**Eau Claire North Cross Country – Program Philosophy & Expectations**



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**By signing below, I have read the above expectations and hereby signify that I will be true to those expectations to the best of my ability for the duration of the 2022 Fall XC season.**

**X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **(Student athlete signature)**