



Memorial High School Weekly

**Home of the
Old ABES**

#OldAbePride

#OldAbeProud

General Number: (715) 852-6300
Attendance Office: (715) 852-6302
Partnership Coordinator: (715) 852-6307

Thursday, September 14th

MHS Calendar

September

- 18 PreACT 11th Grade
- 19 PreACT 10th Grade
- 20 PreACT 9th Grade
- 20 Wisconsin Education Fair
- 28 Homecoming Carnival
- 29 Homecoming Parade and Game
- 30 Homecoming Dance at MHS



October

- 1 Deadline for Early College Credit Program at UWEC
- 1 Deadline for Start College Now Program at CVTC
- 2 Financial Aid Night at North for MHS and NHS
- 3 UWEC and MHS Jazz Concert MHS Auditorium 7:00 Jazz I/II
- 4 Blood Drive
- 7 Jazz Bands at Curvue Tree Farm 7:00 Jazz I/II/III
- 12 Family/Teacher Conferences 7:45 am to 8:15 pm
- 13 All Schools Closed

Important Links

[The Memorial High School Website](#)

has answers to many of your questions. Be sure to check it out.

[Old Abe Athletic Calendar](#)

Find Out Where the Action is Every Week.
The [MHS Athletics Calendar](#) is updated with the most recent game day information.

[ECASD 2023-2024 School Year Calendar](#)

[Community Events & Resources Page](#)

[September Lunch Menu](#)

[Family Services Website](#)



Find us on
Facebook [HERE](#)

Old Abe News and Announcements

Seniors! Please stop into Student Services to make an appointment for your senior meeting.

FAMILY / TEACHER CONFERENCES ** Please note: ALL schools closed**

Virtual or in-person Family/Teacher conferences will be held at Memorial in the fall and spring again this school year: FALL: Thursday Oct. 12, 2023 (7:45 a.m.-8:15 p.m.) SPRING: Thursday Feb. 29, 2024 (7:45 a.m.-8:15 p.m.)

Memorial Families have a tradition of treating our staff to a meal during Family/Teacher conferences.

Thank-you!

If you would like to donate food or money towards this meal on

Thursday, October 12th, please sign up [HERE](#). This meal is greatly appreciated by our staff on such a busy day.

JUNIORS!

What: Wisconsin Education Fair (WEF)

When: Wednesday, September 20, Juniors will load the buses at 9:20am and return to school at 10:45am

Where: The L.E. Phillips YMCA Sports Center

How to attend: Permission forms were mailed home and are due to Student Services by **noon on Friday, September 15, 2023**. (We are **not** able to accept late forms.)

At the WEF, students will be able to talk with representatives from all the UW Systems, Wisconsin's independent colleges and universities, Wisconsin technical colleges, out-of-state institutions, community colleges, trade schools, and the armed forces.

Please contact Heather Kapanke, School Counselor, with any questions.

Homecoming Information

- Homecoming Court nominations are due by Friday, September 22nd. Students, please nominate 2 seniors from your club or sport. Email those nominations to cschroeder@ecasd.us. Homecoming Court will be announced on Thursday, September 28th during the Carnival Day.
- Homecoming Carnival will be Thursday, September 28th. Clubs and Sports are encouraged to host an activity with candy or small prizes: ring toss, tarot card reading, karaoke, corn hole, yard games, pony races, etc.
- Homecoming Parade is Friday, September 29th. Lineup will be at Carson Park starting at 4:00 and parade at 5:00. All clubs and sports are encouraged to march in the parade. You can create a float or walk or ride bikes.
- Homecoming Dance is Saturday, September 30th.

Volunteer Opportunity – Help Needed!

MHS needs copy room volunteers when school is in session. Preferably 1 morning a week for 2 hours. **We are looking for one more regular volunteer and a couple substitute copy room volunteers.**

Please contact Kim Winkelmann at kwinkelmann@ecasd.us to volunteer.

Suicide Prevention Month September is Suicide Prevention Month—a time to raise awareness and spread hope and vital information to people affected by suicide. Please visit: <https://www.nami.org/get-involved/awareness-events/suicide-prevention-awareness-month> to learn much more.

The Kodak is the name of Memorial's yearbook.

Yearbook is a separate elective class that can be taken through school. Students design, create, and distribute the yearbook.

2024 yearbooks may be purchased online at [Jostens](https://jostensyearbooks.com/?REF=A09283400) or by sending a check made out to Jostens for **\$51.00***. The check should be given to Ms. Campbell de Loyo at school. Room 1855.

\$51.00 is the Back-to-School price and will increase as the school year progresses. This price will be available until September 15th. Buy early to save money!

Order here: <https://jostensyearbooks.com/?REF=A09283400>

Senior Picture Requirements for the Yearbook and Upload

Senior pictures are due to the yearbook advisor by **November 1, 2023**, for the **2024** yearbook.

Your picture must meet the following criteria:

-**Head and shoulder** portrait (upright) vs. a landscape image (sideways) picture. If the picture you submit is not cropped to head and shoulders, we will crop it for you.

-**Minimum resolution** of 300 dpi and size of 2 inches x 3 inches. You may submit an uncropped, full-size version, and we will crop it for you. Please **do not** send pictures from a social media site such as *Instagram* or *Facebook*. These tend to be low resolution images which will print blurry. Please send the original digital version.

-**Saved as a .jpeg**

-The **picture does not** depict violence, alcohol, drugs, or anything that would violate school rules such as a weapon.

-Pictures may be uploaded via the [Jostens Senior Picture Submission link](#) For your peace of mind, if we **don't** have your picture, a letter will be mailed home after the deadline. If you receive a letter or aren't shown on the list, please [email a picture to Ms. Campbell de Loyo](#) by December 1. A list of seniors that have sent in their senior pictures may be found on the yearbook page. Due to the high volume of submissions, the list may not be updated daily.

Did You Submit Your Senior Picture for the 2024 Yearbook?

Check the list [HERE](#) to see if we have your senior picture. Please give us several days to update the list after you have submitted a picture. As a safety measure, all seniors that did not submit a picture according to our records will be mailed a letter after the deadline. This letter will be sent out mid-November.

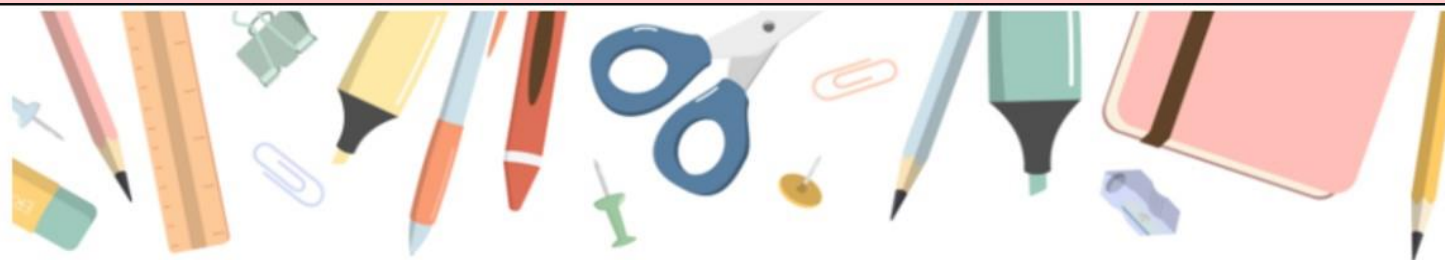
ULRICH Marketplace and Clothing Closet (Now located in room 1930)

Memorial High School has an [on-site](#) food pantry and clothing closet. The Ulrich Marketplace is in Student Services and is available to all Memorial students and their families. Clothing and hygiene items are also available.

Order online [HERE](#). Paper copies are available in Student Services and in the pantry.

Pick up dates are Tuesdays and Thursdays from 2 to 3:15 pm. The pantry is also open for walk-ins.

Need to set up a different time? Contact Kimberley Winkelmann, Memorial High School Partnership Coordinator, at kwinkelmann@ecasd.us or 715-852-6307.



Back to School Emotional Wellness

Returning to school can be stressful! It's normal for children to feel anxious during this time. Here are a couple tips on how to ease their worries:

1. **Communicate:** Check in with your child(ren) often. Acknowledge your child's fears and let them know you understand and that it's normal to feel anxious.
2. **Encourage In-Person Social Interactions:** Spending time with friends outside of school can make the transition smoother and more enjoyable.
3. **Create and Continue Routines:** Establishing bedtimes, eating healthy meals, and setting aside time for homework and relaxation can help your child adjust to the school year.

This information is provided by the Eau Claire Health Alliance - Substance Misuse Action Team, which works to prevent alcohol, tobacco, and other drug misuse. Learn more at: www.getinvolvedasap.org

Health Science Occupations Course

The Health Science Occupations Course is looking for guest speakers who are currently working in the field of health care. If you are currently employed in any aspect of the healthcare field, we would love to have you share your experiences with our students. All levels of experience(entry to advanced) are needed to provide students with information about various careers, opportunities, and employability skills. There are 32 students currently enrolled in the course this semester. Our class meets 7th period (2:10-3:00 pm) M-F. Virtual meetings are also an option. If you work in any of the Health Science Career Pathways (therapeutic, diagnostic, Health Information, Biotechnology Research and Development, and support services) please consider sharing your experiences with my students.

