



# PLAN YOUR SUMMER ADVENTURE!

2017 Y-LEADERS  
Eau Claire YMCA

[www.eauclaireymca.org](http://www.eauclaireymca.org)

# Y-LEADERS

Entering Grades 7-8

## MISSION STATEMENT

The Y-Leaders program is designed to offer students an opportunity to learn, both formally and informally, basic techniques of leadership, team building, and community service. Planning, budgeting, and successfully taking part in activities all summer will enforce these principles.

The Y-Leader program balances a fun and exciting summer experience of big weekly field trips while offering a variety of youth leadership opportunities that develop life skills, health and wellness, recreation, and self-awareness.

We hope by the end of the summer the youth have had the opportunity for character development, are committed to community service, and become leaders! This weekly program for students going into grades 7 and 8 assists in developing teamwork, leadership, budgeting, safety, healthy living, and community stewardship. In this program, your children will grow, thrive, lead and belong. These lifelong skills can be applied to their lives now and in the future.

Y-Leaders meets weekly Monday–Thursday with programming from 9:00 AM–4:00 PM and staff available as early as 7:30 AM and until 5:30 PM. Participants will be placed in a group of no more than 13 students where they learn to budget their weekly allowance, plan a weekly community service project, and decide what other activities they want to do for the week.

## EXPECTATIONS

This is a leadership program where the students learn to take responsibility for themselves and are given the responsibility of signing in and out each day.

Each week the students are responsible for depositing their weekly allowance into their account. They must budget the cost of the pre-planned big trip, plan for the gas to get there along with the other locations of their choosing, and plan their community service for the week. The daily expectations are that they must: go off site daily, meet within their committees to ensure they are on track, and be physically active during the day. Two well-trained staff work with them to set and achieve goals and provide the transportation.

The platform for the program is life skill training and character development. They will walk away with experience in volunteering, mentoring younger children, effective communication and how to be a leader.

### Do You Want To Plan Your Own Summer?

- You will learn to work together with friends in a fun, relaxing summer atmosphere. Choose to go to lakes, parks, pools, Valleyfair, or Wisconsin Dells.
- Volunteer in the YMCA child care, with the Humane Society, a nursing home, or the American Red Cross.
- Work with your group to budget the group's money so you can plan weekly activities and trips with the help from the Y-Leader staff.
- Schedule your own daily physical fitness.
- Each week, work together to plan activities, field trips, volunteer or mentor, and budget group money.

# SCHEDULE & ACTIVITIES

(no camp week 4 – 4th of July)

### Weeks 1 & 2: Teamwork/Leadership

June 12-15 & June 19-22

Meet the other Y-Leaders and work as a team to learn leadership skills. Scheduled trips include the UWEC Ropes Course (week 1) and Jellystone (week 2).

### Weeks 3 & 5: Budgeting | June 26-29 & July 10-13

Learn to budget your money to save enough for fun field trips and the end of the summer trip. Scheduled field trips include Valleyfair (week 3) and a camping trip (week 5).

### Weeks 6 & 7: Community and Service

July 17-20 & July 24-27

Learn about Eau Claire and how you to help the environment around you and the people we live with. Scheduled field trips include the Mall of America (week 6) and Action City (week 7).

### Week 8: Safety | July 31–August 3

Learn all about safety procedures and what to do in an emergency. Classes will include American Red Cross Babysitting and CPR. Scheduled field trip is to Trollhaugen (week 8).

### Weeks 9 & 10: Self Awareness

August 7-10 & August 14-17

Learn about Fitness and Nutrition to make your mind, body and spirit healthy. Scheduled field trips are the Minnesota Science Museum (week 9) and choose your own field trip (week 10).

### Week 11: End of Summer Trip | August 21-24

All the hard work with the budget and fundraising pays off this week when you go on the overnight end-of-the summer trip planned by the Y-Leaders participants.

## HOW TO REGISTER

- Download the registration form from our website, or pick up a paper copy at the Eau Claire YMCA.
- Registration will also be available online in April.
- After you have completed registration, you will receive an e-mail containing a link to a participant information form. Please have your student complete this form.

### Parent Open House

June 8 | 6:00-8:00 PM

Bring the family, meet the counselors, see the rooms, meet other campers, and get your questions answered!

## 4-DAY WEEKLY FEE

Members: \$95/week

Community: \$115/week

## PACKING LIST

Most campers bring backpacks to camp that contain the following items:

- Sack lunch & drink (nothing microwaveable please)
- Swimsuit & towel
- Water bottle
- Sunscreen & bug spray