All about the /M/ sound

 \rightarrow The m/ is made by holding our lips together and turning on your voice.

Some common errors for the /M/ sound

 \rightarrow Children omit or leave off the /m/ at the end of the word.

${f A}$ wareness to develop a child's recognition of the /M/ sound in everyday conversations

- → Emphasize the /M/ sound in your speech. Example: Parent: "We are having ham. The word ham has a /m/ sound. Listen, hammmmmm."
- \rightarrow Emphasize /M/ words within your child's speech.
 - Example: Child: "I want gu." Parent: "Gum?" "Okay, let's find some gummmmm."

Cue child's production of /M/ using corrective feedback strategies in everyday conversations Child says: "tea" (for team)

Adult responds with a strategy that best fits the moment:

Provide a good Model of the /M/ by saying the word again slowly and clearly: "Tea<u>m</u>." Provide a Visual Cue: Hold your index finger on your bottom lip to give a visual cue while emphasizing the /M/ sound. "Tea<u>mmm</u>."

Provide a Verbal Cue: "Look at my lips. Watch me, tea<u>mmm</u>." *Provide Feedback:* "I didn't hear the mmm when you said tea<u>mmm</u>."

Use a Communication Breakdown technique: "Tea? Oh, you mean teammm."

Target Sound Practice designed to give children many opportunities to say the /M/ correctly

Learning speech sounds takes practice. The speech/language pathologist will assign one targeted speech sound for the child to work on each week. Find a quiet, consistent time each day to practice with the child.

Activity One: Awareness Activities for /M/ during Target Sound Practice

 \rightarrow Use the Listening List (below) to heighten awareness of the /T/ before target sound practice sessions.

Activity Two: Target Sound Practice for /M/ with words and picture cards

→ Use the Target Sound Picture Cards (next page) and activities to give the child many opportunities to practice saying the /M/ sound correctly in words. Provide the child with feedback on how he/she is doing as they practice (e.g. "Great Job!", "That was close, say it again after me.")

Cueing strategies for /M/ during Target Sound Practice

Child says: "Tea" (for team)

- \rightarrow Say, "Let's try that again." "Tea<u>mmm</u>."
- \rightarrow Point to your lips. Say "Watch me. Tea<u>mmm</u>."
- \rightarrow Point to your bottom lip to give a visual cue and emphasize the /M/ sound as you say, "Tea<u>mmm</u>."

Listening List /M/ at the end

Say these words to your child. Have them watch and listen without repeating you.

clam	cream	bum	foam
yam	dream	grim	jam
Sam	seam	farm	drum

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Target Sound Practice Cards team ham gum minin

mom

game

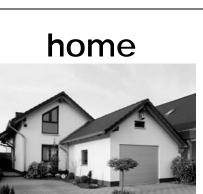
ham

game

team

mom





home

gum

mann

Carrying over Practice to other Times of the Day

Cut apart the cards below. Put these cards in different places in your home, in the child's daycare and/or school. This allows the child practice throughout the day and helps remind us the importance of using good speech skills all the time, not just at practice time. It also helps transfer correct productions into other environments, with other people, and in other word contexts. Examples of places to put these cards are:

on the bathroom mirror	on his/her cubbie at daycare/school
on the refrigerator	on the doorway leaving the classroom
in the car during travel	on his/her pillow to say before bed

Ask me to say these words:	Ask me to say these words:	
home	home	
game	game	
mom	mom	
gum	gum	
Ask me to say these words:	Ask me to say these words:	
home	home	
game	game	
mom	mom	
gum	gum	
Ask me to say these words:	Ask me to say these words:	
home	home	
game	game	
mom	mom	
gum	gum	
Ask me to say these words:	Ask me to say these words:	
home	home	
game	game	
mom	mom	
gum	gum	



Child's Name:

Date:

SOUND PROBE - M at the end of words

Please complete this after you have finished the entire home program with your child. You will complete a different sound probe for each set of target words you were given. This will give us an idea of how well the target sounds transferred to words that were not practiced by your child.

Instructions:

- Say these words as naturally as possible to your child
- Have your child repeat these words after you
- Listen only for the target sounds that were practiced
- Check the appropriate box next to each word

BEA <u>M</u>	Correct	Incorrect
BAL <u>M</u>		
CAL <u>M</u>		
LOO <u>M</u>		
CHAR <u>M</u>		

Use this area to provide specific comments or questions about progress: