



# DELONG MIDDLE SCHOOL NEED TO KNOW NEWSLETTER

715-852-4900

JANUARY 2023

Dear DeLong Families,

Can you believe we are almost at the end of second quarter? We have had so many great activities the first half of the year. Music concerts, author visits, field trips, sporting events, PBIS celebrations, and more are just a few examples.

All Families should have received information regarding potential snow day and virtual learning. If you have any questions, please do not hesitate to reach out to your child's teacher, counselor, or administration. Tuesday, January 24th is the beginning of 3rd quarter. Please encourage your child to get involved in a 3rd quarter activity. We have a number to choose from. Thanks again for all your continued support.

**Michele Wiberg,**

DeLong Middle School Principal

## ***STUDENTS PERFORMANCES DELIGHT ALL***

Throughout December and into January our students have performed for families and friends. Each of the bands, choirs and orchestra's have showcased their talents and progress they have achieved so far this year.



## **Registration Information**

Monday, January 9th, Students received an Academic Course Catalog that describes classes students can/will take in 7th or 8th grade. Students received a registration sheet that will be used to choose their elective courses. The completed registration sheet is due by Friday, January 13th. .

Grade level counselors will be attending classes to explain the process with students. The Guides and Registration forms will be also available on the DeLong Website under the Student Services tab.

Incoming 5th to 6th grade parent information meeting will be held on Tuesday, January 10th, at 6 p.m. in the auditorium.

## **Registration Open for 3rd Qt. Sports**

Quarter 3 Athletics starts January 17! This quarter includes girls basketball (grades 7/8), boys swimming, and wrestling! 3rd quarter sports run from January 17 to March 16.

To sign up, be sure your student has an updated sports physical dated within the past two years, and complete online registration [here](#).



## Welcome Officer Cullen to DeLong

Our new School Resource Officer (SRO), Officer Cullen, has been a police officer for over six years. He is excited to be an SRO at DeLong, as he benefited from caring teachers and coaches when he was a student in Green Bay. After high school his desire to help others and giving back led him to Concordia, in St. Paul, to complete his bachelors in Criminal Justice and Communications. His specialties in the department include Peer Support, Crisis Intervention, Training Officer and SWAT.

In his off time he coaches defense for the varsity football team at North High. Naturally sports are a hobby, with the Packers, Vegas Golden Knights, and Duke Men's Basketball are his favorite teams.



## Clubs Starting January 30th

The next session of afterschool clubs will be starting January 30th. Clubs are held, Monday, Tuesday and Thursday each week, from after school until 4:30 p.m. Students will not be able to participate in both a sport and afterschool clubs. A few of the offerings will be the Dungeons and Dragons and Hmong Culture Clubs. All the details of how to register your student and all the offerings will be emailed to guardians soon.

## Golden Apple Awardee Announced

Congratulations to this year's DeLong Golden Apple Awardee, Mrs. Gullicksrud! Watch WEAU in the coming weeks for their story Mrs. Gullicksrud and what makes her our Golden Apple this year.



## December Great Knights

Each week students are recognized for their positive attitude and leadership. Congratulations to November honorees, keep up the good work.



Elise M-K, Bently J, Nash C, Lizzy S, Malikai H-B, Bennet H, Bella F, Ethan T, Macey H.



Brynn B, Mathasia A, Stella B, Malachi S, Lydia S, Eli J, Audrey H.



Elsie L, Rebecca G, Madeline L, Zach M, Camryn P, Tyler G, Kelian Y.



## ECASD Winter Weather School Guidelines



It is that time of year to remind everyone the guidelines for inclement weather. Please go to this [link](#) for more information.

## Virtual Learning Day Reminders

All future school closures, snow days, will be virtual learning days. Classes for 6th through 12th grades will be held synchronously at normal class times. Teachers will take attendance at the beginning of the virtual class meeting. For more information on Virtual Learning Days including technology go to this [link](#).

## Skip the Energy Drinks

Help us keep our students healthy and focused by not allowing them to bring energy drinks such as Monster to school. Students are encouraged to drink water throughout the school day and are welcome to bring their water bottles with to class.



## Pick-Up & Drop-Off Reminders

To ensure the safety of students and to keep traffic moving please remember that Left turns onto Vine Street are NOT ALLOWED FROM 7:10-7:30 A.M. & 2:45-3:05 P.M. All vehicles, except busses, are required to turn right onto Vine Street.

When dropping-off or picking-up students, please pull forward as far as possible before having your child enter or exit the vehicle.

