INTERNET SAFETY RESOURCES FOR PARENTS

Click on the links below for more information.

ONLINE SAFEY

It's important to prioritize open communication with your children about the potential risks and challenges of the internet, highlight the importance of responsible online behavior and their digital footprints.

More Resources

MENTAL HEALTH

Monitoring and supporting children's emotional well-being as they navigate online spaces is an important part of online safety.

SETTING PARENT CONTROLS

Learn about the controls you can put in place to manage device use and safeguard your child from inappropriate content.

SOCIAL MEDIA

Regularly discussing online etiquette, potential cyberbullying, and the importance of balancing online and offline activities can foster a healthy and informed approach to social media use.

More Resources

CELLPHONES AND OTHER DEVICES

Learn more about the age-appropriateness of devices children use, establish reasonable screen time limits, and actively engage in open communication to stay informed about your child's online activities to ensure a safe and balanced use of technology.

GAMING

With so many differnt gaming platforms out there, it's important to know which ones are appropriate for your child.

SCREEN TIME

It's important to manage and moderate screen time to ensure a healthy balance, considering factors like age-appropriate content, the quality of online activities, and the need for offline interactions, physical activity, and sleep to support overall well-being.

Create a Family Media Plan

CYBERBULLYING

Parents should be vigilant about the signs of cyberbullying, foster open communication with their children, and educate them on responsible online behavior to mitigate and address the potential negative impacts of online harassment.