

October 2023

DeLong Calendar

October

5 - Picture Re-Take Day

12 - No School/Family Teacher

Conferences 7:45AM-8:15PM

13 – No School (Fall Break)

16 - No School (Staff Development)

17 - PTO Meeting 6PM

26 - End of 1st Qt Sports

November

2 - First Day for 2nd Quarter Sports

3 - End of Quarter 1

10 – Veterans Day Program

16 - Choir 8 Concert 7PM

20-24 - No School (Thanksgiving Break)

30 - Band 8 Concert 7PM

If you would like help understanding this in Hmong or Spanish, please leave a message with your name and phone number at 715-852-5026 (Hmong) or 715-852-4924 (Spanish) and a bilingual aide will assist you.

Yog koj xav tau tus neeg Hmoob txhais tsab ntawy no ua lus Hmoob rau koj los yog koj muaj lus nug txog tsab ntawv no, hu rau 715-852-5026.

Si usted quiere ayuda en interpretar esta carta, por favor póngase en contacto con el asistente de educación bilingüe al 715-852-4924 y deje un mensaje con su nombre y número de teléfono.

Quick Links

October Lunch Menu

ECASD Technology Support and Resources DeLong Website

Connect with us on Facebook HERE





Principal's Message

Dear DeLong Families,

Thanks for a great start to the school year - it's hard to believe that it is October already. Last month we partnered with our PTO for our first outdoor movie, and it was a great success. A big thank you to everyone that helped to make this event possible, and to everyone that was able to be there - we had over 350 people attend!

We have a lot of things to look forward to as we head into October:

- Family/Teacher conferences are coming up and we are eager to connect with as many of you as possible, either virtually or in person
- Our after-school club sign-up will be coming out
- Halloween will be here before you know it!

I truly appreciate and value your continued support.

Michele Wiberg DeLong Middle School Principal

Announcements

Scholastic Book Fair



Our Scholastic Book Fair is almost here! From **October 9-20** students will be visiting the book fair during their library time. The book fair will also be open to visit during conferences on **Thursday, Oct. 12th**. **Use this link** if you would like to make an online order.

DeLong Knights Pantry is opening soon!

The Knight's Pantry is available, free of charge, to our DeLong families who could use assistance keeping cupboards stocked and stretching their grocery budget. We are happy to announce we will be back up and running in just a few short weeks! An online order form will be available soon on our website.



Volunteer Opportunities at DeLong



Volunteering at DeLong is a fun and effortless way to support your student and our staff, and there are many ways to help out! If you are interested in volunteering this school year, please fill out **this volunteer interest form**. Our partnership coordinator Mary Zimmerman will be in touch with you as opportunities arise. Thank you for considering volunteering!

Family Teacher Conferences

Family Teacher Conferences are taking place both in-person and virtually on October 12. For those who are attending in person, make sure to stop by the Bookfair in the library and look over the Lost and Found to see if there are any items that belong to your student.

Yearbook

Information on how to order a yearbook coming soon!

After-School Club Sign-Up coming soon

After-school clubs will be starting soon. Clubs take place after school until 4:30PM on Mondays, Tuesdays, and Thursdays. There are no fees required to participate. Students will not be able to be involved in a sport offering and a club during the same quarter. Watch your email for more information!

Halloween Costumes at DeLong

Students are allowed to dress up for Halloween on October 31st. More information will be sent out soon.



Announcements

National Prescription Drug Take-Back Day



Unused or expired medications should never be flushed, poured down the drain, or tossed in the garbage. Safely dispose of prescription medicine, over-the-counter medications, ointments, patches, creams, non-aerosol sprays, vials, and pet medications at a Prescription Drug Take-Back event on **Saturday**, **October 28th from 10a.m. to 2p.m.!**

Get more information on the take-back at ECHealthAlliance.org.

