At-Home Learning Schedule

Please keep in mind that this is only a suggested schedule. Use what works for your own family. This schedule is similar to what students are used to on a typical school day in third grade.

Before 9:00 am	RISE AND SHINE	Wake up, get dressed and ready for the day!Eat breakfastClean up after breakfast & tidy up your space
9:00-10:00 am	GET CREATIVE: Art, Music, Exercise	 Create, design, and/or make something awesome with materials around your house (art and craft supplies, LEGOs, magnetic tiles, cook/bake something delicious) Draw in sketchbook, do sidewalk chalk Sing songs, listen to music, Music Games for kids
10:00-11:00 am	LEARNING: Reading, Writing, Word Work	 Reading- at least 20 minutes! Write or type a response to your reading, then share with your teacher in a Google doc, take a picture of your notebook and send in email, or share in Seesaw Do Writing and Word Work activities from school list on Manz website
11:00-12:00 pm	ENJOY LUNCH & HELP AROUND HOME	 Wash your hands:) Help get lunch ready Eat lunch Clean up after lunch & tidy up space (wipe down surfaces you've usedtable, chairs, desk)
12:00-1:00 pm	GET ACTIVE	 Play outside, walk, run, ride bike, play catch, frisbee Stuck inside? Follow along with PBS Kids in Motion dance or fitness videos, GoNoodle, stretches, jumping jacks, yoga, dancing, etc.
1:00-2:00 pm	LEARNING: Math*Remember to take a quick stretch break in between longer learning blocks	 □ Work on Thinkcentral in the lesson checks □ Practice math facts using math folder, fluency practice on Thinkcentral, math card games □ Other math options on Manz page □ Optional Outdoor Math Activities from Bedtime Math: Beach Ball Party Activity Hopscotch Math Paper Airplane Contest Origami Throwing Contest Math Hockey Wacky Water Race
2:00-4:00 pm	LEARNING: Science, Social Studies, Reading	 Do 2-3 different learning activities from school: Manz Website Mystery Science Take a virtual field trip 20 minutes of reading listen to/read along on Library Resources:

At-Home Learning Schedule

		 Tumblebooks, Storylineonline, Highlights Kids □ Do quiet activity or puzzle □ Do an activity to connect with your class on Seesaw □ Do an activity on Wonderopolis
4:00-5:00 pm	GET ACTIVE	☐ Same as aboveplay outside if possible!
5:00 pm and after	ENJOY DINNER & FAMILY TIME UNTIL BEDTIME	 □ Wash your hands:) □ Help get dinner ready & set the table □ Eat dinner □ Clean up after dinner & tidy up space □ Play card or board games, have movie night, help around home □ Take showers & head to bed

Other ideas: Not everything needs to be online. Playing card games and board games such as Yahtzee, Boggle, Scrabble Jr., Monopoly, Scattergories, etc. are additional reading and math practice.