Click the link below or scan the QR Code.



<https://forms.office.com/r/pcnrzqe12p>

Contact Michelle Bassett-Shermo, Health Science Instructor at Memorial High School at mbassettshermo@ecasd.us or 715-852-6308 if you have any questions or concerns!

Attention! National Blood Shortage

Blood donors of all blood types are urgently needed now to ensure patients at hospitals across the country continue to receive critical medical care.

Memorial High School's National Honor Society is proud to partner with the American Red Cross to host a blood drive on October 4, 2023. The blood collected by the Red Cross helps millions of patients in over 2,500 hospitals and other facilities across the country. 84 percent of blood donations are given at blood drives - hosted by generous sponsoring organizations like ours.

Anyone who registers and signs up online will receive a \$15.00 EGift card from Amazon (valid email required)

STUDENTS & Staff: MUST schedule their appointment in advance – NO WALK-INS will be accepted.

Eligibility Requirements:

- You must be in good health and feeling well**
- You must be at least 16 years old
- If you are 16 - You must have a printed and completed Parental Consent form to donate:

<https://www.redcrossblood.org/content/dam/redcrossblood/controlled-documents/Parental-Consent-Blood-Donation-EN.pdf>

- You have NOT traveled to a malaria-risk country or Iraq within the last 12 months
- You are NOT pregnant
- Donors 18 years of age or younger must meet additional height and weight requirements for whole blood donation (applies to girls shorter than 5'5" and boys shorter than 5').

Click below to schedule your donation today!

<https://www.redcrossblood.org/give.html/driveresults?zipSponsor=Memorial%20High%20School>

For additional information click here <https://www.redcrossblood.org/donate-blood/how-to-donate/info-for-student-donors.html>

Female donors who are 18 years old and younger must weigh 110 lbs. or more, depending on their height. See chart below:										
	If You Are	4'10"	4'11"	5'	5'1"	5'2"	5'3"	5'4"	5'5"	5'6" or taller
	You must weigh at least	146	142	138	133	129	124	120	115	110

Male donors who are 18 years old and younger must weigh 110 lbs. or more, depending on their height. See chart below:				
	If You Are	4'10"	4'11"	5' or taller
	You must weigh at least	118	114	110

BLOOD DRIVE

WED OCTOBER 4
8:15AM-2PM @ MHS

Make an impact & save others by giving blood!



SCAN ME TO REGISTER!

BROUGHT TO YOU BY MHS
NATIONAL HONOR SOCIETY

QUESTIONS? EMAIL EMCHORNEY@ECASD.US



VOLLEYBALL 2023 YOUTH NIGHT



Join us for an exciting crosstown match!

SEPT
28

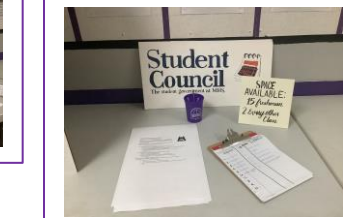
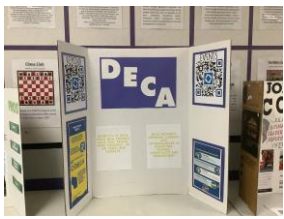
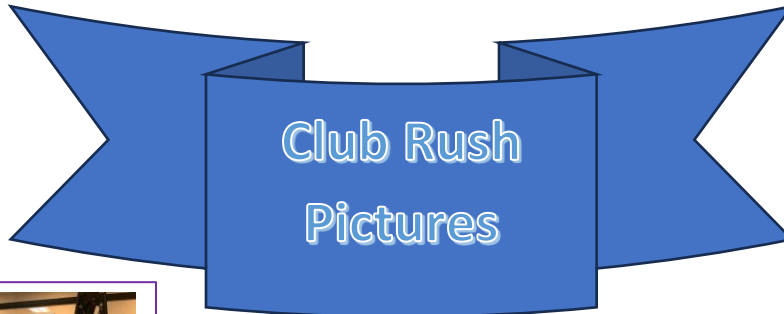
LOCATION
NORTH HIGH
SCHOOL

TIME
7:00PM

**Eau Claire Area Elementary and
Middle School Students!**

**Varsity players from EC North and
EC Memorial will be signing
autographs and cake will be
provided after the match for
students and players!**

MHS Highlights



It's a GREAT Day to be an Old Abe!