



**All about the /SH/ sound**

The /sh/ is a sound made by pushing air over the tongue with the lips rounded. The tongue is a little behind the position for “s”.

**Some common errors for the /SH/ sound**

- A common error is “s” for the “sh” sound (“fis” for “fish”).
- Some children stop the flow of air over their tongue (“fit” for “fish”).

**Awareness activities to develop a child’s recognition of the /SH/ sound in everyday conversations**

- Emphasize the /sh/ sound in your speech.  
Example: Parent: “Squishh the play dough.” “Hey, squishh has a /sh/ sound. Listen, squishh.”  
For older children, provide the sound’s name too: “Squishh ends with /sh/.”
- Emphasize /sh/ words within your child’s everyday speech.  
Example: Child: “A fish.” Parent: “A fishh?” “Swim, fishh, swim! I think that is a gold fishh.”

**Cue child’s production of /SH/ using corrective feedback strategies in everyday conversations**

Child says: “fis” (for fish)

Adult responds with a strategy that best fits the moment:

- Provide a good Model of the /SH/ by saying the word again slowly and clearly:* “Fishh.”
- Provide a Visual Cue:* Point to your rounded your lips, emphasize the /SH/ sound as you say “Fishh.”
- Provide a Verbal Cue:* “Listen to the /SH/ sound. Fishh. I feel air on my finger when I say the /SH/.”
- Provide Feedback:* “I heard the /sssss/ sound when you said fishh.”
- Use a Communication Breakdown technique:* “A fis?”

**Target Sound Practice designed to give children many opportunities to say the /SH/ correctly**

Learning speech sounds takes practice. The speech/language pathologist will assign one targeted speech sound for the child to work on each week. Find a quiet, consistent time each day to practice with the child.

**Activity One: Awareness Activities for /SH/ before Target Sound Practice**

- Use the Listening List (below) to heighten awareness of the /SH/ before target sound practice sessions.

**Activity Two: Target Sound Practice for /SH/ with words and picture cards**

- Use the Target Sound Picture Cards (next page) and activities to give the child many opportunities to practice saying the /SH/ sound correctly in words. Provide the child with feedback on how he/she is doing as they practice (e.g. “Great Job!”, “That was close, say it again after me.”)

**Cueing strategies to get correct production of /SH/ during Target Sound Practice**

Child says: “dis” (for dish)

- Point to your mouth and say “watch me” as you demonstrate with rounded lips
- Put your pointer finger fingers in front of your lips to give a visual cue and say “dishh.”
- Say, “Let’s try that again, dishh.” Remember to emphasize the /SH/ sound.

**Listening List /SH/ at the End**

Say these words to your child. Have them watch and listen without repeating the word.

push	hash	wish	clash
rash	dish	bush	dash
cash	fish	finish	sash



Target Sound Practice Cards

**fish**



**wash**



**cash**



**push**



**dish**



**leash**



**fish**



**wash**



**cash**



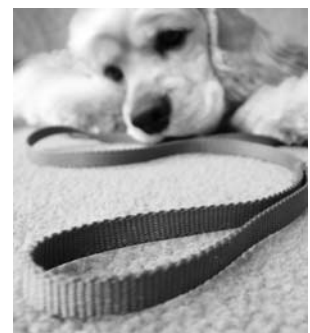
**push**



**dish**



**leash**





### Carrying over Practice to other Times of the Day

Cut apart the cards below. Put these cards in different places in your home, in the child's daycare and/or school. This allows the child practice throughout the day and helps remind us the importance of using good speech skills all the time, not just at practice time. It also helps transfer correct productions into other environments, with other people, and in other word contexts. Examples of places to put these cards are:

on the bathroom mirror  
on the refrigerator  
in the car during travel

on his/her cubbie at daycare/school  
on the doorway leaving the classroom  
on his/her pillow to say before bed

<p>Ask me to say these words: wash fish dish push</p>	<p>Ask me to say these words: wash fish dish push</p>
<p>Ask me to say these words: wash fish dish push</p>	<p>Ask me to say these words: wash fish dish push</p>
<p>Ask me to say these words: wash fish dish push</p>	<p>Ask me to say these words: wash fish dish push</p>
<p>Ask me to say these words: wash fish dish push</p>	<p>Ask me to say these words: wash fish dish push</p>



**Child's Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**SOUND PROBE – SH at the end of words**

Please complete this after you have finished the entire home program with your child. You will complete a different sound probe for each set of target words you were given. This will give us an idea of how well the target sounds transferred to words that were not practiced by your child.

Instructions:

- Say these words as naturally as possible to your child
- Have your child repeat these words after you
- Listen only for the target sounds that were practiced
- Check the appropriate box next to each word

	Correct	Incorrect
MASH	<input type="checkbox"/>	<input type="checkbox"/>
HUSH	<input type="checkbox"/>	<input type="checkbox"/>
RASH	<input type="checkbox"/>	<input type="checkbox"/>
TRASH	<input type="checkbox"/>	<input type="checkbox"/>
SMASH	<input type="checkbox"/>	<input type="checkbox"/>

Use this area to provide specific comments or questions about progress: