



### *All about the /F/ sound*

→ The /f/ is a sound made in the front of the mouth by placing the front teeth on the bottom lip and blowing air out the front of the mouth. This is the ‘spray can’ sound.

### *Some common errors for the /F/ sound*

- Some children use a /b/ for /f/ (“lab” for “laugh”)
- Some children use a /p/ for /f/ (“ip” for “if”)

## **A**wareness activities to develop a child’s recognition of the /F/ sound in everyday conversations

→ Emphasize the /F/ sound in your speech

Example: Adult: “I love to laughh. Listen, laughh has our ‘f’ sound. Laughh.”

→ Emphasize /F/ words within the child’s speech

Example: Child: “Look, a leap.” Adult: “Leaffff? That is a leaff. The leaff fell off the tree.”

## **C**ue child’s production of /F/ using corrective feedback strategies in everyday conversations

Child says: “op” (for “off”)

Adult responds with a strategy that best fits the moment:

*Provide a good Model of the /F/ by saying the word again slowly and clearly:* “Offf.”

*Provide a Visual Cue:* Point to your bottom lip and emphasize the /F/ sound as you say “Offff.”

*Provide a Verbal Cue:* “Listen to the /F/ sound. Offff. I use my teeth on my lip to make a /f/.”

*Provide Feedback:* “I saw your lips come together when you said offf.”

*Use a Communication Breakdown technique:* “Did you say “op” or “off?”

## **T**arget Sound Practice designed to give children many opportunities to say the /F/ correctly

Learning speech sounds takes practice. The speech/language pathologist will assign one targeted speech sound for the child to work on each week. Find a quiet, consistent time each day to practice with the child.

### *Activity One: Awareness Activities for /F/ before Target Sound Practice*

→ Use the Listening List (below) to heighten awareness of the /F/ sound before target sound practice sessions.

### *Activity Two: Target Sound Practice for /F/ with words and picture cards*

→ Use the Target Sound Picture Cards (next page) and activities to give the child many opportunities to practice saying the /F/ sound correctly in words. Provide the child with feedback on how he/she is doing as they practice (e.g. “Great Job!”, “That was close, say it again after me.”)

### *Cueing strategies to get correct production of /F/ during Target Sound Practice*

Child says: “knipe” (for “knife”)

→ Say, “Let’s try that again. “Knifffffe.”

→ Point to your mouth. Say “Watch me. Knifffffe.”

→ Put your fingers on your bottom lip to give a visual cue and say, “Knifffffe.”

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## Listening List /F/ at the End

Say these words to your child. Have them watch and listen without repeating the word.

wolf

chef

huff

buff

arf

laugh

fluff

cuff

scarf

half

scruff

gruff



Target Sound Practice Cards

off



leaf



loaf



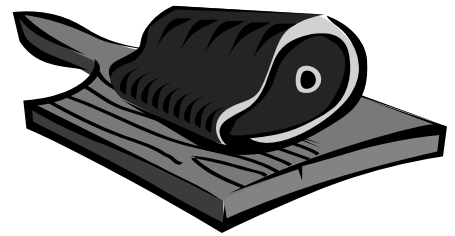
knife



laugh



beef



off



leaf



loaf



knife



laugh



beef





## Carrying over Target Sound Practice to other Times of the Day

Cut apart the cards below. Put these cards in different places in your home, in the childcare and/or school. This allows the child practice throughout the day and helps remind us the importance of using good speech skills all the time, not just at practice time. It also helps transfer correct productions into other environments, with other people, and in other word contexts. Examples of places to put these cards are:

on the bathroom mirror  
on the refrigerator  
in the car during travel

on his/her cubbie at daycare/school  
on the doorway leaving the classroom  
on his/her pillow to say before bed

Ask me to say these words: laugh off leaf knife	Ask me to say these words: laugh off leaf knife
Ask me to say these words: laugh off leaf knife	Ask me to say these words: laugh off leaf knife
Ask me to say these words: laugh off leaf knife	Ask me to say these words: laugh off leaf knife
Ask me to say these words: laugh off leaf knife	Ask me to say these words: laugh off leaf knife



**Child's Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**SOUND PROBE - F at the end of words**

Please complete this after you have finished the entire home program with your child. You will complete a different sound probe for each set of target words you were given. This will give the speech/language pathologist an idea of how well the target sounds transferred to words that were not practiced by your child.

Instructions:

- Say these words as naturally as possible to your child
- Have your child repeat these words after you
- Listen only for the target sounds that were practiced
- Check the appropriate box next to each word

	Correct	Incorrect
HAL <u>F</u>	<input type="checkbox"/>	<input type="checkbox"/>
DO <u>FF</u>	<input type="checkbox"/>	<input type="checkbox"/>
SA <u>FE</u>	<input type="checkbox"/>	<input type="checkbox"/>
CA <u>LF</u>	<input type="checkbox"/>	<input type="checkbox"/>
SN <u>IFF</u>	<input type="checkbox"/>	<input type="checkbox"/>

Use this area to provide specific comments or questions about progress: