



# The Fly Sheet

Week of January 17, 2022

[Flynn Elementary School](#)

715.852.3300

**TO INSPIRE AND PREPARE OUR STUDENTS TO LIVE CREATIVE, FULFILLING AND RESPONSIBLE LIVES**



## This Week

**Adult Crossing Guard Recognition Week, Thank You Mr. Bob Tietz!!**

**Monday, 1/17: NO school for students**  
Staff Development Day

**Monday, 1/17: Drive up Antigen/Covid Testing at Flynn 4-7pm**

**Tuesday - 1/18 NO school for students**  
Staff Work Day

**Wednesday, 1/19: RCU Deposit**

**Friday - 1/21: Weekend Kids Meals**

**Friday, 1/21: Pajama Day!**

**Friday, 1/21: PTA Pizza Fest at Boyd Park 5-7pm**

## Looking Ahead

**Wednesday-1/26: RCU Deposit**

**Thursday- 1/27: Report Cards sent home with students**

**Friday - 1/28: Weekend Kids Meals**

## Helpful Links/Resources

[Family Services](#)

[Technology Support Guide](#)

[District Calendar](#)

[Families First Podcast](#)

[Community Events/Resource Flyers](#)



Follow Flynn Elementary School's Facebook page.

**Lus Hmoob**

Yog koj xav tau tus neeg Hmoob txhais daim ntwav no ua lus Hmoob rau koj los yog koj muaj lus nug txog daim ntwav no, hu rau Blia (715-852-6850).

Si desea que alguien le traduzca esta carta o si tiene preguntas, llame a Kresly Rodríguez Martínez al (715) 852-4246



## Weekly Words from Mr. Schmitt

← Click on Mr. Schmitt to listen to his Weekly Words

We are making changes to our procedures over the next month that will make school feel more "normal" for your student. Here is a list of the changes you can expect.

1. We will allow classes to mix at recess outside beginning this Wednesday, January 19, when students return from break. They will no longer have to stay in their cohorts.
2. We will allow students to play on the playground from 8:25-8:40AM beginning February 2. Students will line up at 8:40AM when the bell rings, and they will then follow their classmates into school.
3. We will move breakfast to 8:25 AM beginning February 2. Breakfast will no longer be eaten in the classroom as the first activity of the school day beginning February 2. Students will be seated by grade level for breakfast in our cafeteria in the event we need to contract trace.
4. We will allow volunteers to assist in the building. Volunteers must always be masked as students and staff do.

We are excited to make these changes to bring more normalcy back to our activities. We will be reminding you each week of these changes over the next month as we establish new routines!

## Voluntary Covid Testing

The Eau Claire Area School District is pleased to announce an opportunity with Accelerated Clinical Laboratories (ACL) for voluntary COVID-19 testing at school locations. Beginning December 6, there will be drive-thru testing provided for students who have been identified as close contacts so they can conveniently test on day six or seven of their quarantine period, and for any child or family member who is experiencing COVID-like symptoms. Both the Antigen and the PCR tests will be administered. Testing will be Monday through Friday at designated schools and times. [Please see Drive-Up COVID Testing at Schools](#) for more information and to pre-register.



## Hello from the Flynn PTA!

We are SO excited for our **2022 TACO PIZZA FEST** - held at **Boyd Park** on **January 21 5-7 pm**.

Traditionally, Flynn has hosted Taco Fest, one of our biggest fundraisers of the year, to help support the PTA, who in turn uses the funds to pay for events, classroom grants, field trips, School Staff Appreciation, and so much more. This year will look a little different, we will be having FREE PIZZA and selling tickets to our annual basket raffle in the warming house.

The skating rink will be open, and the Eau Claire Parks and rec department will be supplying some fun outdoor equipment for our use. Please join us for this fun event and we thank you for your support!

*\*Weather contingent - we will notify families if we have to reschedule due to weather. If you'd like to volunteer, please sign up [here!](#) Thank you and we can't wait to see you there! - Flynn PTA*

Send us an email at [flynnschoolpta@gmail.com](mailto:flynnschoolpta@gmail.com) or message us through our [Facebook page](#)

For information on Winter Weather Expectations- clothing click [here](#).



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For the month of January we will focus on **Kindness**. We are focusing on a few key pieces of Kindness: The choice to act with words, gifts, or actions to bring appreciation, positivity, and encouragement to ourselves and others! **Kindness** is a crucial skill for being in community with others and a powerful skill to develop in personal and professional relationships.

What does Kindness look like in our home? What does it look like in our neighborhood? What does Kindness look like in our extended family, our faith or spiritual practices, our community centers, our sports teams, etc.?

Why is it important to show Kindness to people who aren't kind to you?

What acts of Kindness have others shown you lately and how did you respond? How did it make you feel? How does random acts of Kindness help you grow

### **Ideas on how you can incorporate this trait into your home:**

**Conversation Starter: (K-2)** What does Kindness look like in our home? What does it look like in our neighborhood? What does Kindness look like in our extended family, our faith or spiritual practices, our community centers, our sports teams, etc.? Why is it important to show Kindness to people who aren't kind to you?

What acts of Kindness have others shown you lately and how did you respond? How did it make you feel? How does random acts of Kindness help you grow **(3-5)** Empathy is about understanding how somebody else is feeling. It is about switching places and perspectives with them to imagine what they're going through. Share with one another about a time when you wished someone had shown more Empathy for you.

**Questions to ask your student: (K-2)** How do you show Empathy towards your friends when they are sad? What are things others might do when they're sad, worried or frustrated? What might they say? **(3-5)** Kindness isn't only for others. Explain how you show Kindness to yourself. Some people say that the most genuine act of Kindness is done when no one else is looking. What do you think that means? Can you think of any ways to show genuine Kindness?

Discuss the [5 Love Languages](#) (in summary, we all give and receive something like Kindness in different ways. Dr. Gary Chapman suggests the five primary ways are: giving and receiving gifts, words of affirmation, physical touch, quality time, and acts of service). In which ways do you prefer others show you Kindness? In what ways do you often show Kindness to others? What are some love languages that you can bring more of into your home?

### **January is Mental Wellness Month**

Mental wellness is about how all aspects of your life—the social, emotional, physical, spiritual, and intellectual—all come together for an overall state of well-being. Mental health and wellness help determine how we act, feel, and think, and affect our ability to handle stress, connect to others, and make decisions. Even if you've neglected your mental wellness in the past, it's never too late to make improvements. Mental Wellness Month is designed as a time for you to become more mentally resilient. You can learn to better handle stressful situations and negative circumstances that often occur as a part of life. **Here are a few things to try:** stay active, spend quality time with friends and family, take a break when you need one, learn stress management techniques, eat healthy foods, get enough rest, engage in physical activity.

Please reach out to our School-Based Mental Health Coordinator Wendy Brousseau-Anderson at 715-852-3140 to learn more.