



Northwoods Elementary Grades 3-5 **MAPEL** At-Home Learning  
**Week of 5/12 - 5/18**

MAPEL Subject	Recommended Activities (Total of 50 minutes of <b>MAPEL</b> per week)
<p><b>Music</b> Ms. Wanda Miller's Email: <a href="mailto:wmiller@ecasd.us">wmiller@ecasd.us</a></p>	<p><b>Activities:</b> <b>Try to do 10 minutes a week. You can always do more if you want. 😊</b></p> <ol style="list-style-type: none"><li>1. Do this <a href="#">funny baseball themed music/movement activity</a>.</li><li>2. Sing <a href="#">Take Me Out to the Ball Game</a> and <a href="#">Count on Me</a> with Ms. Miller.<ul style="list-style-type: none"><li>○ Tap CC, tap English, &amp; the words for the refrain will show.</li><li>○ Sing along on the refrain (or the entire song if you can).</li></ul></li><li>3. Do these <a href="#">Recorder play alongs</a> with Ms. Miller (Grades 4 &amp; 5 only).<ul style="list-style-type: none"><li>○ Practice each several times until you can play without mistakes.</li><li>○ Then, play for someone at home.</li><li>○ If you want, make a video of you playing along and email it to Ms. Miller! I would love to see and hear from you! ❤️</li></ul></li></ol> <p><b>Bonus Activities:</b></p> <ol style="list-style-type: none"><li>1. Call/video chat someone and sing a song or do an activity from above!</li><li>2. Go to <a href="#">Ms. Miller's Music Room Facebook Page</a><ul style="list-style-type: none"><li>○ <b>Join us every Tuesday 7-7:30pm for a Sing-a-long!</b></li><li>○ Please <a href="#">email Ms. Miller</a> song requests!</li></ul></li><li>3. Go to <a href="#">Ms. Miller's Music Room Blog</a> new activities added weekly.</li></ol>
<p><b>Physical Education</b> Mrs. Erin Johnson's Email: <a href="mailto:ejohnson@ecasd.us">ejohnson@ecasd.us</a></p>	<p><b>Always ask an adult's permission before doing any of these activities. Also, get outside for fresh air and physical activity/movement as often as you can!</b></p> <p><b>Activity:</b> Room to Room Fitness <b>Skills:</b> Fitness and FUN!</p>

**How to play:** An excuse to run in the house! Whaaaat?! :) Put the list on the kitchen table, and start by running to the first item/location on the list. You must come back to the table before moving to the next item on the list. ENJOY!

**YOUR FITNESS HOUSE LIST:**

1) Bedroom - make your bed! 2) Laundry Room - 20 calf raises! 3) Mailbox - 20 jumping jacks! 4) Run around your house 3 times! 5) Bathroom - wash your hands for 20 seconds (don't forget soap!) 6) Living Room - 15 air squats! 7) Parent or sibling - say hello! 8) Stairs (if you have some) - 10 flights (up and down is ONE!) 9) Final Fitness...go back to the kitchen table and stretch your muscles out, holding 10 seconds for each stretch. Nice job!

**\*\*Bonus Activities for this week:**

1. If you have an object and appropriate space at home, practice rolling a ball! (skill practice and review)
2. If you have access to some type of technology, try this video: 5 Mindfulness Exercises for Kids <https://www.youtube.com/watch?v=Wsy2L9VvX90>
3. Hi friends! I am also starting an optional game with you, called "PE PEN PALS: Where in Eau Claire is Mrs. Johnson?" Each week I will have a picture here of myself exercising at a location in Eau Claire. If you know the answer of where I am, become a Pen Pal with me! Write me an email with the answer, while also sharing a picture of yourself being active! We can write back and forth and I will also be able to see different ways you are keeping your body active and healthy while you are at home.

Game: "Where in Eau Claire is Mrs. Johnson?"

