

Memorial High School Weekly

Home of the Old ABES #OldAbePride #OldAbeProud

General Number: (715) 852-6300 Attendance Office: (715) 852-6302 Partnership Coordinator: (715) 852-6307

Thursday, September 7th

MHS Calendar

September

- 8 Picture Day
- 8 Club Rush
- 20 Wisconsin Education Fair
- 28 Homecoming Carnival
- 29 Homecoming Parade and Game
- 30 Homecoming Dance at MHS

October

- 12 Family/Teacher Conferences 7:45 am to 8:15 pm
- 13 All Schools Closed
- 16 No School for Students/PL Day for Staff
- 18 PSAT Exam
- 19 Fall Choir Concert @ 7 pm
- 20 Picture Day Retakes
- 20 A Cappella Extravaganza at UW-Eau Claire

Important Links

The Memorial High School Website

has answers to many of your questions. Be sure to check it out.

Old Abe Athletic Calendar

Find Out Where the Action is Every Week. The <u>MHS Athletics Calendar</u> is updated with the most recent game day information.

ECASD 2023-2024 School Year Calendar

Community Events & Resources Page

September Lunch Menu

Family Services Website



Find us on Facebook <u>HERE</u>

Old Abe News and Announcements

FAMILY / TEACHER CONFERENCES ** Please note: ALL schools closed**

Virtual or in-person Family/Teacher conferences will be held at Memorial in the fall and spring again this school year: FALL: Thursday Oct. 12, 2023 (7:45 a.m.-8:15 p.m.) SPRING: Thursday Feb. 29, 2024 (7:45 a.m.-8:15 p.m.)

Memorial Families have a tradition of treating our staff to a meal during Family/Teacher conferences.

If you would like to donate food or money towards this meal on

Thank-you!

Thursday, October 12th, please sign up **HERE.** This meal is greatly appreciated by our staff on such a busy day.

SCHOOL PICTURES

Pictures will be taken tomorrow, September 8 during school.

- ➤ Order forms will be available on the counters of the front offices
- Order and pay online with MyLifetouch link using ID: EVTQ3CC7G
- ➤ Retakes will be on October 20 at no charge using ID: EVTVTCJWF
- ➤ Questions: call Lifetouch at 1-866-955-8342



REMINDER: ALL STUDENTS NEED ID CARDS ALL students (including seniors) should get an ID picture taken. Students do not need to purchase pictures but will be given an ID card for library checkout, admission to events, honor card rewards and for textbook checkout. Lines will move more quickly during this process with student IDs.

Attention JUNIORS!

What: Wisconsin Education Fair (WEF)
When: Wednesday, September 20, Juniors will load the buses at 9:20am and return to school at 10:45am
Where: The L.E. Phillips YMCA Sports Center
How to attend: Permission forms will be mailed home and are due to Student Services by <u>noon on Friday, September 15,</u>
2023. (We are not able to accept late forms.)

At the WEF, students will be able to talk with representatives from all the UW Systems, Wisconsin's independent colleges and universities, Wisconsin technical colleges, out-of-state institutions, community colleges, trade schools, and the armed forces.

Please contact Heather Kapanke, School Counselor, with any questions.

PARKING PERMITS

Parking permits are available for purchase from the business office beginning Friday, September 1st from 7:00 a.m.-3:00 p.m. The permit's non-refundable cost for the school year is \$50, Please bring your completed application, driver's license, cash, or check made out to MHS, and slip from library indicating you have no library fines. Applications are available in the office areas or by clicking <u>HERE</u>. All cars parked in the lot need parking permits on display starting September 12th.

Don't get a parking ticket!

Homecoming Information

- Homecoming Court nominations are due by Friday, September 22nd. Students, please nominate 2 seniors from your club or sport. Email those nominations to <u>cschroeder@ecasd.us</u>. Homecoming Court will be announced on Thursday, September 28th during the Carnival Day.
- Homecoming Carnival will be Thursday, September 28th. Clubs and Sports are encouraged to host an activity with candy or small prizes: ring toss, tarot card reading, karaoke, corn hole, yard games, pony races, etc.
- Homecoming Parade is Friday, September 29th. Lineup will be at Carson Park starting at 4:00 and parade at 5:00. All clubs and sports are encouraged to march in the parade. You can create a float or walk or ride bikes. If you do have a driver for your float, you will need to fill out paperwork. Please
- contact <u>cschroeder@ecasd.us</u> or <u>pmyren@ecasd.us</u> by Thursday, September 7th to get that paperwork.
- Homecoming Dance is Saturday, September 30^{th.}

The Kodak is the name of Memorial's yearbook.

Yearbook is a separate elective class that can be taken through school. Students design, create, and distribute the yearbook.

2024 yearbooks may be purchased online at <u>Jostens</u> or by sending a check made out to Jostens for **\$51.00*. The check should be given to** Ms. Campbell de Loyo at school. Room 1855.

\$51.00 is the Back-to-School price and will increase as the school year progresses. This price will be available until September 15th. Buy early to save money!

Order here: <u>https://jostensyearbooks.com/?REF=A09283400</u>

Senior Picture Requirements for the Yearbook and Upload

Senior pictures are due to the yearbook advisor by **November 1, 2023,** for the **2024** yearbook.

Your picture must meet the following criteria:

-Head and shoulder portrait (upright) vs. a landscape image (sideways) picture. If the picture you submit is not cropped to head and shoulders, we will crop it for you.

-*Minimum* resolution of 300 dpi and size of 2 inches x 3 inches. You may submit an uncropped, full-size version, and we will crop it for you. Please **do not** send pictures from a social media site such as *Instagram* or *Facebook*. These tend to be low resolution images which will print blurry. Please send the original digital version.

-Saved as a .jpeg

-The **picture does not** depict violence, alcohol, drugs, or anything that would violate school rules such as a weapon. -Pictures may be uploaded via the **Jostens Senior Picture Submission link** For your peace of mind, if we **don't** have your picture, a letter will be mailed home after the deadline. If you receive a letter or aren't shown on the list, please <u>email a</u> <u>picture to Ms. Campbell de Loyo</u> by December 1. A list of seniors that have sent in their senior pictures may be found on the yearbook page. Due to the high volume of submissions, the list may not be updated daily.

Did You Submit Your Senior Picture for the 2024 Yearbook?

Check the list <u>HERE</u> to see if we have your senior picture. Please give us several days to update the list after you have submitted a picture. As a safety measure, all seniors that did not submit a picture according to our records will be mailed a letter after the deadline. This letter will be sent out mid-November.

Back to School Emotional Wellness

Returning to school can be stressful! It's normal for children to feel anxious during this time. Here are a couple tips on how to ease their worries:

- 1. **Communicate**: Check in with your child(ren) often. Acknowledge your child's fears and let them know you understand and that it's normal to feel anxious.
- 2. Encourage In-Person Social Interactions: Spending time with friends outside of school can make the transition smoother and more enjoyable.
- Create and Continue Routines: Establishing bedtimes, eating healthy meals, and setting aside time for homework and relaxation can help your child adjust to the school year.

This information is provided by the Eau Claire Health Alliance - Substance Misuse Action Team, which works to prevent alcohol, tobacco, and other drug misuse. Learn more at: <u>www.getinvolvedasap.org</u>

Volunteer Opportunity – Help Needed!

MHS needs copy room volunteers when school is in session. Preferably 1 morning a week for 2 hours. Substitute Copy Room Volunteers are also needed!

Please contact Kim Winkelmann at <u>kwinkelmann@ecasd.us</u> to volunteer.

ULRICH Marketplace and Clothing Closet (Now located in room 1930)

Memorial High School has an on-site food pantry and clothing closet. The Ulrich Marketplace is in Student Services and is available to all Memorial students and their families. Clothing and hygiene items are also available.

ULRICH Marketplace will be open for the 2023/24 school year beginning Tuesday, September 12th.

Order online <u>HERE</u>. Paper copies are available in Student Services and in the pantry.

Pick up dates are Tuesdays and Thursdays from 2 to 3:15 pm. The pantry is also open for walk-ins.

Need to set up a different time? Contact Kimberley Winkelmann, Memorial High School Partnership Coordinator, at kwinkelmann@ecasd.us or 715-852-6307.

Suicide Prevention Month September is Suicide Prevention Month—a time to raise awareness and spread hope and vital information to people affected by suicide. Please visit: <u>https://www.nami.org/get-involved/awareness-events/suicide-prevention-awareness-month</u> to learn much more.

Health Science Occupations Course

The Health Science Occupations Course is looking for guest speakers who are currently working in the field of health care. If you are currently employed in any aspect of the healthcare field, we would love to have you share your experiences with our students. All levels of experience(entry to advanced) are needed to provide students with information about various careers, opportunities, and employability skills. There are 32 students currently enrolled in the course this semester. Our class meets 7th period (2:10-3:00 pm) M-F. Virtual meetings are also an option. If you work in any of the Health Science Career Pathways (therapeutic, diagnostic, Health Information, Biotechnology Research and Development, and support services) please consider sharing your experiences with my students.

Click the link below or scan the QR Code.



https://forms.office.com/r/pcnrzqe12p

Contact Michelle Bassett-Shermo, Health Science Instructor at Memorial High School at mbassettshermo@ecasd.us or 715-852-6308 if you have any questions or concerns!





#OLDABEPROUD

MHS Highlights



Check out this beautiful botanical mural on the Garden Doors by Ayla Smith with help from Lillian Hoeschen. Keep your eye out for more school beautification from the Muralists!

It's a GREAT Day to be an Old Abe!