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Marshfield Clinic Clairemont Center

Your place to get primary care services.

If you and your family are covered by the Eau Claire Area School District, Altoona, or Grace Lutheran health plans, you have a unique advantage when it comes to selecting health care services: As members, you have access to a special facility – the Marshfield Clinic Clairemont Center.

At the Clairemont Center, you and your covered family members can receive all of your needed primary care without incurring any out-of-pocket costs.

Take advantage of this unique opportunity to maintain your health: Review our services and providers, then schedule your appointment today!

Below is a sampling of services you can receive at the Clairemont Center:

- **Preventive services**
 - Annual preventive visits for adults and children
 - Cholesterol and blood pressure check
 - Skin cancer screenings
 - Flu shots and other immunizations
 - Health coaching
 - Blood pressure screening
- **Care of health conditions**
 - High blood pressure management
 - High cholesterol management
 - Care of type 2 diabetes
 - Asthma care
- **Care of acute conditions**
 - Upper respiratory infection, cough, sore throat
- Seasonal allergies
- Viral infections
- Skin rashes
- Back pain evaluation and management
- **X-ray***
- **Laboratory***
- **EKG***

** Services sent outside of the Clairemont Center for processing or reading will incur normal out-of-pocket expenses.*

For a full list of services and products covered by Security Health Plan, please refer to your Schedule of Benefits.

SecurityHealth PlanSM
Promises kept, plain and simple.[®]

 **Marshfield Clinic**[®]

Stay well in 2017: Visit the Clairemont Center's primary care providers.

Be sure to see your primary care provider for annual preventive visits that can address health risks before they become serious.

Meet the Clairemont Center's primary care providers, including Emily Rude, D.N.P., who joined our care team as a full-time provider on December 28, as Kristin Rubenzer, N.P. took her leave. If you have been a patient of Kristin Rubenzer in the past, the Clairemont Center care team is here to help you transition care to one of our current providers.



James R. Freeman, D.O., M.Sc.

"We work with patients to provide personalized, thoughtful and valuable health care. Much of that value comes from our emphasis on the

preventive care that promotes patient health and saves patient dollars. I especially enjoy empowering patients to be involved in making their healthcare decisions, while providing the guidance of evidence-based care."

Dr. Freeman has been a board-certified family medical physician since 1986. His Oxford degree focused on evidence-based medicine, and his interests include promoting patient communication and trust.



**Emily Rude, D.N.P.,
F.N.P. - B.C., B.S., R.N**

"I collaborate with my patients to create care plans that fit their personal values and prevent the high costs associated with serious disease. Communication between

patients and clinicians provides the key screenings, education, health checks and other resources patients need to prevent disease."

Family Nurse Practitioner Rude has worked for the Marshfield Clinic, the Clairemont Center care team and other employer groups as a part-time clinician for one year, and as a registered nurse for ten years. We are happy to welcome her to the Clairemont team as full-time provider!

Make an appointment Monday through Friday, 7 a.m. to 6 p.m., or Saturdays, 9 a.m. to 1 p.m.

Local 715.858.4099 • Toll free 1.844.736.0119

Go to www.securityhealth.org/clairemونتcenter to learn more.

Notice of nondiscrimination

Security Health Plan of Wisconsin, Inc., complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Limited English proficiency services

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-472-2363 (TTY: 711).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-472-2363 (TTY: 711).