## PTO Corner

Our next meeting is scheduled for January 17, 6 to 7 p.m. in the library. Planning for upcoming fundraisers, conferences and mini grants will be on the agenda. Contact our PTO board email at [DeLongPTO@gmail.com](mailto:DeLongPTO@gmail.com)



## Could You Be the DeLong FAC Representative?



As a Family Advisory Council member representing the parents of DeLong, you would be attending meetings held on the first Tuesday each month at the ECASD Administration Building starting at 7 p.m.

As a member of this committee, you would receive input from other parents at DeLong during our PTO meetings and a notice in our monthly newsletter.

Contact, Karen Hauck at 715-852-4907 or [khauck@ecasd.us](mailto:khauck@ecasd.us) for more information on how to volunteer.

## Special Ed. Dept. Thrift Sale a Success

Thank you for the support of the thrift sale held in December. Many staff, pto and students helped by donating, cleaning, running and advertising the sale, which benefits the Special Education Department at DeLong.

Many students had quarters to spend and purchased gifts for family, friends and a few items for themselves.

## Food & Nutrition Workers Needed!



Are you or is someone you know looking for a job with daytime hours only? Weekends and Holidays off? Summer break, winter break, and spring break off and the ability to earn some extra income while still being home with your school age children? If yes, please consider applying to the Eau Claire Area School District Food and Nutrition program as a substitute or regular employee! Some positions are benefit eligible. Food service experience preferred, but not required. Interested candidates should submit an online application. For open positions and application instructions visit our Employment Opportunities section at <http://www.ecasd.us/District/Departments/Human-Resources/Employment-Opportunities>. Please contact Josh Guckenberger, Food and Nutrition Director, at 715-852-3021, with questions.

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## Winter Blues

It's not uncommon to feel down or unmotivated in the winter. Decreased social activities, time outdoors, and sunlight exposure can affect mental health. While feeling down can be normal, sometimes it can turn into something more serious.



Watch for symptoms such as:

- Feeling sad or down most of the time
- Losing interest in activities once enjoyed
- Having low energy or difficulty concentrating
- Changes in eating and sleeping patterns

If you or someone you know are experiencing any of these symptoms, help is available. Call or text the 988 Lifeline for support 24/7 or go to [988lifeline.org](http://988lifeline.org).

## Knight's Pantry

Need a little help filling your kitchen cupboards? Let us help. Use of the pantry is confidential and there are no income requirements. Submit your orders on Monday's each week and pick up on Tuesday or Wednesday. Go to this link to submit an order.

<https://forms.office.com/r/7t5KtSnkts>



**Knights  
Pantry is  
Open**





**The Details**

- WEEKLY DISTRIBUTIONS
- NO INCOME REQUIREMENTS
- CONFIDENTIAL
- FAMILIES CHOOSE THE ITEMS THEY RECEIVE


Weekend kids meals provide weekend food items for your child each week from school.

**FREE**

**Weekend Kid's Meals**

SIGN YOUR KIDS UP AT

[WWW.ECASD.US/FMP](http://WWW.ECASD.US/FMP)



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## Upcoming Events

Jan. 10 - 5th-6th Gr. Parent Info. Mtg. 6 p.m.  
 Jan. 12 - 7th Gr. Trip to see "Holes"  
 Jan. 12 - 6th Gr. Band Concert 7 p.m.  
 Jan. 12 - 2nd Qt. Sports End  
 Jan. 13 - 6th & 7th Registrations Due  
 Jan. 16 - No School for Students  
 Jan. 17 - 3rd Qt. Sports Start  
 Jan. 17 - PTO Meeting 6 P.M.  
 Jan. 18 - MHS & NHS Counselors  
                   meet with 8th graders  
 Jan. 19 - School Play 7 p.m.  
 Jan. 20. - End of 2 Quarter  
 Jan. 23 - No School for Students  
 Jan. 24 - Start of 3 Quarter



**ECASD  
HMONG  
PTA**

HMONG PTA MEETS ON THE  
2ND WEDNESDAY OF THE  
MONTH FROM 7:00-8:00 PM  
VIA ZOOM.

**CLICK HERE FOR  
MORE INFORMATION**

January Lu

## Quick Links

[Community Events and Resources](#)  
[ECASD Technology Support and Resources](#)  
[ECASD Student and Family Resources](#)  
[DeLong Website](#)  
[ECASD Jan. Family Engagement Newsletter](#)  
 Connect with DeLong on Facebook [HERE](#)