Video Analysis Instructions

1. Open Logger Pro
2. Click on the Insert menu and choose movie.
3. Navigate to the Workgroups folder/Physics/your hour/your group number and find the video you want to analyze.
4. Enlarge video by using the resize squares.
5. Advance video until the object you are analyzing it is in the position where you want to start marking the object.
6. Click on the three red dots in the bottom right corner (this will reveal the analysis tool bar).
7. Click on the horizontal ruler button (this allows you to set the scale).
8. Click and drag along the length of any object that you know the actual length of (i.e. a meter stick).
9. Click on the green axis button (this allows you to mark the origin).
10. Click the point on the video where you would like to set the origin (position zero).
11. Click on the single red dot (this allows you to mark the position of the object).
12. Click on the point of the object where it is positioned.
13. Advance the video by clicking on the double arrows.
14. Click on the object again to mark its new position.
15. Continue marking until you have 12 points.