This week, Mrs. Johnson is dribbling a basketball at this location in town, while her kids practice their rollerblades and hoverboards! Do you know where she is?!



## Library

Mrs. Julie Misurek's email:  
[jmisurek@ecasd.us](mailto:jmisurek@ecasd.us)

### Activity:

[WI Biographies](#) – Wisconsin Biographies is a collection of media to enrich the social studies and literacy curriculum, using the stories of notable figures in Wisconsin history. Listen to Joe Bee Xiong who is from Eau Claire! A brand-new biography of Milly Zantow, a recycling revolutionary, was added. **Go to the “activities” tab and make a trading card of your famous Wisconsinite!**



### Highlighted Resource:

Welcome to [Dav Pilkey At Home](#). Together we can get creative and have fun with some of your favorite characters from Dog Man and Captain Underpants!



\*My son and I have had so much fun drawing his favorite characters with Dav Pilkey!



## Art

Mrs. Julie Schaller's Email: [jschaller@ecasd.us](mailto:jschaller@ecasd.us)

### AT-HOME LEARNING DIRECTIONS:

Choose from the options below (choose one or both) to explore Color. Use whatever materials you have at home. The students may work by themselves or as a family team during these unusual circumstances. There are bonus ideas as well! I would love to see what you have made, please send images to me at [jschaller@ecasd.us](mailto:jschaller@ecasd.us) or if you use Facebook go to my Facebook page [Mrs. Schaller's Budding Artists](#)

THIS WEEK'S ELEMENT OF ART FOCUS IS **COLOR**

**COLOR:** Color is created when light reflects off an object; this is why you can't see color in the dark.

**ART CHOICE #1:**

**FOUND OBJECT COLOR WHEEL OR RAINBOW**

Go around your home and search for different colored objects to create a color wheel. Be sure to put your colors in the correct order - Red, Orange, Yellow, Green, Blue, Purple.



**ART CHOICE #2:**

**WARM OR COOL NON-OBJECTIVE DRAWING**

Choose warm (reds, yellows, oranges) or cool (greens, blues, and purples) colors to create a non-objective or abstract drawing.

**BONUS RESOURCES**

Want to learn more about COLOR? Check out these ideas!

**ARTISTS THAT USE COLOR:**

**Kandinsky -**

<https://www.tate.org.uk/art/artworks/kandinsky-cossacks-n04948/how-paint-kandinsky>

**COOKIE COLOR WHEEL** (materials: white frosting, cookies, primary colored food coloring)

**COLOR SCAVENGER HUNT**

Find Something...

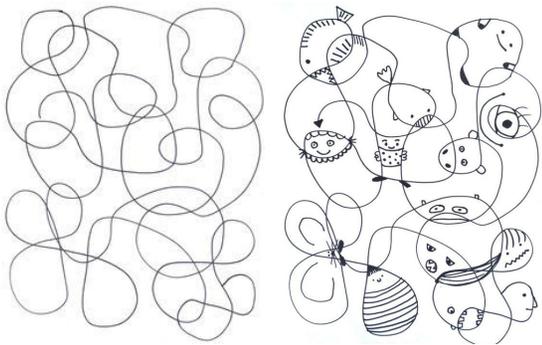
- Red
- Orange
- Yellow
- Green
- Blue
- Purple
- Neutral
- Monochromatic
- With Complementary Colors
- Warm Colored
- Cool Colored
- With Analogous Colors
- With Primary Colors
- With Secondary Colors
- With Tertiary/Intermediate Colors

**Color Videos:**

COLOR THEORY:

[https://www.youtube.com/watch?v=L1CK9bE3H\\_s](https://www.youtube.com/watch?v=L1CK9bE3H_s)

Start by creating a line or simple scribble.



Then, color the spaces with different warm or cool colors.



The example on the left uses warm colors and the example on the right uses cool colors.

## WARM & COOL HANDS



Landscapes



Cityscapes