September 2019

EAU CLAIRE AREA SCHOOL DISTRICT – MIDDLE SCHOOL

This institution is an equal opportunity provider.

LUNCH

LUNCH $2.75
REDUCED LUNCH $.40
Milk offered with all meals and includes choice of Skim, 1%, or Chocolate Skim

School News

All menus are subject to change due to availability.
NOTE: In order to reduce total fat content of meals, some meat entrees may contain poultry or soy. Specific information regarding product ingredients may be obtained from the Food and Nutrition Office.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day We provide free and reduced-price meals for eligible students. Please contact 715-852-3022 or mbrackett@ecasd.us for details.	**3** Turkey & Cheese Sub **OR** BBQ Pork Rib on a Bun **OR** Waffle Chicken Bites Whole Kernel Corn Carrot & Celery Sticks Chilled Pears Fresh Apple	**4** Beef & Cheese Burrito **OR** Deli Sandwich Bar **OR** Cinnamon Glazed French Toast Baked Tator Tots California Blend Spiced Applesauce Seedless Grapes	**5** Salad Bar w/Breadstick **OR** Baked Mini Corn Dogs **OR** Cheesy Breadsticks Green Peas Assorted Raw Vegetables Mandarin Oranges Fresh Plum	**6** Ham & Cheese Sub **OR** Assorted Pizza Hut Pizza **OR** Italian Chicken Breast on a Bun Whipped Potatoes Baby Carrots Chilled Peaches Kiwi
9 Deli Sandwich Bar **OR** Meatball Sub **OR** Baked Chicken Patty on a Bun Whole Kernel Corn Broccoli Florets Pineapple Tidbits Frozen Fruit Juice Cup	**10** BBQ Pork Rib on a Bun **OR** Chicken Strips w/Breadstick **OR** Taco Salad Bar Fiesta Beans Assorted Raw Vegetables Chilled Pears Seedless Grapes	**11** Baked Fish on a Bun **OR** Club Sub **OR** Cheeseburger Baked Seasoned French Fry Creamy Coleslaw Mandarin Oranges Watermelon Wedge	**12** Spaghetti w/Meat Sauce **OR** Salad Bar w/Breadstick **OR** Hot & Spicy Chicken Patty on a Bun California Blend Cucumber Slices Mixed Fruit Kiwi	**13** Baked Corn Dog **OR** Assorted Pizza Hut Pizza **OR** Sausage, Egg & Cheese on a Bagel Tossed Green Salad Baby Carrots Chilled Peaches Fresh Apple
16 Chicken Tender Wrap **OR** Eau Claire Burger **OR** Cheesy Breadsticks Cherry Tomatoes Tossed Green Salad Chilled Pears Fruit Sorbet	**17** Salad Bar w/Breadstick **OR** Nachos Supreme **OR** Italian Chicken Breast on a Bun Fiesta Beans Baby Carrots Mandarin Oranges Banana	**18** Deli Sandwich Bar **OR** Baked Mini Corn Dogs **OR** Mandarin Orange Chicken w/Rice Green Beans Celery Sticks Pineapple Tidbits Fresh Plum	**19** Salad Bar w/Breadstick **OR** Cheeseburger Macaroni Casserole w/Breadstick **OR** Hot & Spicy Chicken Patty on a Bun Green Peas Cucumber Slices Chilled Peaches Fresh Local Apple	**20** Fish Sticks w/Breadstick **OR** Assorted Pizza Hut Pizza **OR** Yogurt, Breakfast Bread & String Cheese Whipped Potatoes Broccoli Florets Mixed Fruit Cantaloupe Wedge
23 Deli Sandwich Bar **OR** Chicken Strips w/Breadstick **OR** Cinnamon Glazed French Toast Baked Tator Tots Broccoli w/Cheese Sauce Spiced Applesauce Seedless Grapes	**24** Soft Shell Tacos **OR** Baked Corn Dog **OR** Grilled Teriyaki Chicken Nuggets w/Garlic Toast Seasoned Refried Beans Tossed Green Salad Pineapple Tidbits Banana	**25** Salad Bar w/Breadstick **OR** BBQ Pork Rib on a Bun **OR** Cheese or Pepperoni Pizza Spicy Sweet Potato Fries Cucumber Slices Chilled Peaches Fresh Apple	**26** Salad Bar w/Breadstick **OR** Italian Dunkers **OR** Baked Chicken Patty on a Bun Green Beans Celery Sticks Mandarin Oranges Watermelon Wedge	**27** Assorted Pizza Hut Pizza **OR** Thai Sweet Chili Chicken Flatbread Sandwich **OR** PB&Jelly Uncrustable w/String Cheese & Elf Grahams Whipped Potatoes Baby Carrots Chilled Pears Kiwi
30 Cheeseburger **OR** Baked Chicken Nuggets w/Breadstick **OR** Yogurt, Benefit Bar & String Cheese Bush's Baked Beans Assorted Raw Vegetables Mandarin Oranges Fresh Local Apple				

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