

Eau Claire Area Youth Track Club

# Eau Claire Cruisers

The mission of the Eau Claire Area Youth Track Club is to offer children in the Eau Claire and surrounding communities the opportunity to learn about the sport of track and field, while also learning about character traits necessary for successful participation in youth athletics. The Eau Claire Cruisers promote and encourage leading a healthy and active lifestyle, learning the sport of track and field, supporting one another, and having fun!

**Who:** Any youth in 1<sup>st</sup> through 8<sup>th</sup> grades (Grade level entering in the Fall of 2018)

**Where:** The Eau Claire Cruisers will practice and learn at South Middle School on the outdoor track; see calendar dates below!

**When:** Practices will be held on Sunday afternoons from 3:00-4:30pm.

**Contact Information:** For any questions or concerns, please contact Club Director:

Erin Johnson

[erinjohnson17@hotmail.com](mailto:erinjohnson17@hotmail.com)

Please send all completed registration forms to:

Erin Johnson

811 Taft Ave, Eau Claire, WI 54701




# KICK OFF EVENT!

Learn about the Track Club at the Eau Claire Marathon Cheri Uelmen Fantastically Fun Kid's Run on Saturday, May 5<sup>th</sup>!

Look for the Eau Claire Cruisers Track Club table to sign up and receive more information about our first season this Spring/Summer!

## Eau Claire Cruisers 2018 Practice and Event Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		May 1	May 2	May 3	May 4	May 5 <b>KICK OFF EVENT</b> 
May 6 <b>Eau Claire Marathon Cheer Station!</b>	May 7	May 8	May 9	May 10	May 11	May 12
May 13 <b>Practice #1</b> Events: 100 meter and long jump Trait: Courage	May 14	May 15	May 16	May 17	May 18	May 19
May 20 <b>Practice #2</b> Events: 200 meter and high jump Trait: Perseverance	May 21	May 22	May 23	May 24	May 25	May 26
May 27 NO PRACTICE	May 28 Memorial Day Weekend	May 29	May 30	May 31	June 1	June 2
June 3 <b>Practice #3</b> Events: 400 meter and javelin Trait: Integrity	June 4	June 5	June 6	June 7	June 8	June 9
June 10 <b>Practice #4</b> Events: 800 meter and shot put Trait: Sportsmanship	June 11	June 12	June 13	June 14	June 15	June 16
				June 14 <sup>th</sup> -18 <sup>th</sup> : Wisconsin USAT&F Association Youth Championships, Waukesha, WI		
June 17 <b>Practice #5</b> Events: 1600 meter and discus Trait: Respect	June 18	June 19	June 20	June 21	June 22	June 23
June 24 <b>Practice #6</b> Events: Hurdles and triple jump Trait: Cooperation	June 25	June 26	June 27	June 28	June 29 <b>Final Practice #7</b> Family Fun Run Finale! 6-7pm Theme: American Flags and Red/White/Blue!	June 30

Optional dates to keep in mind, with more information to follow:

Wisconsin Badger State Games Track and Field Meet

Wisconsin USAT&F Youth Junior Olympics

Eau Claire Area Youth Track Club  
**Eau Claire Cruisers**



Participation Enrollment Form

Child's Name: \_\_\_\_\_

Gender: M / F

Grade (entering grade in Fall 2018): \_\_\_\_\_

School child attends: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Email and Address Contact Information: \_\_\_\_\_

Indicate T-Shirt Size:

Size of shirt: Youth Small / Youth Medium / Youth Large / Youth X-Large

Registration Fee:

Individual Child \$20 \_\_\_\_\_

Family Fee (3+ children) \$50 \_\_\_\_\_

Scholarship Needed \_\_\_\_\_

Willing to sponsor another child \_\_\_\_\_

Parent Practice Interest:

Hey parents! If you have a background in the sport of Track and Field, please consider volunteering your time to help with the event practices that you share some expertise. If interested, please indicate below the events you feel comfortable helping with:

YES! I can help with the following events listed below! \_\_\_\_\_

NO, sorry! I will be learning right along with my child! \_\_\_\_\_

Sprinting Events		Hurdles		Shot Put	
Mid-Distance Events		Long Jump		Discus	
Distance Events		Triple Jump		Javelin	
Relays		High Jump			

## Youth Track Club Waiver

I agree that I am a member of the Eau Claire Cruisers Youth Track Club, and I know that participating in organized group practices and social events with this Club are potentially hazardous activities, which could cause injury or death. I will not participate in any Club organized events, group practices, or social events, unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform all activities associated with the Club and am in good health, and I am properly trained. I agree to abide by all rules established by the Club, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the Club and agree to abide by them. I assume all risks associated with being a member of this Club and participating in Club activities which may include: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, and all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals, and personal music players are not allowed to be used in the Club organized activities and I agree to abide by this rule.

Having read this waiver and knowing these facts and in consideration of your accepting my membership, I, for myself and anyone entitled to act on my behalf, waive and release the Eau Claire Cruisers Track Club, the city of Eau Claire, the Road Runners Club of America, all Club sponsors, and their representatives and successors, from all claims or liabilities of any kind arising out of my participation with the Club, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I grant permission to all the foregoing to use my photographs, motion pictures, recordings or any other record for any legitimate promotional purposes for the Club.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Signature if under 18 years: \_\_\_\_\_

Date: \_\_\_\_\_

## Member Code of Conduct

The Eau Claire Cruisers Youth Track Club expects all Club members and families to participate and follow the mission of the Club, while showing respect to fellow Club members at all times. Club members will show respect and appreciation for the volunteers who give their time to help the Club and learning practices. Club members will never yell, taunt, or threaten physical violence upon another member of the Club, a volunteer or event spectator. Members are expected to never use abusive or vulgar language, or make racial, ethnic or gender-related slurs or derogatory comments at Club events, and never make unwanted sexual or physical contact with other members. Members who feel that someone has violated the Club's Code of Conduct should submit a written complaint to the Board of Directors, and the Board will take action to review the complaint in a timely manner.