

# The Fly Sheet

Week of October 2, 2023

## Flynn Elementary School

715.852.3300

TO INSPIRE AND PREPARE OUR STUDENTS TO LIVE CREATIVE, FULFILLING AND RESPONSIBLE LIVES







### **This Month**

September 15 through October 15, Hispanic Heritage Month

### **This Week**

Monday 10/2: Peace Walk
Northlakes Dental
National Custodial Workers Recognition
Day

**Tuesday 10/3:** RCU Training for 5th Grade Northlakes Dental

Wednesday 10/4: National Walk to School

Day (see last page for more details)

All School Meeting Northlakes Dental

Thursday 10/5: Fire Safety for K-3 Friday 10/6: Weekend Kids Meals Sunday 10/8: PTO Fall Carnival 1-4pm

#### **Looking Ahead**

Monday 10/9: PTO Meeting at 6:30 in Flynn Library National School Lunch Week Indigenous Peoples' Day Tuesday 10/10: Culver's Night Thursday 10/12: NO SCHOOL Family/Teacher Conferences Friday 10/13: NO SCHOOL

### **All School Meeting**

Monday 10/16: NO SCHOOL

Each month our school hosts an All School
Meeting in the gym. These meetings are
an opportunity for the
whole school to connect and learn
more about what is happening in our
building. Families of presenting
students are welcome to join these
meetings! (Families of presenting
students will receive an email invite)

Yog koj xav tau tus neeg Hmoob txhais tsab ntawv no ua lus Hmoob rau koj los yog koj muaj lus nug txog tsab ntawv no, hu rau (Mai Vee Lee 715-852-3331).

Si desea que alguien le traduzca esta carta o si tiene preguntas, llame a Kresly Rodríguez Martínez al (715) 852-4246

### Weekly Words from Mr. Schmitt

Click to watch Mr. Schmitt's Weekly Words.

We have completed our first set of assessments of our students. This creates a baseline for us to monitor the progress of our students during the school year. Over the course of this week, we will meet in teams to plan for how we will create individual supports for each student to succeed. These supports most often will occur during "Target Time," which is a 30-minute block of time in the student's schedule. You will receive a communication from one of our interventionists if your student will be working with them during this time. Some students will continue to work with their classroom teacher during that time. These efforts are being done to help each student reach their academic and social and emotional potential!

### **Counselor Corner**

5...4...3...2...1...

Are you or your child feeling overwhelmed with the start of the school year?! Chances are, you aren't alone! A helpful technique to try might be the *54321 Grounding technique* during times you're feeling stressed. You can even model this with your kids at home. Here's how it goes: Begin by taking focused, slow breaths and then notice: **5** things you can *see* **4** things you can *feel* **3** things you can *hear* **2** things you can *smell* and **1** thing you can *taste*.

### **Meet the Staff**

Mrs. Rizzo
Behavioral
Interventionist
Superpower: Being
curious
3 words that
describe Mrs. Rizzo:
Reflective, sincere.

intentional



Mrs. Thurner
Social Worker
Superpower:
making homemade
ice cream
3 words that
describe Mrs.
Thurner: Curious,
talkative, problem
solver



### **Hello from the Flynn PTO!**

Hello Flynn Families! We are SO CLOSE to our first big event, The Fall Carnival. This is our first fundraiser for our Playground Project Upgrade.

We need your help to make this event happen!

Here are ways you can help: Volunteer for a shift!

Flynn PTA: 2023 Flynn Fall Carnival Fundraiser (signupgenius.com)

Donate! We are still looking for donations for our prize drawing baskets as well as candy for prizes at the carnival. Take a minute to look at the flyer sent home with you child that talks about the different themes for the baskets.

Come to the Event!
Spread the word to your Friends
and Family!

Have a great week, Your Flynn PTO

Monday is **Custodial Workers Recognition Day**. We are incredibly appreciative of our custodial staff, who are working hard to keep our buildings clean and safe for our students and staff. Thank you, Mrs.

