

October 2016 Middle School Lunch

October 2016 Middle School Lunch				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Beef & Cheese Burrito OR Deli Sandwich Bar OR Chicken Strips w/Breadstick Baked Tator Tots California Blend Chilled Pears Seedless Grapes	Salad Bar w/Breadstick OR BBQ Pork Rib on a Bun OR Nachos Supreme Whole Kernel Corn Carrot & Celery Sticks Mixed Fruit Fresh Local Apple	Turkey & Cheese Wrap OR Pizza Sub OR Grilled BBQ Chicken Nuggets w/Breadstick Green Beans Tossed Green Salad Pineapple Tidbits Cantaloupe	Salad Bar w/Breadstick OR Baked Mini Corn Dogs OR Cheeseburger on a Bun Bush's Baked Beans Assorted Raw Vegetables Mandarin Oranges Plum	Ham & Cheese Sub OR Baked Fish on a Bun OR Assorted Pizza Hut Pizza Whipped Potatoes Baby Carrots Chilled Peaches Kiwi
10	11	12	13	14
Deli Sandwich Bar OR Meatball Sub OR Hot & Spicy Chicken Patty on a Bun Whole Kernel Corn Broccoli Florets Pineapple Tidbits Frozen Fruit Juice Cup	BBQ Pork Rib on a Bun OR Chicken Strips w/Breadstick OR Taco Salad Bar Fiesta Beans Assorted Raw Vegetables Chilled Pears Seedless Grapes	Baked Fish on a Bun OR Club Sub OR Cheeseburger on a Bun Baked Hash Browns Creamy Coleslaw Mandarin Oranges Kiwi	Spaghetti w/Meat Sauce OR Baked Chicken Patty on a Bun OR Salad Bar w/Breadstick California Blend Cucumber Slices Mixed Fruit Fresh Local Apple	No School
17	18	19	20	21
Chicken Tender Wrap OR Cheeseburger on a Bun OR Cheesy Breadsticks Baked French Fries Assorted Raw Vegetables Chilled Pears Seedless Grapes	Salad Bar w/Breadstick OR Italian Chicken Breast on a Bun OR Nachos Supreme Whole Kernel Corn Baby Carrots Mixed Fruit Banana	Deli Sandwich Bar OR Baked Mini Corn Dogs OR Pepperoni or Cheese Stuffed Crust Pizza Bush's Baked Beans Celery Sticks Mandarin Oranges Fresh Local Apple	Salad Bar w/Breadstick OR Hot & Spicy Chicken Patty on a Bun OR Cheeseburger Macaroni Casserole w/Breadstick Green Peas Cucumber Slices Chilled Peaches Fresh Pear	Sloppy Joe on a Bun OR Yogurt, Muffin & String Cheese OR Assorted Pizza Hut Pizza Whipped Potatoes Broccoli Florets Pineapple Tidbits Kiwi
24	25	26	27	28
Deli Sandwich Bar OR Cinnamon Glazed French Toast OR Cheeseburger on a Bun Baked Hash Browns Broccoli & Cheese Sauce Mandarin Oranges Fresh Local Apple	Soft Shell Tacos OR Baked Corn Dog OR Grilled BBQ Chicken Nuggets w/Breadstick Seasoned Refried Beans Tossed Green Salad Pineapple Tidbits Banana	Salad Bar w/Breadstick OR BBQ Pork Rib on a Bun OR Chicken Strips w/Breadstick Spicy Sweet Potato Fries Cucumber Slices Chilled Peaches Fruit Sorbet	No School	No School
31				
Baked Chicken Nuggets w/Breadstick OR Turkey & Cheese Wrap OR Cheeseburger on a Bun Bush's Baked Beans Organic Rainbow Carrots Mandarin Oranges Fruit Sorbet				