 at the initiative of the World Federation for Mental Health, a global mental health organization with members and contacts in more than 150 countries. This day, each October, thousands of supporters come to celebrate this annual awareness program to bring attention to mental illness and its major effects on people's lives worldwide. Attached is a resource to help support our efforts in eliminating stigma around mental health. [Eliminating Stigma](#)

Learn more about our School Based Mental Health Program at <https://go.ecasd.us/schoolmentalhealth> or by contacting Shannon McRaith at [smcraith@ecasd.us](mailto:smcraith@ecasd.us) or 715-852-3067.

### From the Eau Claire Public Library

Check out their [calendar of programs and events](#) for September.

### Special Education Family Engagement Newsletter

The newsletter is full of great resources and information. Resources for school, home and community supporting students with disabilities.

[October 2023](#)

Do children in your family receive BadgerCare Plus? Do adults in your family receive Medicaid? Please read this important information.

For the past three years (during and just after the covid pandemic), annual renewals have been on hold. Now, Wisconsin is once again requiring annual renewals for BadgerCare Plus and Medicaid. Members should make sure they renew at the just right time—not too early or too late.

Here's how it works. The state needs to check your income, assets, and household details every year. This process is called a renewal. It starts with knowing your assigned renewal month. Then, make sure you renew at the "just right" time — not too early and not too late.

- Go to [dhs.wi.gov/renew](https://dhs.wi.gov/renew).
- Follow the instructions to find your renewal month
- Sign up for email reminders
- Send in your information before the due date early in your renewal month. The easiest way is through your ACCESS account at [access.wi.gov](https://access.wi.gov).

**October is National Bullying Prevention Month**, and the Department of Education wants to remind you that preventing bullying and harassment in schools takes all of us—from students and families to educators to school, district, and state educational leaders.

[Help Children Build Resilience | StopBullying.gov](#)

**National Prescription Drug Take-Back Day**  
Saturday, October 28th  
10 a.m. to 2 p.m.

Dispose of your expired or unwanted medications at a drop-off location!

**Marshfield Medical Center - Eau Claire**  
2116 Craig Road  
Medical Offices - Door B  
(curbside service - no need to get out of your car!)

**Altoona Emergency Services**  
1904 Spooner Avenue

The National Prescription Drug Take-Back event is hosted by the Wisconsin Department of Justice (DOJ) and the Drug Enforcement Administration (DEA) and is coordinated locally by the Eau Claire County Sheriff's Office, Altoona Police Department, Marshfield Clinic Health System, Village of Fall Creek Police Department, Eau Claire City-County Health Department, and the Eau Claire Health Alliance - Substance Misuse Action Team.

## National Prescription Drug Take-Back Day

Unused or expired medications should never be flushed, poured down the drain, or tossed in the garbage. Safely dispose of prescription medicine, over-the-counter medications, ointments, patches, creams, non-aerosol sprays, vials, and pet medications at a Prescription Drug Take-Back event on Saturday, October 28th from 10a.m. to 2p.m.!

Get more information on the take-back at [EHealthAlliance.org](https://EHealthAlliance.org).

This information is provided by the Eau Claire Health Alliance - Substance Misuse Action Team, which works to prevent alcohol, tobacco, and other drug misuse. Learn more at: [ehealthalliance.org](https://ehealthalliance.org)