Steffen, for all you do!



# Perpetuli Perple

# October is all about RESPONSIBILITY

One way to define Responsibility is "taking action and understanding the impact of our choices." Taking action can mean doing the

right thing or completing the tasks you have been assigned. Understanding the impact of our choices means that our actions matter. Positive and responsible actions can help people and irresponsible actions can hurt others. While practicing Responsibility this month, students will be focusing on flexible thinking. Students will work on their ability to adapt to new situations and challenges by finding multiple solutions to different problems.

One of the ways we will be practicing these flexible thinking skills is by setting TOP Goals

### TOP stands for...

- Target: Visualize your goal and think about why this is important for you.
- Obstacles: Plan for challenges. If \_\_\_\_ gets in the way, then what can you
  - Plan: Create 3 action steps you will need to take to complete your goal.

**Conversation Starter:** Can you describe how flexible thinking helps you to make Responsible choices?

### **Scenes from Flynn**

We had a blast at our Flynn Family Social. We are were so happy to see all the smiling faces so early in the morning. We look forward to more Flynn Family events. Click on the photo to see more.



Day. Click on the video to enjoy your students

singing about peace.

A huge thank you to Indianhead Kiwanis Club for their generous donation. This gift will be used to help keep our Flynn Flyers warm this winter.

Second grade enjoyed a field trip to Beaver Creek Reserve. Click on the photo to see more.







### **Volunteer Opportunities**

- Recess Assistance: We are looking for responsible volunteers during recess. Volunteers will play with students, teach them outdoor games, and be an extra set of hands/eyes.
- Compost Supervisor: Kindergarten and 1st grade lunch M-F 12:15-1:00pm
- Clerical work: help make copies, count and sort items for teachers
- PTO events (see PTO section)
- Outdoor clean-up around building



# The Fly Sheet

## Eau Claire Area School District and **Community Information**

TO INSPIRE AND PREPARE OUR STUDENTS TO LIVE CREATIVE, FULFILLING AND RESPONSIBLE LIVES

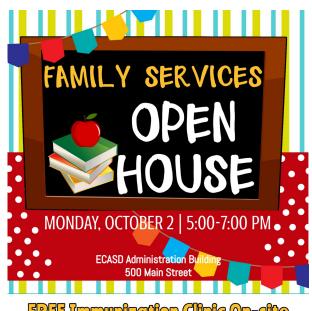
### National Walk to School Day, 1st Wednesday in October

It's National Walk to School Day! We know that not everyone has the ability to walk to school today. But if you do, we want you to do so safely. Be sure to know your route, always cross at crosswalks and look both ways before crossing. Find more safety tips at:

https://riseandshine.childrensnationa I.org/staying-safe-while-walking-to-s chool/.

### Hispanic Heritage Month, September 15-October 15

Today marks the start of Hispanic Heritage Month, which runs from September 15 to October 15! This month serves to highlight and celebrate the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America. Learn more at https://hispanicheritagemonth.go v/.



FREE Immunization Clinic On-site

Skywerd & Cenver Assistance





### **Back to School Emotional Wellness**

Returning to school can be stressful! It's normal for children to feel anxious during this time. Here are a couple tips on how to ease their worries:

- 1. Communicate: Check in with your child(ren) often. Acknowledge your child's fears and let them know you understand and that it's normal to feel anxious.
- 2. Encourage In-Person Social Interactions: Spending time with friends outside of school can make the transition smoother and more enjoyable.
- 3. Create and Continue Routines: Establishing bedtimes, eating healthy meals, and setting aside time for homework and relaxation can help your child adjust to the school year.

This information is provided by the Eau Claire Health Alliance - Substance Misuse Action Team, which works to prevent alcohol, tobacco, and other drug misuse. Learn more at: www.getinvolvedasap.org