This information is provided by the Eau Claire Health Alliance -Substance Misuse Action Team, which works to prevent alcohol, tobacco, and other drug misuse. Learn more at: echealthalliance.org

News from our School-based Mental Health Coordinator

October 10th is World Mental Health Day. It is an international day for global mental health education, awareness and advocacy against social stigma. It was first celebrated in 1992 at the initiative of the World Federation for Mental Health, a global mental health organization with members and contacts in more than 150 countries. This day, each October, thousands of supporters come to celebrate this annual awareness program to bring attention to mental illness and its major effects on people's lives worldwide. This attachment is a resource to help support our efforts in eliminating stigma around mental health.

Learn more about our School Based Mental Health Program at https://go.ecasd.us/schoolmentalhealth or by contacting Shannon McRaith at smcraith@ecasd.us or 715-852-3067.



It's National Principals Month!



October is National Principals Month and we want to shout out our amazing principals at DeLong Middle School! Thank you for your leadership and guidance, your dedication to our students and staff, and making DeLong de-best!

Pictured left to right:

Teacher on Special Assignment: Tom Rudolph

Associate Principal: Lars Long Building Principal: Michele Wiberg Associate Principal: Nick Flinner

News from our PTO

No Buy No Sell Fundraiser

October! Thanks to all of you, last year we exceeded our goal by \$1,200 and were able to fund all of the mini grants, 8th Grade graduation shirts, and the BINGO reward, as well as provide food during the Parent-Teacher Conferences and contribute to the DeLong 50th Anniversary celebration. This year we are adding contributions to Field Trips for each grade level and two community events (one being Movie Knight). There will again be student celebrations if we reach fundraising goals! DeLong PTO is a Nonprofit and your donation is tax deductible. How to donate:

- 1. Checks (payable to DeLong PTO) or cash can be mailed or dropped off in the front office.
- 2.Donate to DeLong PTO (@eDeLongPTO) on Paypal. https://tinyurl.com/2p8bbpnz

Lunch Donations for Family Teacher Conferences



Family -Teacher Conferences are **Thursday, October 12** and the PTO organizes lunch for the DeLong staff. This year the theme will be a Sandwich Bar. The staff truly appreciates the food that our community provides for them. You can sign up to bring something here or with the link below. Food can be dropped off at the main office on Oct. 9, 10, & 11, and until 8am of Oct. 12th. https://signup.com/go/vhAUzsg

Join us at the next PTO meeting!

We had a good turn out for our first PTO meeting.
We made plans for the upcoming months and voted on a budget. New Bylaws were written over the summer and will be voted on at the next meeting. You can view all of our previous meeting minutes on the Delong PTO page.
https://www.ecasd.us/Delong-Middle-School/About/PTO

Our meetings are always the **third Tuesday of the month**. The next meeting is **October 17 at 6 pm** in the IMC (library). You can attend virtually. **Video call link**: https://meet.google.com/gtv-kiju-drc Or dial: (US) +1 413-438-4170 PIN: 957 139 186#





Enjoying popcorn at Family Movie Knight!

Knight Highlights















Welcome New DeLong Staff!



Erin Bunten School Psychologist



Stacy Clausen Assistant Cook



Logan Comte 6th Grade



Mitchell Demers Instructional Coach



Traci Ohlmann Exploring/Adaptive Music



Nick Flinner Assistant Principal



Jaymee Gulsvig English



Anna Loritz Library Media Specialist



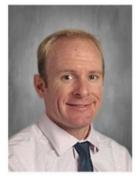
Carrie Mulrain Reading Interventionist



Cameron Wenzel



Emily Rothbauer Special Education



Tom Rudolph Dean of Students



Isabel Schimmel 6th Grade



Austin Koch Science Internship



Qiana LeSage Health Internship

Not pictured: Haley Corcoran – Exploring/Adaptive Music; Kristen Cowell – School Psychologist; Morgan Melton – Assistant Cook; Will Tyler – Science; Angel Velasco Lopez – Social Studies; Adeline Sarbeck – Kitchen Manager; Malee Yang – BEA; Mary Zimmerman – Partnership Coordinator; Maria Garlie – Long Term Sub for PE; Lynda Johnson – Long Term Sub for Rachel Brettingen; Kristin Pressler – Long Term Sub for Bethany Talledge; Jennifer Sarazen – Long Term Sub for Destiny Rasmussen; Erica West – Long Term Sub for Special Education



DeLong is De-Best!