

# How you can help your child

Parents can prepare themselves to talk with their children by considering how they are going to handle their child's questions and emotions. Questions to ask your child:

- Do you feel you were hurt on purpose?
- Did the other child know you were being hurt?
- How did you feel about what happened?
- Is the other child bigger, scarier or more powerful than you in some way?
- Has it happened more than once?

Keeping notes of your conversation will be helpful in reporting your concerns.

Parents/Guardians who have concerns about bullying are encouraged to contact the school principal.

Reports of bullying may be made verbally or in writing and may be made confidentially. Formal complaints will be documented using the district complaint report form. Staff will assist parents/guardian,/students in reporting as needed. Report form can be found at:  
[http://www.ecasd.k12.wi.us/parents/coa\\_parents\\_forms.cfm](http://www.ecasd.k12.wi.us/parents/coa_parents_forms.cfm)

Last updated on 6/7/2011

## Eau Claire Area School District Bullying Policy

[http://www.ecasd.k12.wi.us/cms\\_files/resources/411\\_3.pdf](http://www.ecasd.k12.wi.us/cms_files/resources/411_3.pdf)

The Eau Claire Area School District shall promote a safe, secure, and respectful learning environment for all students in school buildings and on school grounds, on school buses and at school-sponsored activities.

The District shall vigorously strive to eliminate bullying so that there is no disruption to the learning environment and learning process.

Bullying is deliberate or intentional behavior using words or actions intended to cause fear, intimidation or harm. Bullying has a harmful social, physical, psychological and academic impact on the bullies, the targets and the bystanders.

The District shall proactively provide information to students and staff to reinforce respectful relationships.

Eau Claire Area School District  
Student Services Department  
500 Main Street  
Eau Claire, WI 54701  
(715) 852-3070  
[http://www.ecasd.k12.wi.us/teachinglearning/coa\\_student\\_services.cfm](http://www.ecasd.k12.wi.us/teachinglearning/coa_student_services.cfm)

The Eau Claire Area School District does not discriminate on the basis of sex, race, religion, age, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional, or learning disability.

## Promoting a Safe, Secure and Respectful Learning Environment



## A Bullying Information guide for Parents and Guardians

## Is It Bullying?

Bullying is defined by regulation 411.3 Rule (1) of the ECASD Board Policy as follows:

“Bullying” is a deliberate or intentional behavior using words or actions, intended to cause fear, intimidation, or harm. Bullying may be repeated behavior and involves an imbalance of power.

Bullying behavior can be:

- **Physical:** inappropriate or unwanted physical/sexual contact, assault, hitting or punching, kicking, theft or threatening behavior
- **Verbal:** threatening or intimidating language, teasing, name calling, racist or sexist remarks
- **Indirect:** spreading cruel rumors, intimidation through gestures, social exclusion and sending insulting messages or pictures by mobile phone or using the internet (also known as cyberbullying)

## Watch for Signs

Is your child...

### Bullying Others

- Becomes violent with others
- Gets into physical or verbal fights with others
- Gets sent to the principal’s office or detention a lot
- Has extra money or new belongings that cannot be explained
- Is quick to blame others
- Will not accept responsibility for their actions
- Has friends who bully others
- Needs to win or be best at everything
- Undue authority or power over others
- Lacks empathy for others

### Being Bullied

- Comes home with damaged or missing clothing or other belongings
- Reports losing items such as books, electronics, clothing, or jewelry
- Has unexplained injuries
- Complains frequently of headaches, stomachaches, or feeling sick
- Has changes in eating habits
- Is very hungry after school from not eating their lunch
- Loses interest in visiting or talking with friends
- Find reasons not to go to school or other activities with peers
- Loses interest in school work or begins to do poorly in school
- Appears sad, moody, angry, anxious or depressed when they come home
- Suddenly has fewer friends

## Bullies, Targets & Bystanders

**Bully**—The person or persons participating in bullying behavior

**Target**— The person or persons being bullied.

**Bystander**—The person or persons watching or seeing the bullying happen.

Students who believe they are being bullied, or believe another student is being bullied, should immediately report their concern to their teacher/adult supervisor, counselor, or principal.

Choosing to ignore the bullying is the same as supporting it.

## Resources

[ECASD Board of Ed. Student Policy](http://www.ecasd.k12.wi.us/oa_boe_series_400.cfm)  
[www.ecasd.k12.wi.us/oa\\_boe\\_series\\_400.cfm](http://www.ecasd.k12.wi.us/oa_boe_series_400.cfm)

[www.stopbullying.gov](http://www.stopbullying.gov)

[www.olweus.org](http://www.olweus.org)

[www.pacer.org/bullying](http://www.pacer.org/bullying)